

CHOICE and RARE
EXPERIMENTS
IN
PHYSICK
AND
CHIRURGERY.
OR

A Discovery of most approved Medi-
cines for the curing of most diseases
incident to the body of Men, Wo-
men and of Children, together
with an *Antidotary* of Ex-
periments never before
Published.

ound out by the Studie and experience
of *Thomas Collins* Student in Physick
neer the City of *Gloucester*.

L O N D O N,

Printed by *J. T.* for *Francis Eglesfield*,
at the sign of the *Mari-gold* in
Pauls Church-yard. 1658.



To the honourable and truly vertuous
gentlewoman, Mistris URSULA
BUCKE, health, honour, ha-
piness and Heaven.

When I had compiled, and with
much diligent and industrious
Labour collected into one vo-
lume, most of all the choice,
select and approved medici-
nable Remedies, for most diseases as are
incident to the bodies of men, of women
and children, together with an Antidota-
ry of Medicaments universal, all which
being the secret observable and approved
Experiments of the most excellent Physiti-
ons, as well Modern as Ancient; I was then
advertized by certain friends no less Judi-
cious then learned; who reviewing the
same, and conceived it to be a piece of
such worth as is not ordinarily obvious of
any yet extant in the like kinde, to cause
it

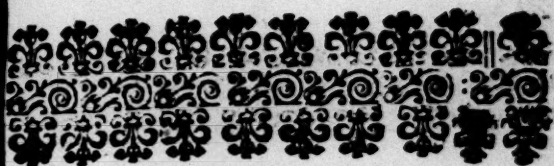
The Epistle Dedicatory.

it to be published ; To whose importunacy I condescended, although otherwise intended, and to private use ; Considering Non nobis solum nati sumus &c. And as then revolving to whom I might devote this subject, and could Commemorate not any more then your worthy self, since you are a favouress of the Muses, esteeming and honouring all good literature and learning so, that onely I desire to present it unto your Tution, which resolving of your favourable acceptance, that you would be pleased to let it pass forth under your worthy name, although the Quantity of the volume, the manner of handling, or the Author be not in any wise proportionable to your unvalued and unparallelled worth; yet the subject in it self is worthy and honourable ; All which I desire to refer unto your discreet censure and favourable approbation who am,

Mistress, yours devoted

in all humble observance

Tho: Collins



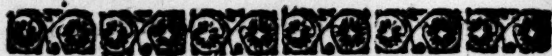
Courteous Reader,

WHat hath been the Experience of the Ancients, and of those of latter dayes for the Benefit of the health of man, you are here Presented with. Cast but your eye upon the first part of this Experience, And you'll see Remedies for the distempers of men and women from head to the Inferiour parts: And having seen how youth and old age are supplied with meet and convenient Remedies for health, Peruse the second part and there thou wilt, in like order, finde the helps of Infancy, that so Childhood may not altogether be left remediless vnder the burden of its many tedious and irksom distempers. From whence there is but one little step to an *Antidotary* traught with many excellent General remedies; All which,
what.

To the Reader.

what ever hath been the Labour of the
Author in collecting them, Take thou
and Use freely to the commodious be-
nefit of the health of thy self and of
thy friends and Neighbours.

Farewel.



These Books are printed for Fran. Eglesfield, and are to be sold at the Mari-gold, in Pauls Church-yard.

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Choice

CHOICE and RARE
EXPERIMENTS
IN
PHYSICK
AND
CHIRURGERY.

The Head, the remedies for its distempers.

Head-ach.

Here followeth the brief description of inward and outward diseases of the body, with the most wholsom and expert Remedies for the Cure thereof. And first of the sickness of the Head.



And it is to be noted, that the cure or remedy must be appropriated according to the nature and cause of the grief, which if it be not rightly considered, it would be but vain to apply any Medicine: and therefore the right judgement of an expert Physician is very requisite & need-

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need-

needful in such cases as you may plainly conceive; for the multiplicity or diversity of causes in some diseases, maketh the cure of more difficulty: as also the methodical way of applying the same, in observation of the circumstances of the Patients age, constitution, strength, sex and the like, which must of necessity be observed in the administering or prescribing of all medicines, that should take effect perfectly to cure, &c. And now *Headach* chanceth oftentimes of divers and sundry causes, as of blood, choler, flegm or melancholy, or of ventosity, and sometime of heat of the Sun, or of too great cold of the air.

If it come of blood; the Cephalick vein of the right arm is to be cut or opened; if the pain continue, on the vein of the forehead on that side the pain is, then lay upon the place oyl of Roses, Vineger and Rose-water, or a bagge with Roses, sprinckled with Rose-water.

And it is to be noted aswell in this cause as all other, that if his belly be hard and bound, first ye must give him an easie Clyster, or else Cassia newly drawn out of the Cane, or some other easie Laxative to provoke the duty of the Womb, else all applications of medicines will be nothing worth at all.

If the Headach proceed of Choller, there is sharp pain and heat, chiefly on the right side of the Head.

Ye must give him morning and evening, to drink Syrup of Violets, with a mean draught of Endive Water in a glass, or of Cummin water, filden and cooled again: And instead of the Syrup you may drink water of Endive, Succory, Puslain and Nenuphar mixed together,

Remedies for the Head. 3

one of them by himself, two or three dayes at even and morn : Then give a dram of *Pilula sine quibus* at night to bedward, or about midnight, and the day following keep you in your chamber. Instead of these Pills, it is good every morn to take an hour before Sun a medicine to drink, that shall be made of half an ounce of *Succo Rosarum*, mixt with two ounces of Endive water. Instead of the said *Succo Rosarum* ye may take half an ounce of *Dia prunis Laxative*, and ye must take heed in giving such purgations, that the patient be strong, for if he be weak, ye may give him but half of the said pills or of the other Laxatives. And if in diminishing the quantity of the said medicines it worketh not with the patient, as it should, it is convenient to give him a common Clyster.

Another remedy for the same pain.

Ye must lay thereon a linnen clothe moisted in Rose-water, Plantaine-water, Morrel-water & Vinegar, or else take the juice of Lettice and Roses and a little Vinegar, and warm it together, and dip therein a linnen cloth, and lay it to the pain.

For an extream Headach.

Pound Euphorbium with Vinegar, and if the grief be on the right side of the head, then lay it on the left, or on the right when the pain is on the left side, for it mitigates all pain very excellently, but we must suffer the same to continue thereon no longer then the space of
B 2 laying

saying a *Pater Noster*, and then wash it off.

Another.

Take nine or ten pieces of *Zeduaria* being small, cut it in parcels, or else pound it somewhat grossely; infuse thereon clear water, and then put it into a glass, and make sic clouts therein of the breadth of two fingers, and apply them on the forehead and temples of the same, and the same being dried moisten them again.

For burning Headach.

Take a handful of *Houslick*, beat it with woman's milk, and with a little *Rose-water*, till it be like unto a poultice or pap, and therewith anoint your head.

For shooting in the Head.

Pound *Poppy-seed* with yolks of eggs till it be like paste, and lay it on the grief.

Against continual Headach, and ringing of the Ears.

Beat *Elder-leaves* and *Rose-leaves*, with some of *Ivy-leaves* one amongst the other, and depress the juice thereout; tye these leaves on the head, and with the juice thereof anoint the head.

For headach in the forefront.

Take *Elder-leaves* made hot between two stones

stones, and applied to the temples. And for the better understanding of the sickness, chancing in the head, ye shall know, that sometime it chanceth because of other diseased members, as of the stomack, or of the mother, of the rheums of the Liver, or of the Spleen, and not of any cause of the head it self; therefore ye ought to cure such sickness by helping of the same members as shall be shewed here following. And ye may know that the headach cometh of diseases; of the stomack, when the patient hath great pain in the stomack; of the Mother, when the woman feeleth great pain in her belly; of the reins, when there is a great pain in the back; of the Spleen when he feeleth pain and heaviness under the left side; of the Liver when the pain is on the right side, about the Liver which is beneath the ribs.

Remedies appropriate to the head of what cause soever the pain is.

Take a handful of Betony, an handful of Camomil, and an handful of Vervine leaves picked, stamp them and see the them in black wort, or in Ale for lack of it, and in the latter end of the seething put to it a little Cummin braid, the powder of a Harts-horne and the yelks of two eggs, and Saffron a little, stir them well about, and lay a plaister hot over all his forehead and temples. This is an excellent remedy also for the Megrim, it shall pierce the better if ye add a little Vinegar.

Another.

Make a plaister of Bean flower, Lineseed, and oyl of Camomile, or in lack of it Goose grease or Ducks grease, and rub the place with *Aqua vita*, and after lay the plaister hot upon it.

Another.

Take Wormwood brayed well and boyled in water, and binde it to his temple upon the grief: It will mitigate the pain and cause him to have a pleasant sleep.

Another.

Take a spoonful of Mustardseed, and another of Bay berries make them in powder, and stampe them with a handful of earth worms split and scraped from their earth, and a little oyle of Roses or of Camomile, or Capens grease, and lay it to the grief.

Also it is good to take the juice of Ivy-leaves mixt with oyl and Vinegar, and so rub therewith your temples and your nostrils.

Pills for a l pain of the head although inveterate,

Take Aloes epat. washed three ounce.
Bryon. Mastic. elect ana. one ounce.
Diagry. h ee drams.

Let it be confected with juice of Coleworts. The dose from two Scruples, even unto four. It taketh away all pain of the head, and rejoyleth and comforteth the memory.

To remedy all manner of Headach and Megrims.

Camomile, Betony, Vervine leaves of each an handful, stamp them, see the them in white Wine or Ale, adding thereto pounded Cummin-seed a little, three spoonful of Vinegar, the yelkes of two Eggs and a little Saffron, fiat Emplastrum & appenatur fronti, & c. & sanabis.

A remedy teaching that one shall never feel Headach.

Take Pills of Aloes succotrine made in powder, and mixt with the juice of Colewort, the bigness of a Bean at a time.

For the Headach.

Take Wormwood and Camomile of each like much, one handful, and as much of Maiden-wort, and a half penny worth of Cummin, and make it into powder and cast it together, and put it into a cloth of the breadth of a span, and warm it against the fire, and then lay it to his head, & c.

For the Headach or Megrims.

Take Rosemary, Lavender flowers, winter Savory, Camomile, Bayes and Lavender, with both new and old Mintes and Fennil, see the all these together in running water, and put thereto a good handful of Bay Salt, then take some of the same liquor, herbs and all, and wash your feet twice therewith every morn and even, for the

space of four dayes ; and in so doing it will take away any pain of the head, although it be never so extream or grievous. This hath been proved.

Another.

Take Majerom-water , and hold your nose over it, and then draw your winde hard unto you, untill such time as the winde hath entred into your nose divers times, and your head will cease aking speedily.

For Dizziness in the head.

Take *Pilula Cochia* one ounce, temper it with twenty drops of oyl of Anniseeds, and make seven pills of it , and swallow them and keep warm in your Chamber till it have done working , then eat any warm broth , made of Veal, Mutton, or Chicken , and comfortable Herbs. After this purge so used, this Electuary following.

Take Betony-flowers, and Rosemary-flowers, three ounces, powder of *Cardus benedictus* leaves, powder of Marigold leaves one ounce, boile them with one pound of beaten Sugar, and half a pint of Bugles-water , and Marjerom-water, and Betony-water, and Balm-water of each two ounce, boile together over a gentle fire to the thickness of honey, and use thereof as much as a Nut morning and evening till it be spent. *Probat.* Chew every morning Cloves fasting, or whole Mace, and use Coriander Confits or the seeds prepared, and use after meat Marmalade of Quinces to close the stomack

Remedies for the Head.

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ack, and repress the vapors that fume up thence to the brain.

For the Headach and to stop the rheum.

Dry Wheat-bran, and beaten Henbane seed, and put them in a bag, and lay them warm to the nape of the neck.

To dry up and draw rheum out of the head.

A quilt made with Bay-salt, dry Sage and Cummin is good for the rheum to draw it out and waste the humors, and in like case is the leaves and flowers of Mustard-seed, bruised and so laid to the crown of the head.

To purge the head and preserve the sight.

Drink Beer every morning a good draught fasting, wherein the roots of Dog fennel or Motherwort is steeped, the roots somewhat bruised, and it will presently work in your eyes and head.

To expel a cold stomack or head, and to expel a Consumption or either of them.

Take a pint of white wine Vinegar, and half a pound of the best fine hard Sugar, mix them and a head of Garlick trimmed clean, & bruised to mash, then put them altogether into a pipkin and boil them softly till half be wasted, and take thereof morning and evening a small quantity. It will help the cold, and expel a consumption.

An oyl to cure the cold Palsie and shaking Palsie.

Take a young cub Fox, case him and gut him, and chop him in peices and boile him in three gallons of water with a great handful of Her be-grace bruised, and ever as the first scum ariseth scum it of, and cast it away, and all the rest of the scum and fat which riseth, scum into a fair glass as long as you can get any, and cover the glass close and anoint the place with the said ointment where the Palsie beginneth, and you shall be cured And to anoint the shaking Palsie cureth it in a short time.

For quaking hands.

Take Fennel, Rue, and Wheat-bran, seethe them in water and wash thy hands therewith, also to wash thy hands in Claret wine is excellent for the same, being often proved.

For them which are speechles: with the Palsie.

Take sharp Mustard and give it to drink in Ale or Beer warm; also Primrose roots cut in slices, and a slice laid under the tongue, will help in the like case.

A precious water against many sicknesses.

Take Nutmeg, Cloves, Cresses-seed, Cubebs, Maces, Grains, Ginger and Cinnamon, of each alike much, and beat them to powder, and put them in white wine a Limbeck, and distill them with a soft fire. This water drunk fasting helpeth

Remedies for the Fleur

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helpeth all cold sicknesses, putteth away all diseases in the eyes and redness and watering: It helpeth the Spleen, the Liver, the Fistula in the body, the Palsie, the cold Gour, the Palsie, with many other diseases, and much comforteth the stomach.

For the falling Sickness

Take a good handful of single Piony, stamp them in a pottle of white wine, having in it some Saffron within a cloth; then give three spoonful of this three dayes before the change of the Moon and three dayes after the change, the day of the change being not reckoned for one. Take three spoonfuls of this three mornings, and three nights, press well the juice out of the roots. Hang a Piony root as neer the heart as you can.

Another.

Take the weight of half a crown in silver, or half an ounce of red Fox Gloves, and the like weight of Southernwood, let them lie twelve hours a steep in a pint of Ale, then strain it, and give it blood warm first and last, do so for three dayes together about the time of the Moon your fit cometh. If it be for a childe, a pint may be given at four draughts, it maketh the party sick but it cureth.

For the Falling sickness or disease neer unto it.

Take one ounce of Piony root dried and finely beaten, and put it in a pint of Ale or

Beer

Beer or both, boil it and drink it morn and evening, and it will help you. It is proved.

For the Falling sickness.

Take three nails made in the Vigil of Saint John Baptist, commonly called *Midsummer eve*, drive them in the ground so deep, that they be not seen in the place where the sick party fell, naming the parties name whiles it is in doing. It will drive away the disease which *Misaldus* credibly reported.

A powder against the Falling sickness.

Take of Christal prepared one dram.
Of red Coral prepared two scruples.
Of Pearl prepared one scruple.
Of Oriental Smaragd prepared half a dram.

The half part of which is one dose in the water of our Ladies thistle.

Cæsar accounted this for a great secret, and with which men that were somewhat aged, as also those which have been long subject to this disease after purgation, were cured.

Zacutus Lusitanus witnesseth and reporteth, *de Prax. Med. adm lib. observat. 20.* that he hath seen many, and also of great age, having this disease of the Falling sickness, having tryed many remedies, as well of an hidden as manifest quality, which nothing profited or availed them, onely with the syrup made of the green leaves of Tobacco and hony, to have been cured, taking of the same three ounces three hours after supper for fourty dayes; if green Tobacco be wanting, dry of good note,

Remedies for the Head.

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or the best, may be used instead thereof,

Another excellent Remedy for the falling evil.

Take a good handfu^l of Piony roots, and a handfu^l of Mistle that groweth upon a black-thorn, and a handfu^l of *Polypodium*, otherwise called in English Oakesearn, and two good handfu^l of Selendine, if it be possible it may be had, and stamp them very well, and then let them to steep either in Ale or Beer for the space of two hours or more, and then put it into your earthen pot, where it maybe kept close from any air, and let the patty grieved drink a good draught thereof every morning fasting, and last in the evening, and let him use it for the space of fourteen or fifteen dayes, and by Gods help it will cure him in short space.

Against the Epilepsie of Children.

Take Coriander prepared, Mustard-seed, Nutmegs of each half a dram, Piony-seed seven drams, Diptamni two drams, make thereof a powder, and let it be given in the morn with hot wine.

Another expert against the Epilepsie.

Take red Coral, the forepart of the skull of a man, of grains of Piony, of each one dram, mix it and make a powder thereof, of which powder must be given at three times, at morn, noon, and night with some broth or some water appropriated, and if it help not at once, then renew it in the same manner and dose as before.

It

It is found that many things have a natural vertue against the falling evi, not of any quality elemental, but by a singular property, or rather an influence from heaven, which almighty God hath given unto things here on earth, as by these and other

Saplines, Smargdes, red Coral, Piony, Mistletoe of the Oak taken in the Moneth of *March* and the Moon decreasing. Time, Savin, Dill and the stone found in the belly of a young Swallow and others; these or one of them hanged about the neck of the child, saveth and preserveth it from the said sickness.

Take the root of Piony, and make it into powder, and give it the child to lick in a little pap and Sugar.

They that are of age may eat of it a good quantity at once, and likewise of the black seeds of the same Piony.

Item the purple Violets that creepeth on the ground in gardens with a long stalk, and is called in *English* Heartsease, drunk in water, or in water and hony, helpeth this disease in a young childe: moreover the muskle of the Oak rased and given in milk, and water and hony is good.

Also ye may still a water of the flowers of Linde, it is a tree call in Latine *Tilia*, take the same flowers, and distill a water, and let the patient drink thereof now and then a spoonful, it is a good remedy.

Item, the root of the Sea-thistle called *Erigenia* in Latin, eaten in broth or drunken, is exceeding good.

Some write that Cichory is a singular remedy for the same disease, it is meant by wilde Cichory growing in corns.

The

Remedies for the Head.

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The flowers of Rosen ary made a Conserve hath the same effect in curing this disease.

I could declare many other remedies commended of Authors, but these are sufficient.

For the Falling sickness.

Take the skul of a dead man, which is cleanly taken out of the grave pulverizate very small, and also hereunto five or six Piony kernels well pounded, take hereof in the morn one dram with wine, and it is for this disease one of the best remedies.

An excellent Medicine for the Apoplexia and Falling sickness.

Take *Aqua vita* perfectly rectified without flegm, one pint, oyl of Vitriol one spoonful, mix them and let the patient drink thereof every morn one spoonful, and he shall be holpen, although he have had it ten years and tell every hour. And for Apoplexia, ye shall give it in the said order, but if he cannot drink it so, ye shall give it as you think good, so that he have it in his body, and presently he shall amend, although he have had it a long while and were lame over all his body, &c.

For the Falling Evil.

Take the *secundum* of a boy child, dried to powder in an Oven, and the forepart of a dead mans skul wash'd in water of Betony, and the seed or root of Piony dried into powder, and of Galingale, all into several portions, to the quantity

quantity of a spoonful of each, more or less, in the distilled water of Cowslip flowers according to the strength of the patient, and give to drink, drink three dayes together, and then rest three dayes, and then drink it three dayes together again, then rest three dayes, and so till he have took it nine dayes,



The Eyes, The Remedies for its distempers.

*¶ A Medicine to take all gummy matter or filth out
of the Eyes.*

Take Housleek, otherwise called Singreen, and stamp it well, and strain it through a fine linnen cloth, and with the juice thereof wash the eyes often, and it will both clear the sight and purge the eyes from all manner of filth and matter.

A powder for weeping and running eyes.

Take red Coral one dram, Tutia half an ounce, and burn them in a vessel of earth, then put into it fine Pearl half a dram, and beat it small into fine powder in a stone mortar, and search it through silk, and put of it into the eye morning and evening, and close up the eye till tis dry. This is a great secret, and is excellent for a pearl and dimness of sight.

Remedies for the Eyes.

For the Sight.

*marvellous good water to recover the Eye sight
the same being hindered by any cause whatsoever,*

Take three drams of Tutia made into
small powder, and a like quantity of Aloes
paticum, and three drams of fine Sugar,
six ounces of Rosewater, and as much white
vine, mingle all these together and put them
into a glass, and stop it close, and set it to
stand in the Sun by the space of a moneth
stirring it together once every day. Then
take the quantity of six drops at a time of the
same water, and drop it into your eyes both
morn and even, and so continue for a short
space, and it will cause your sight to come a-
gain, and be as clear and as perfect as ever it
was before. This hath been proved by one
that recovered his sight, having lost it a mo-
neth before it was ministred unto himself.

*most singular good Medicine to keep the Eyes
clear, cool, and from redness, and to kill the
Itching of them.*

Take a good handful of Housleek, and two
handfuls of Plantaine, and stampe them well
together, and strain them, then let the juice
stand and settle for a little space, and when it
is well settled, pour out the clearest from the
residue; and put thereto half as much red
rose water as is of the juice, and half a quarter
of white Sugar candy beaten to fine powder,
and.

and then take a piece as big as a Walnut, or somewhat more of *Lapis Calaminaris*, and let it flake ten or twelve times in the same water, and let the patient take four or five drops, and he lyeth upright in his bed thereof, and put it into his eyes and it will help him. This hath been proved.

For running eyes of a cold.

Take *Tutia* ten drams, *Coraſſi rubri*, *mirabolae citrini*, *succorr. aloes* alike two drams, *piperis* half a dram *fiat pulv.* and put often into the eye.

Here is a precious water for the sight, and for them that be fair clear blind.

Take Smallach, red Fennel, Rue, Vervine, Betony, Cinqfoile, Pimpernel, Eutrace, Sage, Selendine, of each a quarter of a pound, and wash them clean, and stampe them and distill them in a clean brazen pan, and take filtered Pepper corne and bruise them all to powder, and cast them to the Herbs, and a pint of good white wine, and three spoonful of life honey, and five spoonfuls of a man-childs urine that is innocent, and boil them altogether on the fire a little, and strain them.

A Medicine for them that may not well see and if the eyes be red.

Take the white Ginger, and rub it on a Whetstone in a clean batin, and take thereof as much Salt as thou hadst of the powder, and temper them with white wine, and let it stand

Remedies for the eyes.

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In the bason all a day and a night, then do that
clear that standeth above into a cleane glass,
and anoint thine eyes a litle therewith when
thou goest to bed with a soft feather and do so
often, and forsooth he shall be hole on warrant
of life.

*For them that the Eye-lids be over-
turned beneath.*

Take Arnement and hony, and the white of
eggs, of all alike much, and temper them to-
gether, then take hurden of Flax, and wet
them in water, and wring out the water clean,
and lay these three things on the Hurds plaist-
erwise; And if evil blood be within thy eyes,
it shall drive it out and heal them.

De ophtha'mia.

There happeneth sometime debility and
dulness of sight which must be holpen accor-
ding to the divers causes thereof as followeth.

Take Fennil, Vervine, Celidone, Rue, Eye-
bright, and Reses, of every one of them alike
much, and distil them as ye would distil Rose-
water, and use thereof a litle in your eyes,
both in the morn, and when ye go to bed.

A water proved to clarifie the dimness of sight:

Take the juice of Fennil, of Celidony, Rue,
and Eye-bright, of each two ounces, hony an
ounce and half, Aloes, Tutia, and Sarcocolle, of
each half an ounce, the gall of a Capon, Chick-
en or Cock, two drams, Nutmegs, Cloves and
Saffron,

Remedies for the Eyes.

Saffron, of each a dram, Sugar candy six drams, put all into a Limbeck of glass and distill it, and of this water put in your eyes once in a day.

For the same.

Ye must use every day to eat Nutmegs. and to take once in a week a Myrabolane condite.

Take green Walnuts, husks and all from the tree, with a few Wallnut leaves, and distill thereof a water to drop into your eyes.

Pills good for the sight.

The pills *sine quibus*, asswaged with Trochisk of Agarick and *Pi.ula Lucis* are excellent good to purge the brain, and comfort the sight.

For swelling of the Eyes.

Take a Quince and seethe it in water till it be soft, then pare it and bruise it, and mix it with the yelk of an egg, and the crums of wheat or white bread steeped in the said water, and put thereto a little womans milk, and twenty penny weight of Saffron, bray them altogether and lay it over the forehead and the eyes.

To resolve gummy matter in the eyes ye shall use to wash your eyes oftentimes with the juice of Housleek, otherwise called Senecio green.

For great pain of the eyes.

Take an ounce and an half of oyl of Roses, the yelk of an egg, and a quarter of an ounce of Barly flower, and a little Saffron, mix all together

Remedies for the Eyes!

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her and put it between two linnen cloths,
and lay it to the pain,

Another.

Take crums of wheaten bread or white an
ounce, and see the it in Nightshade or Morrel-
water, then mix with the said bread two yelks
of eggs, oyl of Roses and Camomile, of each
an ounce and a half, Mucilage of Linseed an
ounce, and use it as aforesaid.

Another.

Take six leaves of Henbane and rost them,
then beat them very well in a Morter and lay
them to the pain.

For redness of the Eyes,

In the beginning of the redness, lay upon
the eye Tow dipped in the white of eggs, but
let the whites be well beaten first with Rose-
water, or with Plantaine-water.

Another.

Take red Roses and see the them, and let
them be set warm to your eye. This taketh
away spots of blood that sometime chanceth
in the eyes: also it is good for all diseases of
the eyes, and it is good for redness of the
eyes that cometh by striking or any such vio-
lence. If at any time there happen a spot or
blemish in the eye by a stroke, ye must by and
by lay to it Tow wet in Rosewater and in
whites

whites of eggs, and after the pain is mitigated; ye must lay to it a Plaister upon the eye made of a raw egge, Barly flower, and the juice or Mucilage of Mallows, and then if the eye be not holpen of the said blood, ye must lay to it a plaister both dissolutive, defensive, and partly appeasing the pain, which must be made of Wheat flower, the juice of Mallows, Minte and smallage, and the yelk of an egge.

Of hardnes that hat h been long in the eye.

Take a scruple of Aloes succotrine and melt it in water of Selendine at the fire, then receive the fume of it, and afterward, wash the eye with Fennel-water.

Another.

Take the powder of Cummin mixt with wax like a plaister, and lay it upon the eye.

Another.

Take Roses, Sage, Rue, Celidony, of each alike much, with a little Salt, and distill water, and put thereof a drop or two in your eye morning and evening, instead of that water it is good to take juice of Vervine, Rue and a little Rosewater.

For all redness of the eyes.

Take the bigness of a Nut of white Copperas and a scruple of Ireos and powder it and mix it with a glassful of well water, then put two or three drops in your eyes.

Remedies for the Eyes

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For the same.

Water of strawberries made and put in the eye is good.

A singular powder that dryeth and taketh away the rednejs of the eyes.

Take *Tutia preparata* an ounce, and Timonie half an ounce, pearles two drams, red Coral a dram, and an half, powder all these things very fine and keep it in a box of Tin and use it.

For to stop watering of the eyes.

Take a plaister of powder of Mastick, fine Frankincense, Bole-armoniack, and Gum Tragagant with white of egg mixt together, and lay to the forehead and Temples. Also it is good to lay ventoses on the Nape of the neck. Also it is good to make a Collyrie to put into the eyes as followeth.

Take *Tutia preparat.* and the stone called *Lapis Hematites* of each a dram, Aloes half a dram, Pearls and Camphire of each a scruple, powder them all very fine, and mix them in three ounces of water distilled of the knops of Roses and thereof make a Collyrie.

Also for to stop all humours descending to the eyes, these things aforesaid are good mixed with rain water, wherein Olibanum or Frankincense hath been sodden.

For

For webbes of the eye.

It may easie be holpen in young folk, but in aged persons it is very hard; And in the beginning ye must mollifie them with a decoction of the flowers of Camomile, Mellilote, and cool Leaves, receiving the fume of the said decoction within the eyes, and then put there in a little powder made with Sugar candy, Salgemme, and egge shells brent, and after distill into them womans milk, with the decoction of *Fennugreeke*.

Another singular receipt for webbes in the eyes.

Take snayles with the shells on, and wash them eight times, and distill them in a common Stillatory, then take Hares galls, red Corall and Sugar-candy with the said water distill them again, and put every morning and evening a drop into your eyes.

Another.

This water is made of white Copperis, Sugar candy, and Rosewater, with whites of egge sodden hard, and strained through a Lincloth, and put into your eye after dinner and at night to bedward.

To stay the humours that fall in the eyes.

Take Mastick, Sanguis draconis, the white of an egge, and Rosewater, of every one a small Quantity.

quantity mixt them altogether, and make a
plaster thereof, and spread it on a piece of
velvet and lay it to the temple vein, and let it
stick there till it fall of it self.

To clear the eyes that be dim of sight.

Take the Juice of Caprifolium, or wood-
binde, and dry it in the sun till it come to a
fine powder, after it is pounded, strained, and
brought to fine powder, blow some of it
into the eyes and it will help God willing.

The Juice of Caprifolium, is called at the
apothecaries Lycium, you ought not to wash
the woodbinde before the straining, especially
when you make Lycium for the eyes.

To destroy Rheum that it fall not into the eyes.

Take raw beef a fair slice, as broad as your
hand and lay it in a pewter platter, and put to
as much aqua vitæ as will cover the beef, and
set it on a chaffing dish of coles, let it boil in
aqua vita until it be ready, as though it should
be eaten, then take it out of the Aqua vitæ,
and lay it to the neck of the grieved partie,
and there let it remain and use it, and it will
drive the Rheum that doth offend the eyes.
proved.

*Master Davies water, for the clearing of the
eye sight being much decayed.*

Take two great handfuls of eye-bright when
it is well sprunge up, and in full flowring, and
one handful of Balm, and still them together,
and scum the water nine dayes, then use every
C morning

morning to wash your eyes, and eye-browes therewith and use so quarterly nine dayes together, and it will cause you in short space to read without spectacles, if you have used spectacles before time. *Probat.*

To draw a mote out of the eye.

Take white sope, and scrape a little of it into a Sawcer, and dry it by the fire, very dry, and then put it into a little fair water, but make it not too thin, put it into the sore eye with a feather and its good for man or beast, *Probat.*

A cure for the sight decayed.

Take 3. pintes of barley flower finely boulded, make paste thereof with fair water, or with distilled water of Tormentil, and make your paste stiff and roul it like venison pastie, and fill it full of the leaves, flowers, and Wyers of Tormentil, and put thereto one peny of life-hony, and close it and bake it with Cakes, and when its baked, break it in small pieces, and put it in a steane pot of ale of three gallons and drink no other drink neither at meat, nor any other times, for the space of two moneths, and this shall restore the sight if possible. *Probat.*

*A powder to clear the sight much decayed
and near gone.*

Take of the powder of eye-bright made of the leaves and flowers stripped together and
into

To fine powder four ounces, of Mace one ounce, mingle them and take thereof, the weight of three pence before meat.

water to preserve the eye-sight which hath been commended to be the best in the world.

Take *Hepatis hircini sani & recentis* 4. ounces, *Lami Aromatici melli*, one half ounce, *succi* one scruple, *Aqua Celidonia*, six drams, *aqua feniculi*, *aqua Verbena*, *aqua Eupbrasia* of each 4. drams, *Piperis longi*, *Nucis Moschat.*, *Gario-*
larum of each grains fifteen, *Croci*, grains two, *Rorismarini aliquantulum*, *contusi Pugillum* one, *Sarcocolle*, *Abes Hepatice* one scruple, of the gall of a Hen, and of a Capon of each three drams, hony of roses one dram, mingle them, and distill them in a glass, still first bruising them and putting to them one quarter of an ounce of the best refined Sugar. Some three or four drops in each eye at a time is thought sufficient, its also a fine smelling water with a little smell, not very easily perceived, nor smelling far off. Its not much matter, whether the Liver of the Kid be of a he Kid, or a she Kid, but of the two, the he Kid is thought to be the better.

A preservative for the eye sight.

Make comfits of Turnepseeds, and eat a piece of them after dinner, and supper, as any immediately after the said meats. It was reported that nine or ten of the said Comfits should be eaten, after meales, they are to be rolled in Sugar.

To purge the head and preserve the sight.

Drink beer every morning a good draught fasting, wherein the roots of dog fennell or Motherwood is steeped, the roots somewhat bruised, and it will presently work in your eyes and head, *Probat.*

For all Infirmities in the eyes.

Take ground Jvy called Gill gee by the ground *alias* Ale-hoof, Celendine and Daylily the Flowers, leaves and roots of each one of these herbs, and a like quantity of the stamped and strained, and a little Sugar, and red rose water put thereto, and dropped with a feather into the eyes, it taketh away all inflammation and spots, scabs, scales, Itch, smarting, or any grief whatsoever in the eyes, although the sight were almost gone.

A good water for sore eyes.

Take a pint of running water, half an handful of Singrene Leaves and a little of unicorn horn and boil it all together and pour out the water and wash the eyes therewith. *Proved*

A precious Medicine for the eyes, then which is no better be, for though a man had been blind ten years, within eleven dayes he shall be restored to his sight again of very truth.

Take smallach, brown fennile, vervain, betonie, avence, pimpernel, strawberrie, wild, Bilago, Eufraise, Celendine, Sage, of each

like much and lay them all a night to sleep
in a child's urine that is a virgin, and after put
it into a mortar and put seven corns of pepper
and stamp it small and temper it with the same
urine aforesaid, and then strain it and keep it
in boxes and anoint the eyes in the morning
and Evening.

*For sight of the eyes lost, how to restore the same, and
to clear the eyes and to help the dimness of them.*

Take Eye-bright water made of all the
whole Eye-bright and anoint the eyes often,
and eat often the powder thereof and drink
the water, use it long, sanat.

To cleanse the eyes and do away the tear.

Take the red Roses and Maiden-hair, and
Rue, Vervine, Eufraise, Endive, and Sengle,
Hill-worte, red Fennel, of each alike three
ounces and wash them clean, and lay them
in white wine all day, and all night, and strer
distil them. And the first will be like gold, and
the second like silver, and the third like Eawm,
this is for the eyes, a worthy water and a good,
&c.

*To restore their eyes that are as though they did see
and yet see not.*

The decoction of Tormentil daily drunk
three Moneths, and no other drink, and the
same Tormentil every night laid plaister wise
on the eyes, doth it *pro cento*.

To kill the pin or webbe in the eye.

Take leaves of Celendine and stamp them well and strain them, and with a feather put one drop of the same Juice into the eye of the patient and it will presently help.

A very good Medicine to kill a pearl or webbe in the eye.

Take a good quantity of three leaved graile that beareth the honey suckles. and bruisen well in a Mortar, or else in a wooden dish, and then strain it, & let the party grieved put some of the same Juice into his eye, and by using this twice or thrice a day, for the space of six or seven dayes together it will help him,

A good Medicine for eyes that be blood shot and red.

Take Housleek and stamp it well, then take a new laid egg, and make a hole in the one end of it, and draw out all the meat of it, and put the Juice of Housleek into it, and set it on the Embers, and so distill it, and scum it clean with a feather, and at night when you go to bed, Let a drop thereof fall into your eye, with the feather, lying upon your back, and this will presently help you.

For eyes that runne.

Take *Oculus Christi* and Celendine, red fenil, and dayfies, and stamp them together in a Mortar

a Mortar and take the Juice and put it into the eye.

For the apple of the eye.

Take the juice of Terfyllie, the yelk of an egg a prettie portion of hony, and the milk of a woman, flour of wheat, and make a plaister, and lay thereto till it be whole.



The Ears: Remedies for all diseases in the ears.

For noise and sounding of the Ears.

Take *Pilula Cochia*, or *fetida* because the sound is of ventosity or Phlegm, and before ye take the said pills, It is good to drink three ounces of Fennel water, two hours before meat, four or five dayes: After the operation of the said pills ye must dip a rent in oil of Rue, Castor or of salt with the juice of Leeks, and often in the morning fasting to hold his ear over the decoction of Marjerom, Rue, Wormwood, Camomil and Melilote.

For pain in the Ears.

Goose-grease with a little hony swageth the pains of the Ears.

Item, oyl of Almonds especially of the bitter Almonds hot.

Item, If there be water in the Ears, it shall be

be had out with a little Goose-grease, and the juice of Onions; sometimes there chanceth deafness by winde which is in the Ear, the which causeth tinckling in the Ear, and then one must put a little Aloes in hot water, or in white wine and distil into the Ear, then put a little Euphorbium in powder into his Nose for to make him to neese, and avoid as much humors as ye can. Sometime deafness cometh of Phlegm which when it is old, it is incurable, but when it beginneth it must be purged as hath been said in the remedy of the sound of the Ears; then take powder of Bayberries, and fetehe it in oyl of Lilies, and put it warm into your Ear, and a little black wool to stop the Ear with, that no air enter.

An approved Medicine for Deafness.

Take sweet Sallet oyl half a pound, add to it Wormwood, Sorrel, Aniseed, Perwinckle, of each one dram, dry all to powder, the powder of old Roses one ounce, as much of Coliquintida boiled in the said oyl, strain and use it three drops into the Ear at a time warm.

To recover the lost hearing or deafness in the Ear.

Take Civet a grain, Musk one grain, and good Tar one scruple, mix all these together: and put it into a fine linnen cloth or peice of silk, and binde it fast with a thread, and put it into the Ear cloth and all, and binde the thread about the top of the Ear, and so wear it in the ear, and thou mayest take it forth, when thou wilt, it doth then help the head, and recover the hearing. A

*A severaign Medicine for the pain and buzzing
in the head which hindreth the hearing.*

Take a Clove of Garlick, and pill it clean
and make three or four holes in the midst of it
and dip in it a little English hony, and put it
into your Ear, and put a little black wooll in
after it, & for that night let the patient lye up-
on the contrary side, and let the ear that is
stopt be upright, and the next night following
let him use the other ear in like sort, and lie
on the other side as before; and so let him al-
ter it every other night, and use it for the
space of eight or nine dayes together; and this
will expulse all ill humors out at his nose, ease
the pain and restore the hearing.

An experienced medicine for deafness in the head.

Take Bay leaves, Bay berries, Betony and
Tricades, of each of them one handfull, and
steepe them in white wine, till one half be
consumed, but if it be an aged person use Mal-
lows instead of white wine, and then put it
into a vessel that hath a narrow mouth and let
the patient hold his ear upon it, it being un-
stopped, so that he may suffer the same,
being neither too hot nor too cold; then take
oyle of bitter Almonds, and put three or four
drops into his ears, and then stop it close with
a flock of sheeps wooll that groweth between
the Sheeps Legs, and if he put a little Musk,
or Civet, it will be the better. This was proved.

A present Remedy for one that cannot hear.

Take an Hedghog, and flea him, and rofe him, and let the patient put some of the grease into his ear, and he shall recover his hearing in short space: This hath holpen those that could not hear almost any thing at all, and hath been troubled with this impediment for the space of twenty years and yet were holpen with this.

Medicine.

An excellent good Medicine for deafness in the head.

Take a quart of Malmesey, and a quarter of a pint of clear running water, a pennyworth of Cummin, and eight or nine leaves of Betony, and boil them altogether until half the liquor be consumed, then take the pot wherein the Medicine is boiled and cover it close with a Tunnel, binde it close about the verge or brim whereby the heat may not issue forth, then put a quill into the other end of the Tunnel, and let the patient hold his ear close that the heat may ascend up into his head, and when he is weary of holding the one ear, let him turn the other to the same place; and whilst the heat is ascending up into one of his ears, let the other be well stopped with black wool, and let him also apply hot cloths to keep in the heat on the other side of his head whilst the Medicine worketh, and let both sides

sides be used alike, and let the patient use this three times a day, that is to say, at morn, noon and night, and so continue it for the space of eight or nine dayes together; and during all which space he must abstain from any open aire, and doubtless this will help him, for by experience it is known, that it hath cured both men and women that were above fifty years of age.

For deafness or noise in the head, an excellent remedy.

Take of the juice of a Radish root a pretty quantity, of the oyl of bitter or sweet Almonds, with a pretty deal of Colocynthis, and warm all these together in a little white wine, and when it is well mingled and bloodwarm, then pour a drop of it warm into thine ear; and this using the patient shall be remedied.

Good for the hearing.

The juice of Betony cast into the ear lukewarm, is very profitable against the pains of deafness or other impediments of the ears.

Item, The fat of a Fox doth greatly cure the pain of the ears: also the juice of Hyslope mixt with oyle and bloodwarm put into the ears, taketh away the painful aches of the ears.

For to make a man hear.

Take a red Onion and pick out the top, and fill it full of fair hot Mens grease; and lay the top on again, and roast it in the Embers till it

be tender, and then quish out the oyl into the ears of the sick man or woman, and then stop the ears with black wooll.

An approved Medicine for deafness.

Take sweet Sallet oyl half a pound, add to it Wormwood, Sorrel, Anniseeds, Perwinkle, of each alike one dram, dry all to powder, the powder of the old Roses one ounce, as much of Coloquintida boiled well in the said oyl, strain it and use it three drops at a time in the ear warm.

Another approved.

Take oyl of Castory, and of bitter Almonds and of Roses, let them be boiled in *Aqua vita* till the *Aqua vita* be wasted or consumed, and so distil a drop at a time into the ear.

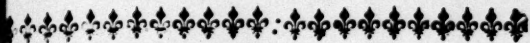
*For deafness, and for an Impostume of the ear,
to break it, a rare secre.*

Take the juice of young Elder buds, and the inner rinde thereof, either of them and use, it helpeth,

For a man that may not well hear.

Take the block of an Ash, and lay it to the fire. and gather the water that cometh out of both ends of the block, and the juice of Ju-barbe and white wine, the grease of Eel, of all these alike much, and seethe them well together, and put it into his ears till he be whole, &c.

The



The Teeth, Remedies for all their diseases.

Remedy for the Toothach.

PAain of the Teeth (as *Galen* saith,) among other pains that are not mortal, is the most cruel and grievous of them all. It may come divers wayes, of a cold or hot cause; If it come of a hot cause, the Gums are red and very hot, wherefore it is very good to hold in his mouth water of Camphire, or to see the a little Camphire in Vinegar, and hold in his mouth; also take Henbane roots, and see the them in Vinegar and Rosewater, and hold in his mouth.

If it come of cold causes, since in such cases oft times there distilleth abundance of water into the mouth, purge it with *Pi ulacochia*, afterwards keep in your mouth warm wine wherein hath been sodden Pellitory, Mintes, and Rew.

Another.

Take the middle barke of Elder, Salt and Pepper, of each alike much, and stampe them together, and lay it to the fore teeth.

Item, Gum of Ivy with a little Lint dipped in Vinegar or *Aqua vita*, applyed is very good.

For rotten and stinking Teeth.

Stampe a quantity of Sage, with as much Salt, and make thereof pretty pasties, bake them in an Oven until they wax black, and with the pouders thereof wash well your teeth both mornings and evenings.

Take the inner rinde of Elder, and the inner rinde of the Withwinde, and the inner rinde of Woodbinde, then shred it small, and pound it small, then pound into it pouders of Pepper and a little salt, and pound it again, then put it into a linnen cloth and binde it fast a piece as bigge as a Damson, & hold it between the fore teeth, let the moisture run out, when it doth stint running, then take another ball so made, and hold it between your teeth doing the like, and at the third or fourth ball it will help if it come of rheum, but if it come of blood, you must let them bleed.

The decoction of Colocynth with strong Vinegar taketh away the pain of the teeth.

To draw Teeth, take the brains of an Hare, and seethe them in red wine, and therewith anoint the Teeth, that you would have out, and they will fall out without pain.

Item, The Gum of Ivy tempered with wax, and put to a pained tooth, will draw it out without pain.

To draw a tooth without pain, rub it and none other with powder of the Gum of Ivy.

A water to keep the teeth from stinking.

Take long Pepper, Mintes. Porrlane, Aristolopy rotunda, salve green, seethe all together in wine, and use to wash thy teeth, and it will keep them both white and sweet.

For the Toothach.

Take a spoonful of *Aqua vita*, and a spoonful of Triackle, half a spoonful of Pepper in fine powder, boil all these together upon a Chaffing-dish of coles, and then put it into a box, and put it into the Tooth where the pain is.

Fill the hollow Tooth with the gum of Ivy, it will take away the Tooth ach.

Touch the Tooth that aketh with the root of water Crowfoot' incontinent it taketh away the pain and breaketh the tooth.

In a vehement ach, put a little of the juice of ground Ivy in thine ear, on that side as thy ach is, it will a little grieve thee, but incontinent thy Teeth shall cease aching.

Put the powder of red Coral in the hole of thy Tooth, and it will fall out by the root.

Put Henbane seed upon coles, and receive the smoak thereof into thy teeth by holding thy mouth over it. It killeth the worms and allwageth the pain; this hath been proved.

That thy Teeth never ake, take the powder that cometh of filing of an Harts horn, and let it see the in water in a new earthen pot, and so put it into thy mouth where thy grief is.

*A medicine that the Toothach shall never vex
you more.*

Take twenty leaves of Ivy, a little long Pepper, and boil them with a handful of Salt in old wine, and then put the liquor when it is well boiled into your mouth on that side that
is

is vexed with the ach, and you shall prove that the ach shall be destroyed in *sempiternum*.

A most expert and true Medicine for the pain of the Teeth and presently easeth the pain.

Take Lupines dryed, let it be a little rubbed in your hands, after put it into strong Vinegar, and boiled a little, then strain it, and press it out, of which wash the mouth and gums, for it is wonderful.

For a Tooth that is loose.

Take Gum of Ivy, and red Vinegar, and boil them together in a Pewter Sawcer, till they be molten together, wet therein a clout, and put down the Tooth therewith, &c.

To help the Toothach of any sort.

Ivy berries sodden in white wine or in Vinegar, this water being strained.

To fasten Teeth, and to purge the head.

The roots of Pellitory of Spain chewed in the mouth, & *siet pro certo*.

To make a Tooth leave aking, or to fall out.

Stampe Neppe, and put it into a cloth, and lay it on the Tooth, and it will either leave aking or fall out.



The Nose, The Remedies for its diseases.

Remedies for Stinking of the Nose:

Take Cloves, Ginger, and Calaminte of each a like, and see the them in white wine, and therewith wash thy Nose, after put a powder of Piretrum to provoke you to sneeze and if there be repletion of Phlegm in the head, first ye must purge it with pills of *Scabiosa*, or of *Hiera Picra*, also if the stinking come from the stomach, first help the stomach, as shall be said hereafter in the remedies of the stomach.



The Mouth, Remedies for its diseases.

To destroy a stinking breath.

Take three handfuls of Cummin beat them in a morttar to powder, then take a pottle of wine, and put the powder into it, and let it steepe till it come to a quart, then drink first and last of this wine by the space of fifteen dayes, as you may suffer it. *Probatum est,*

To make a sweet breath.

Take the juice of Mintes, or the water Rue, Cummin, Coliander, Liquorice, Cinnamon, alike four ounces, seethe all these in wine, and give them to drink that hath stinking breath, and surely it shall be sweet.

Another for the same.

Take the powder of Sage one ounce, Rosemary blossoms three ounces, Cloves and Gillyflowers five drams, Cinnamon one dram and a half, Nutmegs one dram and a half, Muske a little quantity, then take as much as is sufficient to make the said Compositions into a Corporation like unto Marmelade, and eat this fasting, and at night a little quantity at time, so shall your breath be sweet, And if you go into any suspicious place of the pestilence or any other corrupt air, if you take this next your heart, it shall defend you from the jeopardy thereof.

For stench in the mouth.

Take Pulial Mountain, make powder thereof, and eat it fasting.

Another.

Take Costmary, drink it every day fasting wash thy teeth every night when thou goest to bed with Vinegar.

Another

Another.

Take the juice of Gladin with old wine, and wash thy mouth every morning and evening.

Another.

Take Mastick and Incense, and seethe it in sweet wine and drink thereof early and late:

Another for the stench in the Nose:

Take the juice of Mintes, and put it into thy Nose.

Another.

Drink the juice of Rue, and five leaved Grals:

Another.

Take the juice of Ivy, mingled with wine and oyle Olive. *Probat.*

To take away stinking of the mouth.

Ye must wash his mouth with water and Vingar, and chew Mastick a good while, and then wash thy mouth with the decoction of Aniseeds, Mintes and Cloves sodden in wine. Ye must wash your mouth before and after meat with warm water, for to cleanse the mouth, and to purge the humours from the Gums which descend out of the head, it is good every morning fasting to wash your mouth, and to rub the Teeth with a Sage leave, pills of Citron, or with powder made of Cloves and Nutmegs, forbear Lettice, Raw fruit, all tart meats, and the chewing of hard things. Also all meats of evil digestion and vomiting.

The



The Breast, Remedies for distempers thereof.

Remedies for diseases of the breast.

And first for hoarseness of the voice ye must avoid all eager, salt, and sharp things, and sleeping by day, too much watching, great cold, much speaking, and too loud crying: All sweet things are good as apples sodden with Sugar, great raisins, Figs, Almond milk, white pills, Sugar candy, and the juice of *Liquorice*.

For a hoarse voice.

Take the broth of red Coleworte and mingle it with seven or eight *Penidies*, and an ounce of Syrup of Maiden-hair and give more the patient when he goeth to bed.

Another.

Take *Diarris* simple and eat a Lozenge of the same at morning and at night.

For hoarseness of long continuance,

Take Raisins, Figs, Sugar, Cinnamon, and Cloves of every one a little, seethe them in good wine, of the which ye shall give to drink morning and evening, two ounces at a time except

Remedies for the Breast.

45

except he have a fever; It is good to take morning, and evening a spoonful of the Syrup of Juybes mixt with a root of Liquerice in manner of a Lohoch.

A Syrup for Cough, rheums, Catarres, and other like diseases.

Take Althæa leaves seven handfuls, stamp them in a mortar, then take a pot that will hold seven pints,boil in it these things following.

Liquerice two ounces, Sage, Rosemary, *Cardus benedictus*, figgs, raisins, barley flower, of each a handful succory leaves and roots, a handful; let all these boil one hour and a half, then let it cool so that you may strain it, then take the water, and put in two or three pounds of French Mailowes setting it to boil on the fire again three hours or more, then strain it as you did before, then take the decoction and set it on the fire with as much hony or little less, taking off the scum when it hath boiled a good space, add to it one ounce, or as much as you wilt of Cinnamon; Then take it immediately from the fire putting it forth and covering it close. This secret is so excellent that if a man use it in winter, warming it when he taketh it, it is not possible for him to be vexed with Cough, rheum, Catarrhes, and like diseases.

A Medicine for the Cough.

Take the yolk of an Egg, and put it into an emptie Egg shell, and put to it five grains weight of the powder of Saffron, and roste the
same

same very rear, and to bedward sup it off warm, being well stirred together, it cureth the Cough or giveth much ease.

Against the Cough.

Take Anniseeds Licquerice of each an ounce, Hyssop one handful, sugar candy, four ounces, strong beer three pints,, boil altogether till half be consumed, then strain forth the simples and give the patient every night, when he goeth to bed four ounces warm.

For an old Cough.

Take Elicampane roots and boil them tender, then pound it in a wooden mortar, then rub it in through an hair sieve, then take clarified hony, and lay a course in the bottom of a stean then a course of sliced wardenes, then a course of the Elicampane and so again as long as you please; And then put the stean into an oven and bake them two or three hours, then take it two or three times a day, a spoonful at a time,

Another for a Cough with a rheum.

Take Brown sugar candy and put it pounded into a calves bladder, and lay it in spring water 24 hours, then cut the bladder and eat it with a Liquerish stick as the Cough doth trouble you.

preſerue Walnuts for a cough or Conſumption.

Take a pound of Walnuts before they be
ſhelled, and pare them very thin, then ſteep
them in water a night, then boil them in run-
ning or ſtanding water, until they be ſo tender
you may put an hard ruſh through them;
then ſtick in each end of every Walnut a
ſtick; Then lay them hot together in a
Copper Baſon, then take a pound and a half
of Sugar and ſtrew upon them hot, and cover
them, and let them lie covered all night with-
out the warmth of the fire; And the next day
take them up, and put them into a pot.

*A good Syrup for an old Cough, and it muni-
feth the breaſt and the Lungs and for pain under
the ſide coming of cold.*

Take Liqueurice ſcraped and bruised two
ounces, Maiden-hair one ounce, of Hyſop dried
an ounce, put all this into four pints of
running water, and let them ſtand in that wa-
ter one day and one night, and then ſee the
water till half the Liquor be conſumed, then
draw the Liquor from the herbs, and put in-
to the Liquor pure Engliſh honey, white
Mar and Penidies each of theſe eight ounces
of water five drams, boil all this with an eaſie
fire till it come to the thickneſs of a Syrup
alwayes as the ſcum ariſeth gather it off,
keep it to your uſe.

For wheezing in the Chest:

Take a Toste of bakers bread and pour S
let oil on it, upon either side as you would
butter a toste, & strew beaten Sugar on eith
side and use it first and last till you find ease

For delivering from Phlegm.

Take Hyssop and parsely and stamp them
temper them with wine, or Ale, and drink
night and morning.

Another for wheezing of the Chest.

Take spring water one quart, put to it
ounce of white Sugar candy, and two ounces
of Liquerice pared and cut small in shivers
and half an ounce of pure Cinnamon a little
bruised, let them sleep in the water all night
drink of it first and last, until it be spent. Pre
bat.

Remedies for the Cough.

Take Hyssop, great raisins, and figgs of ex
a handful, Liquerice an ounce, boil them
water till the third part be wasted, then give
it him to drink twice a day in the morning
two hours before meat, and at night one hour
before supper, & immediately after it is good
to eat a Lozenge of Diarris, or Diapenidion.

drink thereof morning and evening with a little Prisan sodden.

For the same.

It is good to take first and last a Lozenge of Diatragagant and afterward to drink a draught of good Prisan.

A good receipt against the Cough.

Take the root of Elicampane, Horehound, Hollihock of each alike much, see the them altogether in white wine, with a dozen of fat figgs and a little Liquerice, drink of it a draught every day twice.

For the Cough and Murre.

Take Aqua vitæ a sufficient quantitie, temper it with Sugar candy.

A Medicine for hoarsness in the throat.

Take three or four figgs and cleave them in two every one, and then put into them a prettie quantity of Ginger finely beaten into powder, and then roste them upon a cleane hearth or tile stone, and then let the patient eat them as hot as possible he can; This helpen some that have been troubled with hoarsness four or five years together before.

To heal the Scrofula or disease called the Kinges evil

Take barley flowre, liquid pitch, wax and olive

live in equal quantitie boil it altogether with
chilids Urine and brought to a plaister and
plyed. *Fier.*

To cure the Kings evil.

Mistris *Atkinson*, the wife of the man else-
where mentioned, at the same time as her Hus-
band was cured of a broken vein, affirmed that
of her cetrain knowledge, the roots of Hounds-
tongue cut in the shape of dice and put into a
linnen bagg of about two inches square un-
till it be almost full, and hang it about the neck
of the partie grieved to lie upon the pit of
the stomach, and let it be renewed once in two
or three dayes, as the vertue decaies, It will
break the disease, if not broken; if broken it
will cure it, especially if it run brown water,
white then with more difficultie.

Against shortness of winde.

Shortness of winde proceedeth oft-times of
phlegm that is tough and clammy, hanging
upon the lungs, or stopping the conduits of the
breast, being in the hollownes of the brest, or
of catarrhus humors that drop down into the
lungs, and thereby cometh straitness of draw-
ing of breath, which is called of Physicians
Dispnea, or *Asthma*. And when the patient can-
not bend his neck down for fear of suffocation,
is called *Orthopnea*, for every one of these di-
seases there be very wholsom Medicines de-
scribed before.

The receipt for Asthma.

Take an ounce of great raisins picked from the kernels, two figgs, the meat of a Date, dry Hyssop, maiden-hair, Liquerice and the lungs of a Fox washed in wine water, of scabious of every one a dram, Penidies two ounces with Syrup of Liquerice; Let all be incorporated and make a Loch to eat a good while after meat, with a slick of Liquerice.

To cure Asthmatick persons.

Take Lowes eies in Latine *Porcelliones* and burn them to white powder upon a little stone and make them into an Electuary with life honey is excellent against the disease called *Asthma*.

An oyntment for shortnes of breath.

Take two ounces of oil of sweet Almonds one of My butter unsalted, a little Saffron and of new wax and make an oyntment, where with ye shall anoint the brest morning and evening.

To break a sore brest.

Take a Lily root; and a piece of leaved sethe it in milk until the lilly be very soft and plister like, and so as warm as the patient can suffer it lay it morning and evening.

To keep the brest from breaking, if it be not too far gone.

Take clay that is without stones, and knead it with sharp vinegar, the yelks of two eggs, a little English Saffron, and work it into the clay, and so take as much as will cover the rednes of it, you must use it cold, some brestis will have no colour and such are not lightly saved from breaking.

To heal the brest.

Take as many Mallowses as will into a charger, and chop them, and see the them in running water till they be tender, pour the water from them and put them into a pottle of good Ale-dieggs, and a peny loaf of leaven bread grated with a quart of white wine, let these see the together till you think it be thick enough, then put thereto half a quarter of a pound of Deares suet, and lay it to the sore as not as the party can suffer it, morning and evening, and after that the heat be such as it dryeth, this will help any sore in the brest or any other places. You must wash the place being broken with white wine at every dressing.

To heal any kinde of ach or sore brest.

Parc off a cap of the root of white Bryonie and make a hole in the root as hollow as you can, and cover the root close with the cap you cut off, or with a piece of a tile-stone and cover it again with earth, letting it still grow, and

three dayes after open the said roor, and the hole will be full of water, then take that water and put it in a glass and anoint the place where the grief is, and use it.

A plaister for a sore brest.

Take wheat meal, and pure life honey and clarified bores grease, of each like portions. boil them a little and make a plaister and lay thereto. *Probat.*

A medicine to skin a womans sore brest which is raw.

Take a pint of sweet thick cream, and put it into a pan with three spoonfuls of the juice of brown fennel, boil it to an oil, and therewith anoint the sore brests morning and evening till it be whole, *Probat.*

To help the hardness in women brests.

Wheat flower, honey, oil olive and the juice abundantly of yellow Cilly flower, together with the juice of rue. *Sanat.*

For the aking of a womans brest.

Take Cinquefoil or five leaved grass, and stamp them with swines grease, and make thereof a plaister, and lay it to well brayed together and it will take away the aking.

Another for the same.

Take and boil Rue and put there to flower
of

of wheat and make thereof a Plaister and lay
hereto.

For womens breasts, or swelling that cometh by
cold in child birth.

Take and lay Chickweed upon a Tyle-
stone, and rose leaves upon, Chick-
weed upon the rose leaves again, so that
there be of them two or three leaves, then
sprinkle it with vineger, and boil all these
upon the tyle-stone; And when its well boil-
ed, take another Tyle and lay upon that, and
put it asunder and lay to the swelling and it
will take away the pain.

An approved Medicine for them that have cold in
their breasts.

Take oil of Camomil and Aqua composite,
 mingle them together against the fire; chafe
the breast well withall that it may enter into
the Stomack and veines: This hath helped
many.

Approved Medicine for a sore brest that is broken.

Take Mal'owes and boil them with sheeps
allow till they be very tender, then strain it
and keep it in boxes and, if the brest have
need to be tented, take a piece of the stalk of
the Malloves that are scdden, and tent it with-
it, this is proved.

For bolning of a womans brest.

Take apples of the oak and stamp them with oil and lay it to the bolning.

For a very sore brest.

Take Hartshorn or a Bulls horn for need, and grate it into a pint of good white wine, and give the woman to drink thereof, and let her sleep upon the same Medicine and it shall cease.

For coagulation of milk in a womans brest.

Take Egmiony, Vervine, Fennel, and bray it altogether and lay it thereon, and be whole, &c.

A Sovereign Medicine for a sore brest.

Take a pottle of smiths water, the elder it is the better, if it smell a little, so much the better, also you must take a quarter of a pound of old alum, and white salt as much as ye can hold on the two fingers from the second joint forth, two handfuls of Sage, two Heads of houseleek put all these into the water and see the it till it come to a quart, then let it stand with the Herbs in it, and wash the sore breast well with the Herbs, and the water twice a day, and at every time ye wash it lay upon the sore, or sores, green Sage leaves till it be whole, this hath been proved and healed a breast so sore as it was thought incurable.

Ye must warm the water and Herbe every
time ye dress the breast.

*A medicine for the womans breasts if the sore come
of Milk.*

Take Mallows as ye get to be holden in a
charger, and cut them small, and seethe them
in a Gallon of running water, and when they
be sodden soft, put thereto a pottle of the
rounds of Ale, and a quart of white wine,
and two penny white loaves, cutting off the
crusts leavened, make it thick, and put into it
Deers Suer, or Sheeps Suer, and lay it upon a
flew cloth or linen cloth, and lay it warm to
the sore breast every day as long as its sore,
and it shall be healed by the grace of God.

Aplaster for a postume on womens Teats.

Take Linseed, and seethe it well and long
in fair running water, then take fresh Sheeps
tallow, and fry the Linseed therein, and e-
ven as hot as ye may suffer it, lay it thereon.

Remedies for the Pthifick.

Pthifis is an ulceration of the lungs, by
which all the body falleth into Consumption,
in such case, that it wasteth all save the skin, ye
may know him that hath a Pthifick, for rem-
ay to day he waxeth ever leaner and dryer,
and his hair falleth, and hath ever cough, and
spitteth sometimes matter and bloody strings
withall. And if that which he spitteth be put

into a bason of water, it falleth into the bottom, for it is so heavy.

A remedy.

Take two ounces of Pimpernel in powder, and thereof make an Electuary with Sugar, and use it every morning two drams with Pimpernel water three ounces. Water of Snails distilled, is proved good to them that be Pthicke, every morning in drink, and for all them that are dry and lean.

Another.

First take a quantity of running water, and boil it half away.

The ingredients that you are to put into the composition, are two ounces of Anniseeds, one ounce of Coliander seeds, one ounce of Lique- rice sliced, one ounce of Sugar candy, one handful of Coltsfoot, half a pound of Raisins of the Sun, one quarter of a pound of Figs, and one handful of Liverwort, a handful of Maidenhair, a quantity of Hartstongue, and two penniworth of Dates. The composition made and put into the water, boiled half a way, take it and strain it, and scum it, sweeten it and drink it.

For the cough and consumption of the Lungs.

Take Fox Lungs fresh killed, pull them from the Windpipes and the straines which hang by the same; then wash the lungs in Sack or white wine lukewarm three or four times

times until they be clean from the blood, then dry them in a pot in an Oven after the barch drawn forth, so well dried, beat them to powder. Take Anniseeds, Fennel seeds, Maidenhair, of each like quantity of weight to your Fox lungs, beat all these together to fine powder, and see the same well mingled; take also a like weight of Liquorice, as the Fox lungs or some deal more, and lay it in water fourteen hours, first clean scraped and a little bruised, then see the your Liquorice in the same water until half be consumed, and so strain the Liquor from the Liquorice, and with the liquor see the as much fine Sugar beaten small as the weight of the receipt amounteth unto, till it thick like a Syrup, then put to this Syrup as it cooleth, all your powder, well stirring and incorporating the same altogether, and so keep it for your use. *Probatum est.*

Take the lungs of a Fox dried, the juice of Liquerice, Maidenhair, Fennel seed, of each a like four ounces, make it in Sugar sodden in water as much as will suffice, some make it with the juice of Myrre, and then it is comfortable for the stomach, this is a present remedy for a Consumption.

For the Phlegm and Cough.

Take an handful of Coltfoot, of Liquerice shaved and bruised two ounces, an handful of Maidenhair, of Anniseed three ounces. Let it be boiled in three pound of fountain or Spring water till half be consumed, strain it and

and then put into it three ounces of white Sugar. Give thereof five spoonfuls for the space of eight dayes warmed.

For a Consumption.

Take Syrup of Limons half dram.
 Syrup of Coltsfoot
 Syrup of Hyssop, alike one ounce.
 Syrup of Liquerice one ounce.
 Floris Sulphuris half a scruple.
 Spirit of the seed of Fennel, four drops. and
 mix it all together.

For the Consumption.

Take a handful of Rosemary tops, a handful of red Sage, a handful of Horehound, a handful of Plantaine leaves, a handful of Hyssop, a handful of winter Savory, a pint of English hony, a pint of runing water, half a pound of blew Figs, half a pound of Raisins of the Sun, a stick of Liquerice, boil all these in a new pipkin, with a cover to it, cut them small, and put them into the pipkin, and let it boil softly until it be half consumed, then take and strain it through a cloth very well, then give the party four spoonfuls morning and evening.

Another excellent for the same.

Take a quarter of pure red Rosewater, put it in a pewter platter or bason, set it over a Chafing dish of coales, take clean Anniseeds, and bruise them a little in a Mortar, put thereof into your Rosewater a good handful, and put

also of sliced Liquerice, bruised and tore in
pieces three or four stick, and as much of Par-
roots, the pith taken out, bruised, and sliced
and put therein, then last put in a good spoon-
full of the tender crops of Hyslope, so let them
boil from a quart to a pint, still bruising them
with a spoon as they boil, and when it is
sufficiently boiled, strain it into a glass, and take
thereof warm in the evening a pretty draught,
two hours after, and before meat fast two
hours, use this, it hath done wonders. &c.



The Sides, Remedies for their distempers.

*Pleurisie, A thing most certain to remedy the great-
est pleurisie possible.*

Take the delicatest Apple, that may be
had, make an hole therein, pull out the
seeds, if it may be, not breaking the Apple,
into which hole put in Olibanū of the best the
quantity of three or four grains, and cover the
hole of the Apple, then put the Apple into
hot embers, there to soken till it be tender
(but it must not burn,) then break the apple,
and the Olibanum into four or five pieces, and
give it, the patient to eat, and forthwith
the Impostume of the pleurisie breaketh, and
the patient recovereth *Pro certo* oyl of scor-
ons anoynted often to the griefs *valet op-
ere.* See that you apply withal thin Cakes
made

made with the said oyl, and the fleying mil-
dryest hot, one after another, one at once
and anointing the grief, before any cake be
laid on with the said oyl hot, and thus the said
cakes oyl and hot ashes breaketh the Impo-
stume of the Pleurisie.

*For to cure an Inpostume, which groweth in the
side of the ribes of the side, when no other Medicine
will cure the same.*

Take Pipins, and bruse them, and straine
the juice thereof, to the quantity of a pretty
draught, and put thereto a dram of the juice of
the herb called bearfoot, and give it to the
grieved to drink, and it shall presently help
him.

Another good Medicine.

Take *Aqua vite* and Capons grease, of each
of them a pretty quantity and boil them to-
gether: then take a little black wool, and dip
it therein and lay it hot as may be suffered on
the stomack of the party grieved and it will
ease him very spedily.

To destroy an Inpostume and any swelling.

Take the roots of Hollihock, sod till they be
very soft and the water halfe consumed and
more, then put into the same water the flower
of Linseed, fenugreek, a like much, see the
it until the water doe rope, then put the said
Hollihock roots to it being well pounded, and
add a handfull of barley meal, and fry them
with

with boars grease, and if you will, you may add sheeps suet, apply it hot, *Probatum est.*

A Cataplasme.

Take the flowers of Camomil, Melilote of each one handful, of the leaves of Rue, *Marrubium*, *Nepthe*, of each one pugil, of the seeds of Annise two drams, of the Laurel berries three ounces, boil it moderately, pound it, add as much hony as is sufficient and apply it.

Another.

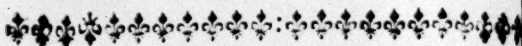
Stamp, Mallows roots well sodden, then add butter, hony, and pigeons dung very well mixt, et fier.

For the stitch.

Anoint the place with oil of Melilot, and apply Melilot plaister to the place, upon a piece of Leather, and change it once a week.

An experienced good Medicine for a pleurisie.

Take Brooklime, sheeps suet and a little fair running water, and fry them together in a frying pan, and make a plaister thereof and lay it to the side of the patient. and it will draw forth all the corruption; This hath been proved.



The Heart, Remedies for its Distempers.

Remedies for weakness and feebleness of the heart.

Give him that hath a feeble heart and ready to faint, either for fever or extream heat the weight of a French crown of Trochisk of Camhire, with wine of Pomegranates and lay upon his left side Limon dipped in water of roses and vineger; In stead of these Trochisks, ye may use a Electuary called *Diamargariton frigidum*, every morning a lozenge. And it is good to give him for the same feebleness conserve of Roses, violets, water lilies mingled together, and after to drink water of Sorrel, and to smell Roses, water lilies, rose-water and vineger. Other whiles and most often debility of heart chanceth of a cold and drie cause, and is without fever with great fear and heaviness, the remedy whereof is this.

Take an Electuary called *Diamolechum* and use every morning a Lozenge, and drink after it a little good wine or Bugloss water, and anoint the brest with oil of Spikenard, Moreover use once in a week before meat the weight of halfa crown of good triackle, or Mithridate so it be well tempered with a little white wine and with a few maces.

For

For beating or trembling of the heart.

If it be without offence; Take two drams
and the third part of *Elect. de gemmis*, then
drink two or three ounces of Bugloss and
wine mixed together,

For the same.

It is good to drink every morning three
ounces of water of Bugloss, wherein hath
been sodden cloves.

And it is good to drink in a Morning four
ounces of Julep made of half a pound of
rain water and three ounces of Sugar.

For the same.

It is good to drink every morning 3. ounces
of water of Bugloss wherein hath been sodden
cloves; And it is good to drink in a morning
three ounces of Julep made of half a pound of
rain water, and three ounces of Sugar. The
confection of Diajacinthy is singular and ex-
cellent for trembling of the heart, but it is for
rich men, not for poor folk.

*Cracks at the heart which are commonly a knot of
worms.*

Take unset leeks one handful chopped small
and fry it with butter and bay salt, and lay it
on the stomach upon a napkin.

Take a pinte of white wine, English liquerice
and sugar, boil it together in a pot close stop-
ped take it fasting

To

To help a mad body.

Take the Flowers of Rose-mary, of Burrage and of the roots of Buglosse of each a pound Saffron two drams, of Quinces four ounces, of the best white wine a quart, mix them together, let them stand a day, put them over the head fifteen days in an Horsemixon the mouth of the glass not covered quite, then distill it. Then take of it first and last a dram at a time. It is a precious secret, it helpeth the trembling of the heart.

For them that swoond or are faint-hearted.

Take Rosemary, Sage, Betony, and Marjoram of each an handful, seethe them in a gallon of fair water till a quart be consumed, then take away the herbs, and put to the said water a pint of good hony, then scum it well, then put in an ounce of Stæchades tied in a fair linnen cloth, Let it seethe a little, then take out the Stæchades, and add an ounce of Cinamon, three quarters of an ounce of Nutmeggs, and as much in Ginger in powder, drink it warm thrice every day six or seven dayes, cureth.

A potion for fainting.

Take of the confectiõ of Alchermes two drams, of garden blew violet water and excellent red rose water of each two ounces, and Syrup of violets two ounces and an half, and Syrup of Lymons one ounce, mingle them well together and take hereof four or five spoonfuls at a time when you see cause or when you please.



**The Stomack, Remedies for all
pains of the Stomack.**

For weakness of the Stomack.

Take *Pilula Stomachica* two or three hours before meat, more or lesse according to the quantitie of the fulness of the stomach, and after give him every morning, two hours before meat, and one hour after supper, at every me a Lozenge of an Electuary called *Diaga-*
ga, or another called *Diacinimum* which consume ventosities and with their com-
table heat, drive away the cold and windy
plexion of the stomach.

For windiness of the stomach.

Take in a morning two hours before meat a
Lozenge of *Aromaticum rosat.* and if ye have
aching stomach, and cold, take every morn-
g a Lozenge of *Dianisi*, or *Diacinimum*, and
drink after it a spoonfull of wine.

A present remedy for pain and ach in the stomach.

Maiden-hair, bruised, plaistered and laid to
the stomach *sanat.*

To help the pains of the stomach a rare secret.

Take every night last three drams of Ma-
ck. For

*For a windie and cold stomack.*Take *Aromaticum Caryophyllat.* one ounce.*Electuar de aromatibus,* one ounce.*Et Diatrion piperion,* one ounce.

Mix it together and take it first and last the quantity of three Nut kernels,

*For pain of the stomack*Take two drams of *Diacinnamon* of *Dianis.* *Diagalanga*, and drink it with a little good wine an hour or two before meat, drink a little Castor with good wine.*Another.*

Drink two hours before meat three or four ounces of the decoction of Mintes, Anniseeds, cummin and fine frankincense.

Also drink an Electuary called *Aromaticum* whereof receive one Lozenge every morning fasting.*To comfort the stomack after vomiting.*It is good to give unto the patient every morning an ounce of Syrup of wormwood, or Mintes; instead of which it is convenient to take a Lozenge as *Aromaticum rosatum*, or *Diagalanga*.*For the same.*

Take evening and morning three hours before meat two Cloves in powder with a spoon

of the Juice of mintes, or half a spoonful
Rue dried with a little wine

Also it is good to take powder of Cloves,
and lignum aloes to the weight of a crown with
honey, two hours before meate.

*An excellent purgation to avoid cholera for men of
all ages.*

Take half an ounce of Cassia newly drawn,
a dram of good Rubarb infused a night in wa-
ter of Endive with a little Spikenard and an
ounce of Syrup of violets, mix all these things
with three ounces of Ptisan, or whay and
drink it warm.

A Medicine for winde in the stomack.

Take a spoonful of hony, and two spoon-
fuls of rosewater, and set them upon a Chaffing-
dish of coales, and as the scum ariseth take it
with a feather till be clear. Then take it off
the fire, then take a groats weight of long
pepper, as much of white, as much of black
and as much of cummin seed, as much of ginger
and beat all together in a Mortar not very
small and put them into a box; Then put in
hony and rosewater unto them, and mix them
together with a knife, and eat them after din-
ner, as much as a pease, and you may keep it as
long as you will, and ever as it dryeth, put
thereto more hony clarified with rose water.

To clear the stomack.

Take stale Ale and boill it, and put it two
branches

branches of Hyssop to boil with it, and drink first and last.

A notable sauce to procure an appetite in them which be brought low to get them a stomack.

Take Vine leaves and stamp them, and strain them and put in Sugar to the juice, and Cinnamon powder with Sippets of manchet boil them as sorrel sops, eat them with chicken or what you will. It is excellent for a fever or other sicknesses.

To make Pulvis ducis out of Master Cogans Cardus of the weakness of the stomack. pag. 194.

Pulvis Ducis as he saith is usually made of one ounce of Sugar, and one ounce of Cinnamon finely powdred both, and then mixed together; And this *Pulvis Ducis* being mingled with the quantitie of one dram with half a pint of *Aqua vite*, well tempered together, and three pints of rosewater, and so let run twice or thrice through an Hypocrates bagg, and thereof take oft-times in the week one spoonfull in the morning fasting especially in winter time is excellent good for a bad stomack of cold cause.

A drink for a bad stomack.

Brew Beer or Ale, and when you runne before it work take a pound of wormwood and as much of the roots of red docks, the pills taken out and washed, and put them in a bag with a stone to make it sink, and hang

the drink and drink it in the morning fast-
g and at four of the clock in the after-
noon. *Probatum.*

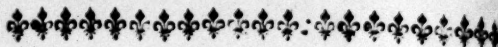
Another for the stomack:

the cakes like apple cakes, or Pasties in A-
prill or May, and fill them full of wormwood,
and bake them hard; the paste must be of
heat meal undrest, and brew a stand of strong
beer, And when it's turned and given
purging, take the cakes when they be
dried, and cut them into quarters, and put
them into the barrel, and stop it up close, and
when it's settled and clear, drink a bowl full
draught in the morning fasting, and so use

heat in the stomack, which maketh the throat
sore.

Take an handful of Columbine Leaves, and a
handfull of Currants, boyl them in a pint of
milk, then take out the Currants and the
leaves, and shred them together, And eat
the Currants and the leaves, and then sup the
milk as hot as you can.

The



The Liver, Remedies for its disorders.

Against stopping of the Liver, called opilation.

Drink every morning the Syrup of Oxymel scyllitick, with half a draught or more of the decoction of the roots of Small Fennel and Parsely.

Another for stopping of the Liver.

Take *Venice Turpentine* to the quantity of a bean, and put it into a spoon until it doe melt, and then put thereto a little white sugar, and let them eat of it every day fasting.

Take a good handful of liver wort that groweth upon stones, and another of fumitory with as much hearts tongue, and drink the decoction every day twice. The liver of an hare dried is good for all diseases of the Liver, also for the heat of the Liver see the Barberries in which and drink them.

Remedy.

If it come of gross blood, give the patient Medicines that do pierce and are subtil, as is with of Pome-granates, Syrup of Endive, with the decoction of Cicers; Then let him bleed the Liver vein, and every morning eat a Lenten zeng of *Triasantali*.

Some

Sometime the said opilation cometh of
undance of some humour viscus, cold and
negmatick stopping the veins of the liver,
and then the Urine as clear as water, and then
the patient must use the Syrup above written
(viz.) *Oxymel jcylliticum*.

A Julep for heat of the Liver.

Take half a pound of rose water, one quar-
ter of water of Endive, and five ounces of
sugar, make a Julep, of which you shall drink
taking a good draught, And if he will needs
drink between meals, Let it be mingled with
two parts of the water of the well, and if ye
will have it more cooling add unto it two
ounces of vin-ger, or the juice of Pomegra-
te. In stead of the said medicine, too cost-
ly for poor folk, you may make boles of half
an ounce of *Cassia*, and three drams of the
Electuary de succo rosarum and eat it three
hours after midnight, and steep it, and so drink
it, mix the said boles with whay, or Endive
water and drink it at five in the morning, but
sleep not after it.

A drink to cool the Liver.

Take an ounce of *Sena Alexandrina*, a far-
thing worth of Anniseeds, and a farthing worth
of Liquerice, and a dram of *Rubarbe de Spain*,
and make a powder of the same, with half an
ounce of *Polypodie* of the oak, when the
powder is fine, boil it in three pints of white
wine, before you do put it in, make ready
three roots, that's a Fennel root, a parilly root, a

E

Mallow

Mallow root washed fair and clean, bruise these three roots and boil them in white wine, from three pintes to a pinte upon a still fire, and be sure to stir it about, and let not the flame nor smoak come to it. This purgeth the Liver, and spleen, then strain it through a clean cloth and drinck in the morning fasting, in the second day of M or the first day of *Sagittarius*. And when ye drinck it, take a brown roste and wet it in vineger and smell to it, & fier.

A good receipt for the dropisie.

Take the salt of Wormwood three daies in a moneth, a spoonful at a time, and you shall feel the dropisie water fall into your leggs, every time you may take it away by setting your leggs up to the knees in hot water.

To purge dropisie water abundantly, for the shedding of nature called Gonorrhæa, verbatim, out of Master Cogan, Pag. 5. in Flower deluce.

Take a new laid Egg, pouring out the white, put into the yelk so much of the roor of Flower deluce, as was of the white after, set the same Egg into the Embers, which being sufficiently warmed sup off fasting in the morning; And the patient shall after send forth abundance of water, and so be eased of the dropisie. Or else you may take a dram or two of the dry roor made into powder and drunk in whay clarified, for its good also to purge the dropisie water; And if you put a little Cinna- mon to the juice of Flower-deluce in the Egg

egg yelk its a very good medicine for the
redding of nature as hath been often proved.

For the Droffie or Tympany.

Take the flower of Dane wort and of the
leaves, and distill them in a stillatory, and
drink four or five spoonful at a time with the
juice of Herb grace; in six or seven spoonfuls
of white wine, one spoonful of the water of
herb grace will serve; This is the excellentest
medicine one can give, for this will void the
water out of the belly by usage. *Probat.* by
experience for which propertie of daneworte
Gerards Herball.



The Gall.

Against diseases of the Gall.

The gall is placed in the hollownes of the
Liver to receive the superfluiury of cho-
ler and to send it to the bowels to be avoid-
ed with the grosse excrements, to the intent to
purge the blood of the said choler; To the
end it cometh opilations in the parties about
the liver, or beneath it, in it self next the
veins, causing great pain, by reason whereof
the choler turneth again into the liver, and
is mingled with the blood, and spread
ad into the veines of all the body, and
causeth a disease named *Jaundise, Icttericia.*

If the Jaundise happen in an Ague before the seventh day. It is great danger of his life but if it appear on the sixth day, being a da judicial or critick of the Ague, or after, it is very good sign. And then ye must succor Nature with refreshing and digesting the choler with Syrup of violets given in the morning, Syrup of Endive with water of Cichory. After this purge choler, and then give him a Lozenge of Triasandal with Rubarbe every morning, two hours before meat, and drink a little water of Endive, and Cichory afore the said Lozenge.

Moreover it is good to bath the Liver, and wash the patients eyes with vinegar, and w mans milk, and drink a Pilsan made of bark I querice, prunes and roots of Fennel. And if when the fever is past the Jaundise is not still, the patient must drink water of Marrell and fennel, with the Syrup of oxysacharum composit. Jaundise sometimes cometh without a fever, and may be healed thus, drink every morning four ounces of the decoction of Hound made in white wine; Ye may let him drink seven, or eight dayes together in the morning a good draught of the decoction of *Politrichon* or maidenhair. The decoction of woodbinde, or the water of it distilled in a common still is a soveraign medicine for the said disease.

Another singu'ar Remedie.

Take cowes milk, and white wine of a pinte, and distill them in a still, keep the water a moneth, and then give it the patient.

three ounces in the morning two hours before
meat, and likewise after supper when he go-
eth to bed.

*A remedy for the Jaundise and strangury and dys-
sury and straitness of breath, and to break the
stone in the bladder.*

*Albanthes otherwise called Gallitricum in
English Maidenhair, or Maidenwee (the leaves
are like Coliander) sodden in pure water, or in
wine, and therewith make a Syrup with Sugar
and when ye see the it, put in the root
of Fennel, march the branches and leaves of
Sweet lime or Borwort and give it with wine,
and thou shalt see the marvellous cures in
these diseases.*

A perfect help of the black Jaundise.

The powder of shell snayles eaten, and
drunken killeth the black Jaundise pro certo.

For the yellow Jaundise.

Take one handful of Chickweed, and stamp
it and strain it into a draught of Ale and use
it three dayes fasting, and last. *Probat.*



The Spleen.

For diseases of the Spleen.

IN oppilations caused of a hot humour must give the patient four or five morning fasting Syrup of Endive water, and Heart-tongue, then a purgation made thus.

A purgation to avoid Melancholy.

Take an ounce of *Succo Rosarum*, and three ounces of the decoction of the roots of *Capparis* and Heart-tongue and make a drink, to which ye may minister in a good day to take purgations for Melancholy.

Drink Syrup of *Stachades* or Heart-tongue or oxymel diureticum with water of the decoction of Heart-tongue, *Ejithyme*, Snallage roots, parcelly roots, *Tamariscum* and minte or else only with the decoction of heart-tongue, and roots, of *Capers*. And then after purge from such Melancholy humours with an ounce of *Diacatholicon*, and two drams of *Diaena*. dissolved in three ounces of the said decoction or water of wormwood or Heart-tongue; And after this ye must anoint the side of the spleen with oil of Lilies, or of Dill, or anoint the said side with *Dialthea*.

An expert medicine for all diseases of the spleen.

Take the leaves and cods of *Sena*, the bark of an Ash tree, scraped and cut, Maidenhair Heart-tongue and Liquerice, see the them all in clear

clear whay, and after they be strained drink of it twice or thrice till he be amended.

For the spleen that is great and aking.

Take the barke of the clefts of the ash, and cleanse them, and bruise them well in a mortar and see the them well in white wine from a pottle to a quart, and of that liquor milk warme, drink at morning and at evening the quantity of seven spoonfulls and thou shalt be whole.

For diseases of the Spleen.

Ye must give Syrups and purgations, as is aforesaid, and to be let blood of the vein Splenica, and after divers times to apply Veneticoles upon the spleen without scarring. Afterward ye must lay on it a list wet in good vinegar, and keep it there so long as heat remaineth in the said list, and warm it three or four times, Afterward anoint the spleen with Diabasis and so continue four or five dayes, and other four or five dayes lay upon the plaster made of two ounces of gum Armoick dissolved in vinegar and spread upon Leather; And if by the aforesaid things the patient be not eased, the Doctors of Physick say that he must receive the Medicines again at the least once every moneth for half a year together.

An approved Medicine for the Spleen.

Eat Capers and drink after them the water of a smiths cole trough, *sanat pro certo.*

An approved Medicine to take away an ague though a Quartain.

Take of Bay-salt a spoonfull, of the blackest sope as much; pepper finely beaten, mingle those in the yelk of an new laid Egg, adding thereto of Aqua vitæ with some raisins of the sun stoned, with a spoonfull of red Sage chopped small, apply it plasterwise to the wrists before the fit.

For the Spleen.

Doctor Butler of Cambridge did use to prescribe ten raisins of the sun, torried or parched upon a clean Tyle stone by the fire, until they did swell and then to be eaten fasting.

A diet drink for the Liver and Spleen.

Take a handfull of red Dock roots, and make them clean, and a handfull of Tamarisk, boil them together in a quart of clear potters Ale, and drink it morning fasting, and after walk or use some other exercise for one hour or more.

Doctor Simons Medicine proved both for the Ague and Quartane.

Take Southernwood and mince it small, and put salter oil into a sawcer and put the herb to it and let it be an hour or two in it, then let them simmer a little upon the fire, then take it and

Remedies for the Spleen.

81

and anoint the wrists and soles of the feet and the nape of the neck and down between the shoulders, and this must be done before the fit comes, in three times doing they shall be whole.

For the Fever.

Take a pinte of stale ale of Malmesey and boil in it powder of Sage and powder of ginger, and drink it a little before the shaking.

For the Quartan proved by Doctor Simons.

Take a red dock root and slice it and lay it in Malmesey four and twenty houres and drink it every day tasting.

For the Ague.

Take a posset made of milk and clarified with a good deal of Camomil that the strength may be in the posset ale, and then let the sick drink of it.

An approved Medicine for the Ague.

Take three spoonfuls of *Aqua composita*, and six spoonfuls of Malmesey and put thereto a quantity of long pepper beaten and as much graines, dress it as you would dress a cup of ale with ginger and Nutmeg, and when the color is upon the sick, give him a good draught to drink.

For a fever quartan.

Take a handfull of Maydenhair, and choise Mirrhe one ounce, drink with water, and in the same water mix a little Triacle, and give to the patient with a fasting stomach, and so continue, and he shall be certainly cured.

For the Ague.

Take a handfull of Rue, a red onion: beat them small together with the glare of an Egg, and lay it to the wrist.

An approved medicine to take away an Ague.

Take of bay-salt a spoonful, of the blackest sope as much, pepper finely beaten, mingle these in the yelk of a new laid egge, adding thereto of *Aqua vite* with some raisins of the sun stoned, with a spoonfull of red sage chopped small; Apply it plasterwise two houres before the fit.

For a burning fever, a medicine approved true.

Take six spoonfulls of fair running water and put it into a fair glass or other vessel, and put thereto one spoonful of bay salt finely picked from filth, and let the salt melt in the said water, then put to it a pretty quantity of Saffron finely bearen, and let the patient drink thereof in the beginning of his heat, and it will lay the heat, and in short space drive away the fever, and the sooner if the

Remedies for the Spleen.

sick be made soluble or loose bellyed; and this approved to be true.

Another for a burning fever.

Take a handful of Cellendine, a handful of bay salt, an hard egge, and a raw egge, a roasted onion, and a raw onion stamped altogether, and make two plasters, and binde them to the soles of your feet, and with two plasters you shall have remedy.

A medicine to procure sleep in a fever.

Take of the seeds of white peppie two spoonfuls, of the white seeds of Letrice being the best one spoonful, make them into powder and drink it going to bed in a draught of clarified Mace ale warm, and it will cause quiet sleep; the ordinary use is two small spoonfuls to bedward. *Probat.*

For the fever in Angine, and for bloody matter.

Seeth partly in white milk, and put the hot milk to cold butter, and it will be a posset, you must use that posset ale first and last a week together, It cureth also such as have bloody water.

To make a breath to cool one in a fever.

Take fair water, and put thereto French barley, boyl until the water be red, then pour the red water from it, and put into barley the hot water, some Liquorice, some cooling herb,

as Violet leaves, and strawberry leaves, and put in some Lettice seeds, and let it boil until the barley be very soft, then strayn the barley from it, and let it cool, and when it's cold, put in some vinegar and sugar, and so drink it: you must put in your vinegar and Sugar as you drink it.

For an Ague of long continuance.

Take of Sena two ounces, of Polypody of the oak half an ounce, Bay-berries half an ounce, of Fenel seeds half an ounce, of Aniseeds half an ounce, of Liquerice half an ounce, one red Dock root the pith taken out, of scurvy grass one handful, and a half, bruis all this together in a mortar, then put them in a Linnen bag and hang them in a gallon of new ale three dayes, then drink thereof near a pint at eight in the morning fasting, and at four in the afternoon till all be out.

A remedy to cure the new Ague and to cleanse the stomach by vomit.

Take a dram of pure Tobacco and open the the Leaf, if it be in roul, and steep the leaves of the said dram all night in half a pinte of white wine, then strayn it and drink it next your heart, and last two hours after, and you shall have your stomach well purged and cleansed of Phlegm and choler. This will our English garden Tobacco do. *Probatum* also either steeped green but especially the dry Leaves of it, as witnesseth Mr, Parkinsons Herbal.

For an Ague if it be given before the first fit.

Take Dandelion, stamp and strayn it, and
our Triacle or Mithridate to the juice, and
drink it on your good dayes two or three
dayes as your good dayes do fall out, and it
will help, for it hath been proved many
times.

*An excellent plaster to put away the Ague fit, ei-
ther Quotidian or tertian.*

Take a good spoonful of Bay salt. as much
Frankincense bruised both so small as you can
and put to them the bignets of an egge of the
root of white Bricny, and half an handfull
of Smalledge, let the Bricny and Smalledge be
both poured together, and put with them
your bay salt and Frankincense, and lay it
to both your wrests of your arms a hand
breadth, so cold as may be, two hours before
the course of your fit. being spread a good
thickness on two fair clothes. Let it be unre-
moved twentie four hours, then renew it;
This helped a dozen at one time in my Lord
Harringtons house.

A plaster to put away the new Ague.

Take the middle bark of a walnut tree well
steeped in rose vinegar, then stamp it with a
spoonful of bay salt, and one spoonful of Oli-
banum, and lay it on a cloth, spread well and
thick to the left hand wrest lering it ly
there four and twenty hours. *Probatum.*

What

What to give one in the fever or Ague.

Give them one dram of *Tberiaca Andromachi* mix it with one ounce of Conserues of Red roses, and with dragon water, or water of *Cardam Benedictus* two ounces, with one ounce of Syrup of Limons, and take of this mixture one spoonful in your extremity at a time. Let blood, if need require, the sixth day of your sickness, in the Hepatica vein six or seven ounces.

For a tertian Ague, a soveraign drink proved.

Take vervine, and Mousecare, and Camomill one handful, boyl them in a quart of Ale to a pint, and strayn it into a pot, and when your cold fit is upon your, drink a good draught of it, and in two drinkings it will help. *Probatum.*

For an ague.

Juice of Wormwood and sugar, doth help the ague in short time.

A special medicine for the Ague:

Drink at the coming of the cold fit the distilled water of Germander and it helpeth surely.

To cure a fever.

Take spring water, and boyl it either in fil-

ver or other clean skillett, or in a pewter pot set in hot water, and let it onely boile and no more, and then cool it, And let the patient make it his drinke untill the fever be gone, and if the party have a choise palate, put in a little white sugarcandy to take away the taste of the water.

A diet drinke for the Scorbutum or scurvy, and to put away the malum habitum corporis. Probatum.

Take seven gallons of good middle ale wort and put it into a pan, with seven handfuls of Scurvy gras, or for want thereof take three handfuls of pepper, three handfuls of water Cresses, and three handfulls of Brooklime, boyl these, being fair washed and pulled in pieces, in the water until six gallons remain, then order it as you would order beer, and tunne it up in a barrel having ready a fine linnen bag, wherein put a stone or plum with three ounces of Sena and one ounce of fine Rubarbe cut in small lices, with the powder of grains, long pepper, anniseeds, fennel seeds, and Liquorice scraped and bruised flat, one half ounce of spicknard and galingal vera beaten small, one two ounces of the wood and rinde of pure saffras, half an ounce or one ounce, if the wood be not very good, cut in smal pieces, then sow them all in the bag, and fasten a long double strong thread to the bagge, and hang it so in the barrel near the tunning hole, see that it touch not the bottom by two inches, fasten the thread to the top of the barrel, then put barme to your said ale, and after purging, stop it up close, and after three dayes sitting, drinke continu-

continually of this drink, and no other so long as it lasteth, and eat to your breakfast and supper pottage made of water Cresses and brooklime made with veal or mutton, and eat what good meat you best like, see it be rabbit, Capon, Mutton, or Veal dry roasted, continue this diet twenty dayes or so long as your drink lasteth good, and this by Gods grace will recover your health and abate the swelling of the spleen, and cure perfectly the *scorbutum* or *Lassitudo* in man or woman.

The signs of this disease which comes of Melancholy, are certain speckles appearing on the hand the armes and legs, which will go away suddenly and come again, the teeth are as it were eaten with cankers about the gums, apt to bleed and inipstume, & they wax loose, a weariness of the whole body and werincks of the Leggs, with a swelling in them towards night, and the stomack decreaseth by little and little, and the patient, if he have not help in time, falleth into a drop sic or consumption.

A good drink to cleanse the blood.

Take water Cresses four handf ls, Brooklime two handf ls scurvy gras, half a peck, sena two ounces. Rubarb an ounce and a half, Liquerice an ounce, sweet fennel seeds two ounces, the middle bark of a barbery tree an ounce, new wort three gallons, Bruise all that is to be bruised, Cut the Rubarb in thin slices and cut the Herbs small, and put a'l together into a bag made of beutel Cloth, and let it hang in the drink five dayes before you give it

to the party, and then cause him to take it every morning fasting, and about the clock in the after noon. This drink is good against the scurvy, whosoever takes this drink spring and fall, needs no other Medicine.

A very good drink against the scurvy,

Take yellow Dock roots finely sliced, Horseradish roots bruised small, of each a pound and a half, Succory roots their piths taken out four ounces, Egrimony and fumitory of each four handfuls, water cresse six handfuls, Scurvy grass a peck, ginger bruised one ounce, Nutmegs one ounce and half, Anniseeds and Asafras roots of each one ounce, wash and pick and dry the herbs with a clothe, stamp them altogether in a stone Mortar, and wring out the juice, and put the Herbs after they are strayned with the rest of the simples into a bag made of bowtel clothe, and hang them in a Vessel of five gallons of new ale, and put in the iulce that was strained out of the Herbs, and let it stand four or five dayes, and then drink every morning fasting and every evening half a pinte at a time, and if the party please let him make new drink thereof some time in the day.

To make a laxative beer of scurvy grass taught by Mr. Doctor Butler unto the Lady Finch, which takes away the swelling of the legs and stomack, and makes to sleep well.

Take Fennel and Parsly roots, wash it, scrape it and slice it, and the piths taken out, alike
four

four ounces, green asparagus roots, whole four ounces, steep all this twenty four hours in a quart of White wine and mix them with half a pound of scurvy leaves, clean picked ware Cresses, brooklime, Egrimony each two drams, wrap all these leaves and roots in a cloath, and lay them in a pye of thick rye paste made without butter, and bake them two hours in an oven, after cut open the pye and let the Herbs and roots cool, bruise the roots and Herbs with the inside of the rye pye in a mortar, take *Sassaaparilla* sliced in the midst, cut short and bruised, *Polypodium*, *Sena Alex.* bruised a little three ounces, of *Rubarb* thin sliced one half ounce, of sweet fēnel & Carroway seeds of each one ounce, white fennel seeds bruised one half ounce, Liquerice scraped and thin sliced one ounce. mix all these ingredients together, and put them into a bag, run them up in two gallons and a half of beer, let them work together for the first day, and as they work, let one squeeze the juce out of the bag twice, and twice the second day, let the bag hang continually in the drink by a thread to the bung, then stop the vessel close: When it is dayes old, drink three quarters of a pint once two hours before dinner, and two hours before supper, use to eat the sprigs of Asparagus in a sallet often times or the roots boyled as aforesaid in white wine and water.

A Medicine for a surfet.

Take a handful of Wormwood, an handful of Sage, an handful of Centory, a handful of Mintes and see the them in a quart of Ale, or beer,

beer, and drink it blood warm in the morning fasting.



The Bowels.

Diseases of the Bowels.

THe Colick and *Iliaca passio* come oftentimes both from one cause, that is to say of the opilation of the bowels, and are diseases very eager and sharp, and almost importable of pain, whereof many times followeth defection of the strength with variety of medicines, yet ought incontinent to help them First when the said pains come by stopping of the belly, you must give him a mollificative Clyster made of the decoction of Mallowses, Violets, beets, anniseed and Fenugreek, with Cassia and common hony and oil olive, and afterward the Herbs of the said Clyster bruised. and fryed layed hot betwixt two linnen Clothes, and applyed to the belly, but if the pain cease you must give him a suppository long enough made of hony and Sal gem.

For the winde Colick.

If it come through windiness, and then the pain is changeable and moving from place to place, and is known also by the rumbling which is a noise in the bowels, with griping and great pain.

A suppository for the winde Colick.

Take a dram of Rue in fine powder, and half a dram of cummin dried and powdered, and with hony scummed make a suppository.

A plaster.

Take two handfuls of rue in fine powder, mirthe and Cummin powdered of each half a ounce; four yelks of Eggs and make two plasters with honey, and lay the one at night and the other in the morning upon the belly.

Water of Camomil or a decoction of the same drunken is good. Also a dried Acorn in powder and given to drink in white wine is very good.

To cure a rupture in the belly.

Take the root of male comphry ground into powder, one dram of *Polypodium* of the oak as much of the root thereof, of white dayles as much; And as much of the root of *Osmund* which groweth in brooks all beaten into fine powder, mingle them together, and give the same to the patient to drink the space of nine dayes every morning, together with four spoonfuls of *Malmesey*, all this while let the patient wear the iron hoop with the trusse and leave off the trusse until three weeks after he is perfectly whole.

For the Fundament coming out.

Take Aloes, Mirrhe ana. one ounce, terantur subtiliter and cribrentur, And anoint the Funda-

Fundament with the oil of Almonds, and lay of this powder there upon, and with a skarlet cloth hot put up the fundament: this used will helpe with Gods grace.

For a mans Fundament when it comes out a true Medicine.

Take red nettles and stamp them well, and put them into an earthen pot, and put to them a portion of wine and seethe it well and give it the patient to drink.

A special good Medicine proved to heal a rupture or broken man, Probat.

First purge him with easie purgations and let him keep good and straight diet till the matter be up within his body. Then take the juice of *Polypodie* of the oak, of daylies, compary, Avens and Betony, in the winter, take the juice of the root and all of each one handful, stamp them, and strain them without other Liquor: And put the same juice into a quart of stale Ale, and drink a quantitie thereof evening and morning blood warm for nine dayes, keeping good diet, and sure trusting; you may put Sugar candy to it if you will, *Probat.*

Against ruptures or burstings.

Take the Herb and root of *Cranesbill*. dry it, make it into very fine powder, and give one spoonful every morning fasting, & every night when he goeth to bed in red wine, or claret wine

wine, for xxi. dayes together. It cureth miraculously, but in aged persons to mix with it the powder of red sailes, those that are without shells dried in an oven, This medicine never faileth although the rupture be great and of continuance.

It likewise profiteth much those that are wounded in their bodies, The decoction of the herbs made with wine, prevaileth mightily in healing inward wounds; All this hath been well proved.

If ye know the pain of the belly cometh through winde, apply upon it a great ventose, without incision, for by that means the pain will surely go away or diminish: If not it sheweth that it is caused of some other humor as Phlegm or choler.

A purgation for Colick coming of Phlegm.

Take five drams of *Diaphanicon*, three ounces of Wormwood water, and make a drink, the which received fasting four or five hours before meat is very profitable.

For pain of the Colick coming of Choler:

If the said pain come of choler which is known by the application of hot things, the pain increaseth, ye must make a Clyster of violers, or give him half an ounce of *succo rosarum* with *Ptisane*, Endive water, or wine. And the next morning let him drink a *Ptisane* of the decoction of prunes and violet Flowers, and anoint the belly with oil of violers, or wet a linnen cloth in cold water, and lay it thereupon, and if the pain
come

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one of cold ye must anoint his belly with
of bayes and goose grease.

For the winde Colick.

It is good to drink the Syrup of Elecam-
pane, & to wear a plaister upon the belly made
of Wormwood and Aloes, *Pilula Co-*
dyli are very good for the said disease, especi-
ally when the Clyster doth not suffice to
cure the cause of the same. Also *Diamuscum*
& *Diacinnamum*, are very good Electuaries, if
you take one of them a Lozenge fasting 2. hours
before meat; Likewise it is good to take
the decoction with a little white wine, or with
the decoction of Camomile four or five hours
before dinner, if his belly be naturally lax, or
cured by some suppository or Clyster.



Of the Back and Reins, The Rem- edies of their distempers.

A purgation for Choler coming of Phlegm.

Take five drams of *Diaphanicon*, three ounces
of Wormwood water, and make a drink, the
which received fasting four or five hours afore
it is very profitable.

Scour, cleanse and cool the reins of the Back.

Take half a pound of brown Sugar candy,
and

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and one pint of Endive water, and another pint of red rose water, boil all these together from a quart to a pint, and until it come to thick Syrup, which then put into a fair glass and keep it to thy use.

This Syrup cleanseth the Reins and cooleth the heat thereof, It must be taken fasting chiefly and last towards bed, yet it may be used as occasion serveth.

For a pain in the back.

Take a quart of white wine, and a quart of running water, Then take of the root of Rosemary as much as both the hands can cleave, seethe them till half be consumed, then take Sugar grains, as ye think good, and drink first and last.

For ache in the back.

Take a good onion or two and roast them in the Embers, then stamp them and strain out the juice, and mix it with as much Malmsey as juice, and drink thereof blood warm first and last, *Probat.*

Another.

Take *Egimony*, and Mugwort both leaves and roots, and stamp them small, then mingle them with good Bees suet, then smear and anoint the place therewith very warm, and afterwards binde it up.

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A good ointment for the back and restorative for the same.

Take the mōsel of a Hart or Stagge, and make powder of it, and boil it in white wine with *Bursa Pastoris*, knot grasse, plantain and Comphry, and when its well boiled, strain it and let it cool, and it will be a Jelly, And if you will eat of it, put to it Sugar, Cinnamon and Saffron, for its a great restorative so eaten, also with the Jelly aforesaid, anoint a weak back on either side the back bone, and chafe it well in, but do not anoint the back bone with the hand, use it thrice a week to bedward till you be well, *Probat.*

For the weakness of the small of the back.

Take one handful of Baulme, one handful of Clarie, wash them not, they must be gathered in the heat of the day, dry them in an oven and make them into power, the powder will be green, if it be done right, then lay a new layed egg into the fire, Let it be not half roasted, then put into it as much of the powder as will lie upon the point of a broad knife, and so eat it.

A powder to knit and restore nature well proved.

Take the roots of Tormentil, the best of them are red when they are broken, take of the powder of these roots two parts and the third part of fine *Galingale* in powder, and of the powder of red mintes as much as of the *Galingale*, and
F mingle

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mingle them, and use of this powder in your broths, and meats, and Sawces.

Pro Gonorrhœa.

75 Take Aqu. Calendulæ extractæ ex folijs florum, et bibe singulis diebus Cochlearia tria & sanna erades.

To restore a man that wasteth, and for soreness of the reins.

Take sperma cati and powder of mints and use to drink this with a spoonful of red rose water and make it luke warm, the sperma cati will relent anon, for this is a soveraign Medicine.

For heat in the back.

Take the white of an Egg, a little red rose water, and a little Nutmeg, beat it well together and drink it mornings. Its an admirable thing to cool it.

For feeble reins.

Take Barre roots and stamp them, and boil them in stale Ale, and drink th. root at evening hot, and at morning cold.

To preserve nature from wasting.

Take acorns and steep them three dayes in wine vin. ger, and dry them, and let him drink the powder; the cup is as good, if not better then

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then the Acorn its self, so they may be both together.

For the running of the reins.

Take an handful of Cumphry, a handful of Clary, and so much of *Moufear*, boil them in a quart of red wine, with powder of Cinnamon, Saunders and Sugar, and drink a good draught of this fasting.

For the running of the Reins.

Take white wine, rosewater, Plantain water of each alike much in Quantitie one quarter of a pint, two Nutmegs grated, two penny worth of Cinnamon pounded, and as much of *Bolearmany* as a Nut beaten small, the white of an Egg beaten to oil and put together, and for three daves use it not, but every day shake it together in a glass, and then take in morning and evening, provided that you use a Syring now and then, either with white wine or else rose water, together or several, and this is a special remedy for the running of the reins often times proved.

To knit a broken Vein.

One Master Atkinson having a broken vein in his back could not be cured by any Doctor, he home to die; having a continued issue of blood. The Person of the parish advised him to take a spoonful of the juice of Plantain every day, which he did three or four times and

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was cured and is well, and verifies this in July, 1652.

For the help of the disease called the French pox.

Take two peny worth of white wine and one peny worth of honey, one peny worth of Ro. ballame, these three sorts to be boiled together, and the same to be placed where the grief doth lie or most offend.

A Diet drink to cure Lues venerea or any desperate disease in mans bodie.

Take seven gallons of spring water in a linnen pot, and put into it *Sarjaparilla* sliced and bruised three ounces, set it on the fire and let it infuse or boil very gently two hours, then put into it four ounces of chosen *S. leaves* and cods, and half an ounce of *Hartshorn* beaten to powder and half an ounce of *Stichades*, and as much of *Epithymum*, of chosen *Liquorice* scraped, sliced and bruised three ounces, of *Canonile flowers* one ounce, then into a pot and let them boil all together one hour or more, then take it from the fire and strain it into an earthen pot, and let it stand till it be cold then pure it and put it into bottles and drink thereof morning and evening, a reasonable good draught.

Ad morbum Gallibidropicum & cetera.

Accipe vini albi pounds 96 alias gallons
Sarjaparilla lib. 5. *g. yorybiz* lib. 2. *Seal*
leucanthus lib. 2. *Cornici guizet* lib. 2. *Colony*

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one ounce, coque in balneo Maria per 24. horas,
non evaporet, & exprime, Colatura ad Mithri-
datum optimum, one ounce, per duos dies, libat
quantum potest & nihil comedat per quatuor
dies, postea comedat semel in die & postea comedat
bis in die. Perficetur cura in duodecem diebus.

Pain of the reins is called Nephretica passio.

And cometh of some stone. or gravel, and
is most like unto the Colick in cure, but in
cures they be clean contrary, for the Colick
beginneth of the lower parts on the right side
and goeth up to the higher parts on the left
side of the belly, and it lieth rather more for-
ward then backward, but *Nephretica Passio* be-
ginneth contrariwise above descending down-
ward, and ever lieth more toward the back;
Also *Nephretica* is painfuller afore meat, and
the Colick is more grievous after. And often
the Colick chaunceth suddenly, but *Nephretica*
contrary, for commonly it cometh by little and
little, and evermore before one shall feel pain
of the back with difficultie of urine, from there
is more difference, for the Colick sheweth dry-
ness as it were coloured, but *Nephretica* is
clear and white like water, afterward waxeth
thick and then appeareth in the bottom of
the vessel, like red sand or gravel.

Remedy for pain of the reins.

You must use things aperitive to cause you
to make water, but afore ye ought to loose
the belly in taking an ounce of *Cassia*, an hour
before meat: but if your belly be hard or bound
you must take a Clyster before you take the

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said Cassia. In stead thereof you may take Cowes milk, with two yelks of Eggs in manner of a Clyster, the Clyster must be great in quantitie.

Drink water of Pellitory, of Cressles or of roots aperitive, the which waters are good to purge the gravel and stone.

Likewise a very good Electuary, for the time *Philantropos*, or *Lithontripon*, if one take a dram or two after operation of a Clyster of Cassia, or a pill of *ante Cibum* and after to drink one of the said waters or else a little white wine warmed.

If ye will make a Julep, take water of mintes and of Bawm of each half a pound, Sugar a quatern and make a Julep of the which one may drink evening and morning after meat a dra ght. Every morning is good to take a Lozenge of the Elect. that followeth.

Anob's Electuary for the fluxe.

Take powder of *Diagalunga* a dram and a half, of red corall and Masticke, of each a scruple, Trochiskes of *Terra sigillata* half a dram the barks of Citrons confite and quintes, of each one three drames, sugar dissolved in water of Mintes four ounces, make an Electuary.

Oyls of Wormewood, Mint and of Nard and Masticke are very holsum to anoynt with all the belly and the stomack for the said flux, And the things declared of the flux Lienteria be very good in this case taking ever after meat a morsel of Marmalade. Red wine is very good

Remedies for the back and Reins. 103

good in this flux to drink at meat with the water of a smith, and likewise all spices are good in this case.

Medicines to restrain the flux of what cause sever it be.

Take the Peisel of an hart and dry it into powder, and drink it, the water of Oakbuds, or the very acorns dried and made in powder, and drunk in red wine, is very good.

Remedie for the flux humoral, called Diarrhea.

The said flux ought not to be restrained afore the fourteenth day, if nature be not very much infebled, And sometime it cometh of hot causes, as of coler, and then the patient must drink before his meat Syrup of Ribes, Syrup of roses or Syrup of Quinces, and very thinnes water.

After ye have purged the principal matter of the disease the second Intention shall be by and by to stop the said Issue.

To stop the said flux.

Take trochiskes of white Amber and make them in powder, and give a dram every morning, and anon after drink an ounce or two of plantain water.

Instead of those Trochiskes he may make a powder of *Sanguis draconis*, Bole armony, white amber, and red coral, drinking one dram with plantain water, as is aforesaid.

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Another Medicine to stanch the said flux.

Take two ounces of old conserve of Roses, of the seed of plantain two dram, *Sanguis draconis*, Eole armony, of every one a dram and a half, white Corial and red one dram, make a confecti^on with Syrup of Mirtles and give it to drink morning and evening two houres afore meat at every time the quantity of a mean chesnut.

An Irish Medicine to stay any flux.

Take a handful of Sage, chop it small and put thereto the yelks of eggs, and fry them with as little butter as may be, and eat them as hot as you can, and drink not of 4 hours, and in four dayes after it helpeth.

For the bloody flux.

Take powder of Comphry, and make test^s of wheat bread, and put them in red wine, and powder of Cinnamon therewith, and also eat it alone.

To cure the bloody flux.

Take of Rubarb grated one ounce, hartshorn burnt and made into powder half a dram, mix them with Conserves of red Roses, of the last year and make thereof two or three boles, and let him take it at once, this scoureth away the cause of the flux and binderh him presently after.

To cure any dangerous flux which is of force to bring a man in danger of a consumption.

Take fine wheat flour boulded finely, and tye it in a linnen cloath of the bigness of two eggs, and boyl it in a pottle of running water, with a handful of mother of time, when it is half boyled away, then take up the flour which will be hard, and in looking upon the flour you must take of a skim which will be on it, then take some of the said flour and thicken a quantity of new milk, boyled as a thin flour meat, and drink it as ye see cause until you have recovered strength. This will recover a man of the bloody flux, even when he is thought past help, and also to rost an egge stone hard, and slit it and lay it hot to the fundament, stayeth any monstrous flux, and to wear napkins hot, and to keep them as hot as one can well endure to the navel and fundament, shifting them as they grow cold, is excellent in this case.

For the bloody flux.

Womans milk drunk nine dayes together fasting, cureth the bloody flux in any.

Another for the same.

Note that the powder of Misselden of the oak given in red wine, helpeth that Flux, *Præparatum.*

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A sure experiment to cure the bloody flux, when a man avoideth as it were black gobbets of flesh.

Take Cumphry, Knorgrass, Sheppards purie, Cinqufoil, Plantain, Ribwort, strawberry leaves, one handfull, the middle rinde of a black thorn, & of cinamon one half ounce broken in small pieces, boyl all these in a pot of spring water, with a wheat bread crust unto a quart, and clarifie it, and put nine Spoonfulls of wine vinegar unto it with sugar, and make a Iulep, drink thereof morning and evening, not drinking after of two hours. *Probatum.*



The Bladder, Remedies for its Distempers.

A medicine for the stone.

Take grommel seed, parsley seed, red nettle Seed and savisrage all these made in powder by even portions, or else take the Juice of all these Herbes, and of Lettuce and endive of all juices alike much and strain it through a Cloath and set it in a vessel on the fire, And take halfe so much of honey, as of the Juices and cast them all together and seeth them till they be thick, and keep it safe as Treasure, for this is a gracious Electuary for the stone,

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Of the cure of the stone in the Reines and bladder.

To break the stone, Take the kernells that are within floes and drie them on a tilestone, then make of them a powder by it selfe, After that take the roots of Alilander, parslly, parietary and Hollihocke, of every one alike much and seethe them all in white wine or in the broth of Chickens, then strain them out into a clean vessel, and when ye drink of it adde as much of the said powder, as ye think convenient, half a silver spoonful or more, for without doubt it hath great effect in bringing out the gravel.

Another expert medicine.

There groweth in the galls of some open a certain yellow stone, sometimes, in bignes of a Walnut somewhat long and brittle, if ye take that stone and make of it a powder, and eat it in your pottage, the weight of one scruple, or more according to your strength, It is a singular Medicine for them that cannot piss for stopping of the conduites;

Another singu'ar Medicine.

Take the seed of Smalledge, parslly, Lovage, and Saxifrage,, the roots of Philipendula, cherry stones, gromel seed and broom seed, of every one alike much, make them in fine powder, and when ye be diseased of the stone, eat of this powder a spoonful at once in pottage or broth of Chickins, and
can

eat nothing after in two or three hours.

A goodly Syrup to mundifie the reins.

Take the broth of a young chicken sodden till the bones fall assunder three pound, Melon seed a little bruised an ounce, parcell roots and Alisander roots three ounces, Damask prunes, Sebesten of each six in number, great raisins half an ounce, clean Liquerice 10 drams, water of Borage, endive and hops of each three drams, and with sufficient white sugar boyl them all unto the consumption of half and more and afterward strain them and make a goodly syrup.

This is a thing of excellent operation and an high secret in mundifying the reins, and keep right diet, the dose of it is one Cyath or a little cupfull in the morning early and sleep after it a little, if yee would have the foresaid Syrup to purge more choler then put in a dram of fine Rubarb with a liter cassia.

A powder for the stone and Colick or either of them.

Imprimis Carawayseeds two ounces.

Gromel seeds two ounces.

Aniseeds two ounces.

Rubarb two ounces.

Liquerice foar ounces.

Parst. seeds two ounces.

Fennel seeds two ounces,

dryed in an oven,

Elecampana roots dryed as the Rubarb, else neither of them will beat to powder, bruise all these very small and Put to them as much sugar

sugar as the quantity of them all and scarce them through a sieve, then every morning take an heaped spoonful and put in your broth or what you like best.

If you cannot away with the Gromel, put the more into of the other seeds, for that doth more prevail either against the stone or Colick. This receipt hath often been proved to be good either for the stone or Colick.

Another for the stone and to break it.

Take ripe elder berries and distil them, and drink the water with sugar and it shall break and come out in one night. *Probatum.* Some four ounces of the water will serve at a time.

For the stone which letteth a man to make water.

Take Southernwood stamp it small and temper it with small Ale and use to drink it every morning fasting and it shall break the stone. When you have used this drink eight or nine times together, then put a little Galbanum into the end of your yard and that will draw out the stone.

*Anoyntment for the back if the stone come painful.
ly from you.*

Take red dock roots and May butter and beat them together in a mortar very well and fry a little in a fryingpan and then strayn them and anoynt the back.

110. *Remedies for the Bladder.*

A Pultis to cause the stone to slip when its broken.

Make a Pultis of oatmeal, and white wine vinegar, and after its made put to it a convenient quantity of *Aqua composita*, and apply it to the place where you feel the stone to lie, and it will cause the stone to slip forward or downward.

A medicine to avoid the stone in the bladder.

Take a pinte of white wine, and put it in a pan and boil it, and put thereto as much powder of Nutmegs, and drink it with Ale evening and morning, and you shall be whole, *Probat.*

For the stone.

Take *Coliander* seed, Parsley seed, *Broom* seed, *Alexander* seed, the seed of Asnen keyes, Hasel nut keyes, red bramble berries, Ivy berries, of each of them alike quantitie, and dry them, & beat them to fine powder altogether and searce them fine, Let the partie make a posset of white wine as clear as may be, and put in as much of this powder as will go into an hasel nuthel and take it three or four mornings together fasting, and if you please you may see the your powder in your posset drink and so take it, *probat.*

Also the Syrup of Althea commonly called the Syrup of Mallowes, and put in posset drink, and drink it and it will cause water presently, *Probat.*

Remedies for the Bladder. **III**

*A Sovereign Medicine for them that cannot pisse,
well proved by the Lady of Northumberland.*

Take *Alexander* seeds and Parsly seed of each alike much, and beat them together in a Mortar, and see the it in *Malmesey*, and see the withall unset time, and parsly Leaves and see the it from a pottle to a quart, and strain it, drink it warm.

To make one make water presently.

Take the inner skin, or pill of the Gizer of a Dove, dry it to powder, and give it to drink with white wine, I think the skin of one Gizer is scarce enough.

To procure a man to pisse well.

Take the kernels of Ash keyes dried and made into fine powder, and drink a scruple of the powder fasting in seven spoonfuls of white wine warm.

To procure urine that is stopped.

Take Borrage roots mundified and sliced, and boil them in clarified posset Ale, made with Ale and white wine, and drink a good draught thereof with a little Sugar at any time in your infirmity. *Probat.*

A special receipt to help sharpness of urine.

Make Posset drink of a pint of milk, and a pint of Ale, then take three roots of Housleek, and

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and pick the leaves, stamp and strain them and put the juice into the posset drink, Let it boil a walm or two, then drink it warm at any time of the day morning and evening, but not at meales, and as oft as you think good.

An Injection for burning of urine.

Take of fountain water four pound. *Passul. exacinat.* five ounces, *foliorum Plantaginis* five handfull, *foliorum fragariae*, *Poligoni*, *rosarum* one pugil, *quatuor seminum frigid. majorum mundatorum* one ounce, *Aluminis* three ounces, boil them and add two pound of the decoction *Mellis rosati colati*, six ounces, I doubt the Allume is of the most for smarting, which if it be, somewhat lesse may be put in next the *Mel rosarum*. I think the lesse to be with the most, but that is a good wholesome, cleansing, healing and mitigating thing, so that there can be no hurt with it, but the waste of it.

A powder for the heat of urine.

Take *Seminis Portulacæ* one ounce, *Endivia Seminis*, *Lactuca*, *Scariola*, *acetosa*, one half dram, *Seminum communium frigidior. majorum* one ounce, *Papaveris albi*, half one ounce, *Sacchari ad duplum*, fiat *trajea*; And a little before dinner and supper eat a spoonful of this powder for this purpose, but if the patient have a shaking ague withall then the coldness of the powder is apt to draw on the fit, and to make his fits come often as hath been proved.

For them which make very foul or red water.

Take the juice of Ribwort, and drink it warm with Ale once or twice a day, also for a man that pisseth blood seethe garlick in water till two parts be wasted, and let him drink that water and he shall be whole.

To provoke urine and asswage the belly.

Dry Pellitory into powder, and drink a spoonful of the powder in white wine first and last, and it shall asswage you, you may take it sometimes, as now and then half a spoonful with a Messle of pottage or broth,

A receipt for the stone.

Drink the distilled water of bean flowers at all times when you feel heat in your back, which will bring away all gravell and loose stones, its not good to use it too often, lest it should break the stones too fast.

Good Medicine for one that cannot pisse by reason of the stone.

Take Snayls that carry shells, a good handfull lay them in the fire, and they will creep out of their shells, then take the shells and beat them to powder and let the party drink the powder in some posset ale, or such like drink.

For

For the stone.

Take white Saxifrage roots, Parsly, Pierstone, the Kernels of Ashen keyes, of each an handful, of *Ringus* roots two handfull, bruise them well in a Mortar, and then boil them with five gallons of Ale or beerwort so long as wort is usually boiled, then put all into a vessel, and when it shall be stale enough drink every morning next your heart half an ale pint. This being very often or every day taken, you shall never be troubled with the stone, though you had been much troubled with it before.

A receipt for the stone used by Sir Trever Williams.

Take the quantity of a Walnut of the best Leaven and half so much of bay salt, put them together in a pint of milk and stir them with a spoon until they dissolve; Then let them stand covered all night, then strain it, and drink it in the morning, fast one hour after and for that space keep your self walking.

To prevent the stone.

Take a peny pot worth of white wine, and put into it the quantity of a small nut of the finest castle sope scraped very small, and then warm it a little by the fire, and then drink it, and walk after it one hour, take this two dayes in a week, or in a moneth as you finde your self by your water.

To make a water for the stone.

In the Moneth of May, or in the beginning of June, when oxen go to grasse, you shall take of their dung not too fresh, nor too dry, which you shall distill fair and softly, that it may not smell of the smoke, into some vessel of glasse. Then take two or three Radish roots cut into small pieces, and put the radishes so cut into a vial and fill it with greek or good white wine, or good strong *Malmesey*, letting it stand in the sun close stoppt all one day, and one night; And then take one part of that wine, and two parts of the water of ox dung, half a pint of Strawberry water, three or four drops of Lymons juice or Citrons juice, and let there be of all half a glasseful or somewhat more, into the which you shall put a piece of Sugar to taste it withall, which Medicine must be given in the morning and the patient must walk after it, you must also incorporate in this water this powder following, or else this Medicine is of small effect.

The powder for the stone:

Take the seeds of blew violets or march violets, and the seeds of common Burrs with their little seed and all, or ripe burrs, put them to dry in an oven, for else it will be hard to stamp them to powder, then stamp them with their seed, thus done take a quick hare and strangle her that no drop of blood be lost, with a strong cord, put him so whole or in pieces into an earthen pot close stopped, the feet, head, gurs

guts, skin and all, and so let the pot in a oven that the Hare may be burned to powder, and then stamp your Hare with your other two powders of Burre and violets, and dry oaken leaves well beaten to powder four ounces, of dry Saxifrage or of Sampier one pound beaten to powder, bay berries five ounces. Let all these things be well beaten to powder, sifted and well mingled together. Give unto the patient so much as will lie upon a groat, making him to drink it to his breakfast in the morning fasting, in white wine. And let him do this oft-times, Its the most exquisite thing in the world: And although both new as well as old Physicians have very well travelled for this disease of the stone and Strangury, yet this is the best and soveraignest thing that can be given to a Christian man. Both the water going before, and this powder must be applyed as one medicine, so it seemeth that this powder may be taken either in white wine, or in the aforesaid water, or in white wine mingled with the said water, or in the said water without any white wine, which is thought to be the best, the said water being accounted so precious for this purpose, and of purpose distilled for this use as appeareth in the end of the receipt of the said water.

Note Mr. *Louth* saith, that the very blood of the Hare dried to powder & drunk with white wine is excellent for the stone, and in red wine for womens diseases for the superfluity of the flowers, *Probat.*

For the stone in the back, bladder, Kidnies and stomack.

Take the roots of *Philipendula*, thats to say the round knots thereof, gather them after Lanna and grate them and take it in Ale, or white wine.

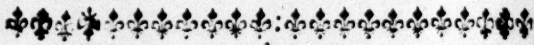
The cold diureticks are the best for the stone, when diureticks are to be used for it or for any other obstructions of the Kidnies which are the four cold seeds, the greater, *Semen Alkakengi*, *radix graminis* & *acetosa*. And therefore is cited *Valesius* who saith that nothing is more excellent for the stone then *Vinum Alkakengi* or the distilled water thereof, and to use the wine in winter, and the water in summer, the branches and fruit of *Alkakengi* being in equal portions mixed and then bruised and then put into the wine, which must be used when the effect cometh from a cold cause, And the reason is that the hot diureticks, which are wont to be used against the stone do increase the hot distemperature engendring the stone; And therefore what good the said hot diureticks do one day, they do hurt another. And the cold diureticks are not onely good for the present evil but do also resist the efficient cause and do stay the generation of the said stone.

Thus much out of *Valesius* as aforesaid,

Whereby I gather that in a hot cause the water of the said *Alkakengi* is best and fittest and to use the wine and ale, for he prescribeth the wine when the effect proceedeth from a cold cause, and also the wine in winter, and the water in summer, which observe, whether the stone may proceed of a cold cause, obstructi

ons of flyme may, therefore for the stone the water is likely to do best, the wine in winter may be good as he saith, and for some the wine may be good or better, if cold flime without biting heat, but it seemeth the coldness which he commendeth in the coldness of the diuerticks; and if the effect do proceed from a cold, then the wine may do well or best with it.

Also Mr. Cogan in his chapter of the preservation of one of the stone in the kidneys, and bladder, saith that the water of glamen or Couchgrass with a little pure thin wine is a singular Medicine for that purpose, also he saith that wine of Alkakengi is a good preservative, or the fruit condited with sugar. Thus much for the stone.



The Womb, its remedies.

For the flux of the womb.

In all fluxes of the belly, cause the excrements to be duly searched, for if the disease be such, that the meat cometh forth, as it was received, or not half digested, the said Flux is called *Lienteria*, if great abundance of watery humours have their issue below, the said Flux is named *Diarrhea*, which is as much to say as Flux humoral, and if blood or matter appear with the excrements in the sickness, then they call it *dysenteria*, which is a great disease and dangerous for to cure.

Take the rindes of Mirabolane cirtin baken
one

one dram, Rubarb a little dried, half a dram,
Syrup of quinces one ounce, water of plantain
three ounces, mingle altogether & let the pati-
ent drink them. four hours before meat, and
then give him a Clyster Retentive made thus,
Take oyl of roses or quinces, of mastick of each
three ounces, Sole armoniack in powder 2
drams, meddle altogether & give it as a Clyst-
er, here is to be noted that the Clyster that
is given to stop a Flux must be very little in
quantity.

Ye may heal the Flux dysenteria as the flux
hemorral, and take afore your repast two drams
of conserves of quinces, and he ought to drink
water wherein hath been quenched gads of
steel, ye must avoyd diversitie of meats.

A purgation for the flux humora'.

Take two drams of Mirabolanes dried on
ale, half a scruple of Agarick in trochisk, half
ounce of Syrup, of Mintes, or two ounces of
water of bawm, and make a potion to be re-
ceived three or four hours afore meat.

For the suffocation of the matrice.

The matrice in a woman oftentimes mounteth
towards the midriffe and the stomack with in-
tolerable pain, & is called suffocation, because
it is choaked, overcharged with some evil
superfluous matter, as by stopping of due
purgations or too much abstinence of Venus,
whereby often chanceth shortness of breath,
heaviness of the head, swooning, trembling of the
extremities, contraction of members, and otherwhiles
without remedy.

A drink for pain of the mother.

Take one dram of Mithridate and dissolve in an ounce and a half of water of wormwood and give it her to drink afore she go to me four hours.

Another to provoke the flux of the Matrice.

Seethe Marigolds, nept and savine in good ale and drink it with a good quantity of Saffron and a little honey and sugar. Item fifteen black seeds of Piony drunken in wine with saffron purgeth the Matrice of humors, and other fifteen of the red seeds stancheth it again or another Flux of the mother. These Herbs are good to purge the Matrice, Rue, Piony, Savin, Betony, nept, Valerian, Maydenhair, Hound, Savary, Parsley, Gromel, Alisander, Marigolds, Smailedge and Time.



The Terms or flowers, their Remedies.

For suppression or retaining of the flowers or Menstruus.

If the blood be too gross and thick you may every month give her the syrup of fumitory with the decoction of borage and bugloss and

Remedies for the Terms or flowers. 121

her bath her self with fresh water hot. And when she goeth out of the bath into the bed she must receive the aforesaid Syrup and decoction of the Herb called *Rubea tinctorum* oradder. f. dden in clear water. Instead of Sy-
ps ye may take the very juice or decoction of the Herbs.

And if the womans blood be slimie, cold, and Phlegmatick, then she must drink Syrup of Echados and of oxymel diuretick and afterwards take the pills called *Fatida* and of *Aque* urick, and every morning after she must take a dram of *Trochiskes* of *Mirre* with two ounces of the decoction of *Juniper* berries and thereupon drink two ounces of water of *gwort*.

Moreover it is a proved & expert Medicine, to give the first day of the new Moon a dram of powder made of Borax, which the *Alchemists* do occupie, with as much Cinnamon and a little water of smallage.

It is good to help and provoke the said purification by such things as open, which must be taken at such time of the Moon as the said women were wont to have the same.

For the overflowing of the menstruous and for the remaining of the same.

To provoke the termes a most expert medicine, and secret. A certain herb called *Hyssopus*, not that with coes and stones in the throat, but that which hath a root like the hand of a man with fingers, and the root of one part drieth and groweth in the end of the year, the other a green root; Take three
G leaves

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leaves, otherwise one or two, otherwise three green roots of that Herb dayly and give it for nine dayes in broth, or roasted or fryed without broth as you will and it shall effe, and give of the dry roots in the same and they shall cease, &c.

A most approved Experiment to provoke the Menstruall.

Take of *tryphera magna* the quantity of a great Nut, and put to it the *Salgem* the quantity of a filbird nut, let them be mixed and tempered with white wine, or eat it with Rue.

For the droppe and to provoke the flowers and urine.

Cantharides (the head and other things taken away,) burnt and brought to a powder the dose is a dram with white Wine in the evening, *Probatum est.*

Item, a gum called *Serapine*, mixed with the juice of *Savine* or *Centory*, and it causeth a deede childe to issue forth.

To bring down womens termes.

Bruise the roots of *Celendine* and wear them in your socks, next to your bare feet, and they will cause them to break and come down within four dayes or lesse in plentiful manner which then presently take away.

A medicine for the green sickness and to cause flowers.

Take *Nep*, unset *Hyssop*, *Lavender* *Cortice* *Angeli*

Remedies for the Terms or flowers. 123

angelica leaves, mother of time, French Mal-
wies, Germander, Fetherfew, of each a good
manful, boil them in two gallons of spring
water to one gallon, then strain it, then put to
two good sticks of Liquerice scraped and
pressed flat, and one pint of pure clarified
honey, then boil it again four or five walmes
and drink thereof fasting and one hour before
supper, and use exercise.

*A medicine to stop over much abundance of
Flowers.*

Take Shepherds purse, knotgrass, and red
changel, a little quantity, pound them a-
part and not all together, then take the juice
of each of them, and put one spoonful of
the juice of every one of them into six spoon-
fuls of stale Ale, for Ale is better then Beer
in this case, and drink it of, and use this drink
morning and evening.

To make this Electuary, take red Coral in
fine powder two ounces & a half, white Coral
fine powder two ounces, *Sanguis Draconis*
fine powder three ounces, put to it two
ounces of conserve of red roses and mingle
them well together; of this Electuary, first take
a quantity of three beanes morning and
going to bedward, and within one quarter of
an hour after take of the drink aforesaid cold,
warm will hinder the force of it, this is a
valuable Electuary and drink in that case.

For the red Flux in women.

Take a dram of *Persicum Philonium* in a suf-
ficient

124 Remedies for the Terms or flowers.

sufficient quantity of plantain water to carry down as a *Vehiculum*, which is the Physicians word to carry things down, drink this fasting and anoint the Navel and the belly about the Navel and all the back over with *Unguentum Cemitissæ*, & make two plasters the one for the belly about the Navel, and the other, for the other for the whole back parts and apply them thereto and wear them nights and dayes for a good while, you must take the *Phyonic Persicum* divers dayes together in manner afore said for four or five dayes together and stay to see what good you finde, if you have not found it stay before, and if it be not stopped, then you must take it again and use the ointment and plaster still until it stop and if this will not help it and stop it, nothing will do it, as one Master Berrington confidently assure out of his own practise.

For the whites proved.

Take a pint of spring water and stone them in half a pound of prunes and put there with them two spoonfuls of sugar, and in the mornings together drink three or four spoonfuls of the water, and fast an hour after.

For rising of the Mether.

Take some knops of Amber otherwise called *Succinam*, and cast them upon a chafing dish of coale until they make a great smoke and then hold your mouth open over the chafing dish and receive the fume as much as you can, and cast a good linnen cloth ab

Remedies for the Terms or flowers. 125

your head and face to keep in the fume that
as little go by as may be.

*A special medicine for the mother or winde or
spleen which riseth about the heart.*

Take Fenugreek, Liquerice, Fennel seeds,
Anniseeds, Alsander seeds, coriander seeds pre-
pared, Paroily seed one ounce, and beat them
together; then take Cinnamon half an ounce
and saffron one scruple and beat them to pow-
der altogether, and temper with clarified hony
or sugar making thereof an Electuary and eat
of it morning and evening. *Probat.*

A medicine for the whites and weakness of nature.

Take the whites of four Eggs dried and
made into powder, two Nutmegs, the weight
of six pence in Cinnamon, the weight of two
pence in Mace, the weight of ten pence in
red Saunders, make all these into fine powder
and take of this powder as much as will lie on
six pence in a rear egg or with Muscadine or
rice ale, and sometimes broath every morn-
ing for a moneths space together; for your diet
bear milk, butter, roots, and Herbs, claret
and white wine, and especially pigeons flesh.

To cure the Mother.

Take Gr. ii. of Musk in conserve of Gilliflowers
and it must be taken inward, It will melt in
your mouth.

126 Remedies for the Terms or flowers.

A good Medicine for one that feareth to miscare with childe.

Take yarrow and stamp it and strain the juice and three spoonfuls of new milk waine from the cow, mingle them together and sweeten with sugar.

To make a caudle to strengthen one that is with childe and is weak.

Make a caudle with whites of Eggs and yolks, and boil in it a stick of Cinnamon, white rose leaves, and white Archangel flowers, and hartshorn; boil all these together and so drink it.

To make a woman have a quick delivery and small pain.

Take leaves of Betony, stamp them and strain them, or else make powder of them and give the woman to drink in a little water.

To cleanse the matrix after the Childbirth.

Take a quart of Claret Wine and burn it and set it on the fire again, and as it boileth put into it 2. or 3. spoonful of Embers, then strain it from the ashes this do two or three times then powder it with powder of Sugar and such Syrups as are fit for the womans body, if she be hot and costive, Syrup of Violets, but if she be Laxative not that but Syrup of cowslips, is good to give her in broth oyl of sweet Almonds.

To drive away the after pain of a woman.

Take mother time, picked clean from the stalks and shred small, the quantity of a Spoonful, and put to it asmuch salt as the quantity of a hassell Nut, and put it in a draught of broth or caudle and give it the Woman to drink immediately after shee's delivered, the sooner the better, the Herbs must be raw.

A medicine to fetch away a dead childs after birth.

Take a handfull or two of Mugwort stamp or chopt which you please, then take a quantity of barley meal and mingle it with a little fair water set over the fire, and boil till it be thick to spread on a cloth, then put into it some barrowes grease asmuch as an Egg, and so spread it on a cloth and lay it beneath the Navel of the woman and not above in any wise, and as soon as it hath brought away anything, take it away, for it maketh that way as long as its on, and will bring away that which should not bring, if it lie on after thats gone which you would have away.

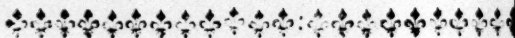
A present remedy for a woman that travaileth with childe.

Take Hyssop, Vervine and Ectony of each one handfull, stamp them well and temper them with stale Ale, then straine it, and wring out the juice and give a good draught thereof to her to drink, and she shall be delivered with

peed. and the childe saved and she both, for
it proved.

To deliver a woman of a dead childe.

Take Camomil and give it in clear pisse
drink, is good to ease the pain, colick or griping
pain of the body, stamp it and strain it in
to white Wine, and give it a woman that hath
a dead childe within her and it will cause her
presently to be delivered.



The Gout.

Remedies for the Gout.

THe pain in the joynts of a mans body
as in the hands and feet is generally called
Anthraxis or gout, which proceedeth some
time of debility of the sinewes being lase
and unable to consume the humours that con-
tinually Flow unto them.

And for the most part they are derived
from the member *Mandant*, that is to say the
brain, for he is very grosse and engendred
every humour in himself, by reason whereof
much of the said humours are derived into
the Nuke and muscles of the back, and from
thence they descend into the feet or to the
Hucklebone or else into the hands.

Remedy

Remedy.

And since all the said kindes come or are caused of one beginning, and for the better expedition in that, we will be brief, ye shall first take away the superfluous moisture of the brain, which is the root and fountain of all the said diseases, and that ye may do four manner of wayes. The first observance is of diet inclining to dryness and to avoid all fullness of meat and drink, and not to sleep in any wise after meat. And ye must beware that ye eat no vaporous meats nor thin Wine, nor drink much after supper; And if perchance the pain be very sharp it shall be whole. Come to abstain from all kinds of wine, and to use himself to small drink which thing if he cannot do, let him drink Claret wine mixed with a good quantity of water.

The second is to purge the brain once a moneth with the one half of Pills of *Cochia* and another half of Pills of *Affajareth* and in time of harvest and of summer with Pills of *quibus* and *Pil. imperial.* Whereof ye shall give one dram the night before the full Moon, and the day following ye may give him to eat little broth of Cicers, with a little quantity of raisins of the sun. The third is to repress the fumes that ascend into the brain after meat, which thing may be done by eating a little dredge made of Aniseed and Coriander.

The fourth is to perfume the brain with certain things comfortative as for example thus. Take fine Frankincense, *Sandrach* and *Masticke*, every one an ounce, of *Lignum Aloe* a dram,

make them all in grosse powder and perfume therewith stupes made of Flax or of Cotten and lay upon the head; And when ye have by this meanes well and duly comforted the brain and defended the original cause of the said disease, ye shall proceed to take away the matter conjoynt that is descended into the sinevves and ye shall begin thus.

First ye must preserve the body from ingendring of humours, in taking every morning next your heart a conserve made of *Alcherme* and of Flowers of Rosemary mingled with a little Nutmeg and Mastick, and if ye be a povver, ye may drink a good draught of Ipocras or other spiced drink after meat, at dinner and at supper. Secondly ye shall understand that whosoever doth intend to be holpen of the Gout, he must every year be purged two times, preparing first the matter to digestion with Syrup of *Stacados* and *duobus radicibus* with the one half of vvaters of Sage, primeroles and Marjerom in manner of spiced Julep with Cinnamon, taken five continuall mornings, two hours after ye eat any other meat, And after that ye must receive a draught of pills called *Arthetica* or *Hormodastyl*, or of both together equal portions, or take half an ounce, of *Diacarthami* two hours after night and of *Diaturbith*, of every two drams with a little Syrup of Hyslop.

The rest of the said curation, shall be accomplished with the applying of divers local remedies, whereof there be sundry sorts here declared, ye ought to rub the place that is sore with oyl of roses and a little vinegar, and after sprinkle upon the same, fine powder of Myrtles

Myrtles. Another plaster also as hereafter followeth,

A plaster for the gout.

Take the Emplaster called Melilot, two ounces, of Populeon, an ounce and an half, red roses, myrtles and Flowers of Camomile, of every one a dram, make a plaster and lay upon the gouty ioynt.

Another.

Take oyl of roses, crums of bread, yelks of Eggs, and cowes milk with a little Saffron, seethe them a little together, afterward spread them upon clouts, and lay upon the sore.

Another.

Make Lye of the Ashes of Rosemary or of oak or of bean-stalks, and boyl it in sage, molicin, prime rose, Camomile and Melilot, and receive the fume upon the sore place, or wet clouts in the said decoction, and lay them upon the pain.

All the said Remedies are very good, to aswage the pain of the gout, after the which done, it is good to goe about the comforting of the joynts and sinews, and to that intent apply oyl of Camomile, and of Althea or Holiheck, oyl of a Fox, oyl of earth wormes, oyl of primrose, turpentine, wherewithal or with one or two of them, ye may anoynt the sore place, and comfort both the joynts and sinewes marvellously : also this oyntment that followeth.

followeth, is singular good for the same purpose.

Take five or six handfuls of Walwort, and see the them wel in wine, then strayn them and with a little wax, oil of spick, and *Aqua vite* make an oyntment, wherewith ye must annoynt the place morning and evening every day.

Medicines for the gout appropriate in all cases.

Take Cowes dung and see the it in sweet milk, and lay a plaster to the gout hot, a for the yelks of eggs, womans milk, linseed and Saffron, altogether in a plaster swageth the diseases of the gout

And if ye be disposed to break the skin, and so let the humors issue, as by such many one is eas d ye shall make a plaster of black sope and *Aqua vite*, which will blister it without any great pain. Also very old hard cheese cut and sodden in the broth, of a gamon of bacon, and afterward stamped with a little of the broth and made in manner of a plaster, is a singular remedy for diseases of the gout, and was first practised by *Galen* the prince of all Physicians.

A Medicine to ease the gout and to bring down any swelling in feet, leg, or arm.

Take a quart of milk from the Cow and crum into it a peny white Loaf and put into it as much Dears suet as a pullers egge. and boyl it to the thickness of a pultis, and spread it well and thick on a cloath, so broad as will cover the grie and renew it once in twenty four hours, and if your pain cease not use it so as long again, and it will cure the grief and draw

draw out streaks of blood. This medicine cured one in such extremity and pain of the gout, when he continually craved, and could neither go nor ride; and never grieved since so perfectly was he cured.

For Legs swollen of any manner of disease.

Take pellitory and seethe it well in white Wine and wash the legs in the water, and lay the Herbs about the Legs plasterwise and it will assuage within five hours, *Probatum est.*

For the gout.

Take half a peck of snails, a quart of bay salt, and put them in a bowl and bruise them together, then take them and put them in a bag, and let them drop in any thing so you preserve the oyl.

To cure and ease the gout.

Apply to the gouty place, a pulvis made of barley and brooklemp hot in the time of extremity and let it lye twenty four hours.

A pulvis of barley to assuage swelling in the legs to mollifie the hardness.

Boil in a gallon of water, one quart of hulled barley very tender, and put therein a good Alum stone, and being tender, drain the water from it, and so bedward lay it on a cloth a good thickness and lay it over the swelling reasonable warm, letting it lie twenty four
hours,

hours, and use it three or four dayes together
Probat.

For the Gout:

Take *Care Costinum* an ounce and dissolve it in white wine, and drink it about half a pint and use the partie as after a purge, and the effect is wrought by purging, approved by many Gent.

A medicine for the Sciatica.

For a man take the urine of a man childe and let it stand in some vessel for nine dayes and then separate the clear urine from the thick, and put it into a vessel, and put to the clear urine a good quantity of the juice of *Cullerage*, male *Culrage*, which hath spotted leaves of a black colour, and boil it together till half be consumed, and it will be an ointment, with which anoint the patient by the fire, and he shall be cured, which hath been often tried.

And for a woman take the urine of a female childe, and of the juice of *Culrage* without spots and do as for the man.

An experienced medicine for the Sciatica.

Take Jvy, Mugwort, Wallwort and the Inner rinde of an Elder tree, and seethe them in fair water with a good quantity of salt, and bath the sore place well therewith three or four times a day for the space of nine dayes together, and doubtless this will cure it.

*An excellent oil for an ache onely to be made in the
moneth of May, oil of Rosemary Flowers.*

Take a thin glasse of a pottle, and fill the
glasse full of Rosemary Flowers very finely and
purely picked, put no liquor at all thereto
but the pure Flowers onely, and stop the glasse
very close that no air get therein, then set
the said glasse in the sun against a wall out of
the winde, and there let it stand all the said
moneth of May. In the end of May you shall
find the said Flowers dissolved into a very
sweet oil, which oil clarify it into another
glasse from the grounds; And this said oil stop
close and keep it diligently, for its an excel-
lent and proved remedy, against any manner
of ache in the Joynts or otherwise.

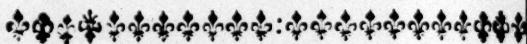
A powder for the Sciatica.

Take Betony, Centaury one two ounces, Dit-
tanie, rue, one 6. ounce, make all these into fine
powder searced and kept in a box, the dose
to be given is one dram in a draught of white
Wine bedward to sleep, *Probatum.*

*A plaster for all aches and pains in any part of the
body.*

Take a quarter of a pound of pure Rosen,
and unwrought wax, Dears suet, or sheepes
suet of equal quantity, melt them altogether,
three or four spoonfuls of Sallet oyl, black
slope of the bigness of a Wallnut, stir all toge-
ther, take it from the fire, put in your Linnen
first,

first made fit for the place grieved, then hang them on a string till it be cold. It will take away the pain and disease, use it to any part of the body where the pain is, whether in the joints, swellings, *Sciatica*, often proved upon my self. I will not leave the use of it for gold.



Childrens Diseases.

The Head, Remedy for the Distempers of their Heads.

For the apostume of the brain and swelling.

IN which cases the childe cannot rest and is ever loath to have his head touched cryeth and vexeth it self as it were in a Phrensie.

Remedy.

Make a bath of Mallowes, Camomil and Lillies sodden with a sheepes head till the bones fall, and with a sponge or soft cloths all to bath the head of the childe, in a cold apostume with the broth hot as may be suffered, but in a hot matter, with the broth luke warm, or in the cooling and after the bath set on a plaster thus:

Take

Take Fenugreek, Camomil, wormwood, of every one a handfull, seethe them in a close vessel till the third part be consumed, then stamp them in a mortar and stir them, to the which ye shall put of the same broth again enough to make a plaster with a little bean flower, yolks of Eggs and Saffron, adding to them fresh butter or ducks grease, sufficient, and apply it; in a cold matter let it lie a day but in a hot cause ye must remove it every six hours.

For swelling of the head,

Which cometh of a windie matter, which is manifest to the sight by the swelling or puffing up, and pressed with the finger there remaineth a print, which is a sign of winde and viscous humours, ye shall heal it thus;

Take an handfull of fennel, Smallach and dill, and seethe them in water in a close vessel, afterward stamp them, and with a little Cummin and oil of bitter Almonds make it up and lay it often to the child warme; In default of oil of Almonds take goose grease adding a little vinegar.

And it is good to bathe the place with a soft cloth or a sponge in the broth of these Herbs. Rue, Time, *Marioram* Hyssop, Fennel, Dill, Cummin, *Salintra*, Mints, Radish roots, rocket, or some of them, ever taking heed that there drop not the Medicines in the babes eyes, mouth or ears.

For scales and ulcers in the Head.

If ye see the scales like shells of oysters, black and dry cleaving upon the skin one with another, ye may make a fomentation of hot and moist herbs, as Fenugreek, Holihock, Bearbreach, Linseed and such other sodden, all or some of them, in the broth of neats feet, and so to bathe the sores, And after that apply a soft plaster of the same Herbs with goose grease or butter, using this still till ye see the scab removed: and then wash it with the juice of Horehound, Smallach and Betony sodden together in wine, and after the washing put upon it powder of Mirrhe, Aloes, and Frankincense, or hold his head over a chaffing dish of coals wherein ye shall put frankincense and Saunders in powder. But if ye see the scales very sore and matterie with great pain and burning of the head ye shall make an ointment to cool the matter thus.

Take white Lead and Lirarge of each five drams, lie made of the ashes of a vine three drams, oil of roses an ounce, wax an ounce melt the wax first then put to the oil, and lie with the rest, and in the end two yolkes of Eggs, make an ointment and lay it to the head. This is the composition of *Rass*.

Another.

Take Betony, groundsel, plantain, Fumitory and daylies, of every one like much stamp them, and mingle them with a pound of fresh swines grease, and let them stand closed

eluted in a moist place eight dayes to putrifie, then fry them in a pan, and strain them in a cleane vessel and ye shall have a green ointment of singular operation for the said disease and to quench all unkinde heats of the body, also ye must use to shave the head, whatsoever things ye do lay unto it.

If there do lack cleansing of the sores and the childe wounded, ye shall do well to make ointment of a little Turpentine, Bals gall and hony and lay upon the sores.

The juice of morrel, daylie leaves and groundsell fryed with greafe and made in an ointment, cooleth all unkinde heats and fistules of the head.

Moreover the childs head may not be kept bor for that is sometimes the cause of this disease.

Sometimes there breedeth in childrens heads as it were little warts or Knobbes somewhat hard and cannot be resolved by the said Medicines.

An excellent remedy for warts or Knobbes of the head.

Take Litarge and white lead of each a like quantity, of brimstone and quick silver quenched with spittle. of each a less quantity, twice as much oil of Roses and a spoonful or two of vinegar, mix them all together on a Marble till they be an oyntment and lay it on the head, and when it hath been dry an hour or two, wash it off with water wherein was sodden *Marjerone Savory* and *Mintes*, use it thus twice
a day

a day morning and evening till ye see it whole
This thing is also good in the other kinde of
scals.

Rhasis description.

Anoint the forehead and temples of the
childe, with oil of violets and vinegar, put-
ting a drop or two into the Nostrils, and if ye
can get any Syrup of Poppie give to the childe
to lick, and then make a plaster of oil of
Saffron, lettuce and the juice of poppie, wet
cloutes in it and lay it overthwart the
temples

Also the seed and the heads of Poppie cal-
led Chestbuls stamped with Rosewater, and
mixt with womans milk, and the white
of an Egg beaten altogether and made into a
plaster causeth the childe to receive his natu-
ral sleep.

Also an ointment made of the seed of pop-
pie and the heads one ounce, oil of Lettuce
and of Poppie of each two ounces, make an
ointment and use it.

They that cannot get these oils may take
the Herbs or juice of Lettuce, purslane, hough-
leek and poppie and with womans milk, make
a plaster and lay it to the forehead.

Oil of Violets, of roses, of *Nenuphar* are
good, and oil of *Populeon*, the broth of Mal-
lowes sodden and the juice of water plan-
tain.

The cure of a palsie in a childe is not like
to that in elder age, for the Sinnewes be very
neshe and tender and they ought to have a
much weaker medicine, evermore regarding
the

the power of the sickness, and the vertue or
debilitie of the grieved patient.

It shall be good for the nurse to eat a Electuary made
after this sort.

Take mintes, Cinnamon, Cummin, rose leaves,
dried Masticke, fenogreek, valerian *Ameo*, *doro-*
zodarii, clove, Sanders and lignum aloes,
of every one a dram, Mu k half a dram, make
an Electuary with clarified hony and let her
eat it, and give the childe at much as half a
nut every day to swallow.

Ap'after.

Take an ounce of wax and a dram of
Euphorbium at the Apothecaries, and temper it
with oil olive on the fire, & make a cerecloth
to comfort the back bone and sinewes

Take lie of ashes and see the therein bay-
berries and at much piony seeds in a close ves-
sel to the third part, and wash the childe often
with the same. *Item*, a bath of savory, *Marjo-*
ram, rime, Sage, Nepre, Smallage, and mintes
or some of them is very good and wholsome,
Also to rub the back of the childe and limbs
with oil of Roses and spike mixt together
warm and in stead of it ye may take oil of
bayes.

Of the Cramp or Spasmus.

This disease is often seen among children
and cometh very lightly, as of debility of the
Nerves and cords, or else of grosse humours,
that

that suffocate the same, the cure of which is declared by Authors to be done by frictions and ointments that comfort the sinewes, and dissolve the matter, as oil of Flower de luce and the roots of *Piony*. Item oil of Camomil, Fenugreek and *Melilot*, or the herbs sodden, Betony, wormwood, Vervine and time are exceeding good to wash the childe in, Item, the plaste of *Euphorbium* written in the Cure of the Palsie.

Of Starkness and stiffness of the Limbes.

When a young childe is so taken with a cold I esteem it best to bath the body in luke warm water wherein hath been sodden *Marjoram* and time, Hyssop, Sage, Mintes and such other good and comfortable herbs, then to relieve it with meats of good nourishment according to the age and necessity, and if need be when ye see the limbs yet stark make an ointment after this form.

Take a good handful of nettles and stamp them, then seethe them in oil to the third part in a double vessel, keep that ointment in a dry place, for it will last a great while and it is a singular remedy for the stiffness that cometh of cold, and whoso anointeth his hands and feet with it in the morning shall not be grieved with cold all the day after.

The seeds of nettles gathered in Harvest and kept for the same intent, is exceeding good sodden in oil, or fryed with swines grease, which thing is also very good to heal the kibes of heel, called in Latine *Perniones*. When the cause cometh not by extream cold but of
ome

some other affection of the sinewes and cords,
is best to make a bath or a fomentation of
herbs that resolve and comfort the sinewes
with relaxation of grosse humours.



The Eyes, Remedies for their Distempers in Children.

humours, and to open the pores, as by example
thus.

Take Mallowes, Hollihock and dill of each a
handful or two, seeke them in the water of
cats-feet, or in the broth of flesh without
it, with a handful of bran and Cummin, in
which ye shall bath the childe as warme as he
may suffer, and if ye see necessity, make a
cater of the same Herbs and lay it to the
eye with a little goose grease, or ducks grease,
it may be got, oil of Camomil, of Lilies and
dill, clothes wet in the said decoction and
about the members helpeth.

Of blood swollen eyes and other infirmities.

The cause is often too much crying, for the
which drop into the eye a little of the juice
Morel, otherwise called Morel, and to
oint the forehead with the same, and if
the eye swell, to wet a cloth in the juice and
the whire of Eggs, and lay it to the grief.
the humour be clammy and tough and
cleaveth

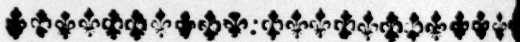
cleaveth to the corners of the eye, so that the childe cannot open them, after his sleep it shall be removed with the juice of Housleek dropped on the eye with a feather. When the eye is bloodshot it is a singular remedy to put in the blood of a young pig, on, or a dove, or a partridge, either hot from the bird or else dried and made in powder as subtil as may be possible.

A plaster for swelling and pain of the eyes.

Take Quinces and crums of white bread and see the in water till they be soft, then stamp them, and with a little Saffron and the yelks of two Eggs, make a plaster to the childes eyes and forehead; ye may let him receive the fume of that decoction. It is also good in the Megrim.

For watring eyes.

Hartshorn brent in powder and washed twice, Guaiacum otherwise called *Lignum Sædæ*, *Corticum thuris*, Antimony, of each one part, musk the third part of one part make a fine powder and use it with the juice or water of Fennel.



The Ears, Remedies for Distempers of the Ears of Children.

For pain in the Ears,

IT is good to drop into the Ears the juice of Organy and milk.

For swelling in the Ears.

Painters oil, which is oyl of Linseed is exceeding good for the swelling of the ears, and for pain in the ears of all causes. If ye see the Apostume break and run, ye may cleanse it with the juice of smallach, the white of an Egg, barley flower and honey, which is a common plaster to mundifie a sore. When the ears have received water or any other liquor, it is good to take and stamp an onyon, and wring out the juice with a little goose grease, and drop it hot into the ears as may be suffered and lay him down on the contrary side an hour, after that cause him to neese if his age will suffer with a little pellitory of Spain, or sneezing powder, and then incline his ear downward that the matter may issue.

For worms in the Ears.

Take Myrrhe aloes and the seed of Colocynthis called Colloquintida at the Apothecaries, a quantity of each, seethe them in oil of roses, and put a little in the Ear. Myrrhe hath a great vertue to remove the stench that is caused in the ears by any putrification, and the better with oil of bitter Almonds, or ye may take the juice of wormwood with hony and salt Pepper.

For winde in the Ears and tinckling.

Take Mirrhe, and Spicknard, Cummin, Dill and oil of Camomile and put a drop into the Ears. They that have not all these may
H take

take some of them, and apply it according to discretion. To amend deafness ye shal make an ointment of a Hares gall, and the grease or dropping of an Eel, which is a soveraign thing to recover hearing.

For needeing out of measure.

Anoint the head with the Juice of Purcelaine, Sorrel and nightshade, or some of them and make a plaster of the white of an Egg and the juice, with a little oil of roses. and em plaster the forehead and temples with the milk of a woman, oil of roses and vineger a little.



The Teeth.

To help the breeding of them.

IF it come of cold Rheum, make a plaster of Mastick, Frankincense, Mirrhe, wine, and apply it to the former part of the head. A fume of the same received in flax and laid up on the childs head is wholsom.

To procure easie breeding of Teeth.

Anoint the gums with the brains of an hare mixt with as much capons grease and honey or any of these things alone is exceeding good to supplie the gums and the sinewes

And when the pain is intolerable with Apoplemie or Inflammation of the gums, make an ointment with oil of Roses with the juce

of Morrel otherwife called nightshade, and in lack of it anoint the jawes within with a little fresh butter and hony.

For lack of the hares brain ye may take the conner, for they be also of the kinde of hares, whose Mawes are of the same effect in Medicine as the Mawes of Hares.

If the gums apostume or swell with soft flesh full of matter and painful, the best shall be to anoint the sore place with the brain of an hare and Capons grease, equally mixed together, and after that ye have used this once or twice, anoint the gums and apostumations with hony. If this help not take turpentine mixt with a little hony in equal portion. And make a bath for the head of a childe in this manner following.

Take the flowers of Camomil & dill of each an handful, and seethe them in a quart of pure running water until they be tender, and wash the head afore any meat every morning, for it purgeth the superfluity of the brain, the seames of the skull, and withdraweth humours from the sore place, finally comforteth the brain and all the vertues animal of the childe.



The mouth, The Remedies of its Distempers in Children.

To cause easie breeding of Teeth.

TAke red Coral hanged about the neck, where upon the childe should often labor

148 *Remedies for the Mouth.*

His gums, It helpeth children of the falling evil, and is very good to be made in powder and drunken against all manner of bleeding of the nose or Fundament.

Remedies for the canker in the mouth of Children.

Take drie red roses and Violets, of each a like quantity, make them in powder and mix them with a little hony, this medicine is very good in a young sucking childe, and many times healeth without any other thing at all. But if there be great pain and heat in the sore, ye shall make a juice of purcelaine, lettuce and nightshade and wash the sore with a fine piece of silk, this will abate the brenning, aswage the pain, and kill the venome of the ulcer, but if ye see the Canker yet encrease with great corruption, and matter ye shall make an ointment after this manner.

Take Mirre, galias, or in default of them open apples, dried Frankincense, of each a like much, of the black berries growing on the bramble, taken from the bush while they be green, the third part of all the rest, make them all in powder and mix them with as much hony and safiron as is sufficient and use it.

Another stronger Medicine for the Canker in the mouth of Children.

Take the root of Celidonic dried, the rinde of Pomegranate dried, red Coral in powder, and the powder of an hart shorn, of each alike, rochalon a little, first wash the place with wine, or warm water and hony, and after

wa

ward put on the aforesaid powder, very fine and subtile.



**The Neck, the throat and breast,
Remedies for their Distempers
in Children.**

*another singular medicine for the Canke, in the
mouth of all ages.*

TAKE Hyssop, Sage, rue, of each one good handful, seethe them in wine and water to the third part, then strain them out and put in it a little white Copperas according to the necessity: that is to say when the sore is great put in the more, when it is small ye make take the lesse, then add to it a quantity of hony clarified and a spoonful or two of good *Aqua vite*, wash the place with it, for it is a singular remedy to remove the malice in a short while, which done ye shall make a water incarnative and healing thus.

Take Ribwort, Betony and daisies of each a handful, seethe them in wine and water, and wash his mouth two or three times a day with the same juice.

Of Quinsie and swelling of the Throat.

The Quinsie is a dangerous sickness both in young and old, It is an inflammation of the neck swelling and great pain, sometime it

lyeth in the very throat upon the Weasand pipe, and then it is exceeding perillous, for it stoppeth the breath and strangleth the patient anon, otherwhiles it breaketh out like a bouch on the one side of the neck, and then also with very great difficulty of breathing, but it clioketh not so soon as the first doth, and it is more obedient to receive Curation. The signes are apparent to sight, that the Childe cannot cry, neither swallow down his meat and drink without pain.

Remedy.

It is good to anoint the grief, with oil of Dill or oil of Camonil and lilies, and to lay upon the head hot clouts dipped in the waters of rosemary, Lavender, and Savory, the chiefest remedy commended of Authors in this outrageous sicknes, is the powder of a swallow brent with feathers and all, and mixt with hony, wherof the patient might swallow down a little and the rest anointed upon the pain.

Item, another experiment for the quinsie, and swelling under the ears. Take the Mushrom that groweth upon an Elder Tree, called in English Jews ears, heat it against the fire and put it hot in any drink, the same drink is good and wholsom for the Quinsie. Some hold opinion that who so useth to drink with it shall never be troubled with this disease, and therefore carry it about with them in iurnies.

Of the Cough.

Stamp blanched Almonds and wring them out with the juice of Fennel, or water of Fennel and give it the childe to feed with a little sugar. First anoint his head over with hony and press his tongue with your finger, holding down his head that the same may issue.

Against the great Cough and heat in the body.

Take heads of white poppie and gum Draggon, of each alike much, long Cucumer seeds as much as all, seethe them in whey with raisins and Sugar, and let the childe drink of it twice or thrice a day luke warm or cold.



The Stomack, Its Remedies in Children.

For Straitness of winde.

Against the straitness of winde which is no quinsie, the consent of Authors do attribute a great effect to Linseed made in powder, and tempered with hony, for the Childe to swallow a little at once.

For vomiting.

It is very good to wash the stomack with
H 4 warm

warm water of roser, wherein a little Musk hath been dissolved. for that by the odour and natural heat giveth a comfort to all the spiritual Members; And then it is good to rost a Quince tender, and with a little powder of Cloves and Sugar, and give it to the Childe. To eat Conserve of Quinces with a little Cinnamon and Cloves, is singular good for the same intent, also ye may make a juice of Quinces, and give the Childe to drink with a little Sugar.

An ointment for the stomack.

Take *Gallia Moschata* at the Apothecaries xx. gain weight, mirrhe a very little, make it up in ointment form with oil of Mastick and water of roses sufficient.

To recover an appetite lost.

Take a good quantitie of rank and lustie Rue and seethe it in a pint of vinegar to the third part or lesse and make it very strong, whereof if it be a childe, ye may take a rost of brown bread and stamp it with the same vinegar, and lay it plaisterwise to the stomack, and for a stronger age, besides the plaster, let him sup morning and evening of the same vinegar. This is also good to recover a stomack lost by coming to a fire after a long journey, and hath a singular vertue to restore a man that swooneth.

For a yeaxing or hicket.

Make him vomit with a feather or by some other light means, that done, bring it asleep and use to anoint the stomach with oil of Castor, Spike, Camomil and Dill, or two or three of them joyned together warm.

For Colick and rumbling in the guts.

Wash the child's belly with hot water where in hath been sodden Cummin, Dill and Fen-nil, after that make a plaster of oil and wax and clap it hot upon a cloth to the belly.

Remedy for the flux in a childe.

First make a bath of Herbs that do restrain, as of plantain, St. Johns weed called Hypericon, Knot-grasse, *Bursa pastoris*, and other such or some of them, and use to bath him in it as hot as ye may well suffer them, then wrap him in with clothes and lay him down to sleep.

And if in twice or thrice using the belly be not stopped, ye may take an eggs yelk hard roasted & grinde it with a little Saffron, Mirrhe and wine, made a plaster and lay to the navil: but, if this succeed not,

Take powder of Knotgrass, or the juice thereof in a posset drink, or a plaster of the same herb and of shepherds purse, *Bolearmony* and the juice of plantain with a little vinegar, and wheat flower is exceeding good in this case.

Another.

Take Sorrel seed and the kernels of great Rarbins, dried Acorn cups, and the seeds of white poppie, of each two drams, salfron a good quantity, make them in powder and temper them with the juice of quinces or Syrup of red Roses, this is a soveraign Medicine in all fluxes of the womb.

The pizzle of an hart or stagg dried in powder and drunk, is of great effect in this case, which is also approved in the Liver of a beast called in English an otter, The stones of him drunk in powder a little at once, thirty dayes together, hath healed men for ever, of the falling evil.

For stopping and hardness of the belly.

In this case ye must alway put a little hony in the child's meat, and let the nurse give him hony to suck upon his finger, and if this will not help, then the next is to mixt a little fine and clear Turpentine with hony, and so to resolve it in a sawcer, and let the childe sup of it a little.

The gall of an ox or cow laid upon a clouton the navil causeth a childe to be loose bellied, likewise an emplaster of a roasted onyon, the gall of an ox and butter laid upon the belly as hot as he may suffer it. If these will not help ye shall take a liell Cotton and dipped in the said gall put it in the Fundament.

And it is to be noted, that a natural flux is never to be feared afo.e the seventh day, and
except

except there issue blood it ought not to be stopped afore that time.

Remedies for worms in Chi'dren.

The herb that is found growing upon oysters by the sea side is a singular remedy to destroy worms, and is called therefore of the greeks *Scolitabotani*, that is to say the herb that killeth worms. It must be made in powder, and given with sweet milk to the childe to drink. The Physicians call the same herb *Corallino*.

To kill worms in Children.

Take red currants and lay them in vinger of white wine, and let them remain one night steeped in the vinger, and take sugar and make it sweet and take two or three spoonfuls and give the patient to eat and this will make them come away.

For worms in the belly or Stomack a most excellent approved Medicine.

Take the green buds of Elme, and fry them with fresh butter and lay it hot to the belly or stomach and it presently cureth the grieved and will cause the worms to avoid.

For worms.

Take powder of Centory, *Carduus Benedictus*, and Lavender cotton, one ounce, and towards the full of the Moon, give one scuple, with wort or pure Triacle to bedward and it helpeth.

156 *Remedies for the Navil.*

erh, also you may spread thereof on the rough side of Leather cut round like a trencher for fruit, and lay it on the child's navil and warm clothes aloft.

To kill and avoid chest worms.

Take great raisins, pick out the stones and fill them with powder of Mirrhe, and give the childe fasting and he shall finde ease presently.

A singular receipt to kill worms.

If the childe be of age, or of strong constitution, ye may make a few pills of Aloes, and the powder of wormseed, then winde them in a piece of a singing loaf, and anoint them over with a little butter, and let them be swallowed down whole without chewing.



The Navil, Its Remedies.

For swelling of the Navil.

TAKE Spike, or Lavender, half an ounce, make it in powder, and with three ounces of fine and clear Turpentine temper it in an ointment, adding a portion of oil of sweet Almonds. But if it come of crying take a little bean flower, and the ashes of fine linen clouts burnt, and temper with red wine and honey and lay to the sore.

A Plaster for swelling of the Navil.

Take Cowes dung and dry it in powder, barley flower and bean flower of each a portion, the juice of knot grasse a good quantity, Cummin a little, make a plaster of all and set it to the Navil.

Take Cowes dung and seethe it in the milk of the same Cow and lay it the grief. This is also marvellous effectual to help a suddain ache or swelling in the Leggs.

For the stone in Children.

Though it be very hard to be cured, yet in the beginning it is healed thus. First let the nurse be well dieted, or the childe if it be of age, abstaining from all grosse meat, and hard of digestion, as is Beef and Bacon, salt meats and cheese, then make a powder of the root of Piony dried and minister it with as much hony as shal be sufficient, or if the childe abhor hony make it up with sugar molten a little upon the coles, and give unto the childe more or lesse according to the strength twice a day till ye see the urine passe easily, ye may also give it in a rear Egg for without doubt it is a singular remedy in Children.



Reins and Bladder, Their Remedies in Children.

An ointment for the same.

Oil of Scorpions, if it may be gotten, is exceeding good to anoint withall, the Members and the neither part of the belly, right against the Bladder.

A singular bath for the same intent.

Take Mallowes, holihoock, Lilly roots, Linseed and Parietary of the wall, see the them all in the broth of a sheepes head, and therein use to bath the childe oft times, for it shal open the straints of the Conduits that the stone may issue, twage the pain and bring out the gravel with the urine, but in more effect when a plaster is made and laid upon the reins and belly, immediatly after the bathing.

A plaster for the stone.

Take Parietary of the wall one portion and stamp it, Doves dung another portion and grinde it, then fry them both in a pan with a good quantity of fresh butter, and as hot as may be suffered, lay it to the belly and back, and from four hours to four let it be renewed, this is a soveraign medicine in all manner of ages.

Item,

Item, another powder which is made thus, Take the kernels or stones that are found in the fruit called Mespiles or of some Medlers, make them in fine powder, which is wonderful good to break the stone without danger, both in old and young.

The Chestworms dried and made in fine powder, taken in the broth of Chickens or a little sugar, helpeth them that cannot make their urine.

Of pissing in the bed, A powder.

Take the weasand of a cock, and pluck it, then brenne it to powder, use it twice or thrice aday, the stones of an hedgehog is of the same vertue powdred, *Item*. the clawes of a goat made in powder drunken or eaten in pottage.

Ruptures.

Of bursting.

If it be not utterly incurable it may be healed after this sort.

First lay the patient so on his back that his head be higher then his heels, then take and reduce his bowels with your hand into due place, afterward ye shall make a plaster to be laid upon the Cods and bound with a Lince round about the back, after this form.

Take Rosin, Frankincense, Mastick, cummin, linseed and Anniseed of every one alike, powder of *Osmond* roots, that is to say, of the broad leafe the fourth part of all, make a plaster

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plaster with sufficient oil olive and fresh swines grease, and spread it on a Leather, and let it continue except a great necessitie, two or three weekes, after that apply another like till ye see amendment, In this case it is very good to make a powder of the ears of an hare and to temper it with sugar, or conserve of roses and give it to the childe every day. If it be about the age of seven years ye make make a singular receipt in drink to be taken every day twice thus.

Take Matfellow, Daiesies, Comfery and *Osmunds* of every one alike, see the in the water of a smiths forge to the third part in a vessel covered on a soft fire, then strain it and give to drink of it a good draught at once morning and evening.

The Fundament; or right Gut, the falling of the Fundament.

If the gut called *Rectum Intestinum* hath been long out or swollen, that it cannot be reposed, or by coldnes of the air hath bin so congealed, the best counsel is to set the childe on a hot bath made of the decoction of Mallowes, Hock Linseed and the roots of Lilies, wherein ye shall bath the Fundament with a soft clout or sponge, and when the place is suppled thrust it in again, which done then make a powder thus.

A powder for falling of the Fundament.

Take the powder of an hartshorn brent, the cups of Acorns dried, rose Leaves dried, goats claws

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clawes brent, the rinde of a Pomegranate and of galls, of every one a portion, make them in powder and strow on the Fundament. It shall be the better if ye put a little on the gut, afore it be reposed in his place, and after it be setled to put more of it upon the Fundament, then binde it with hot Linnen clothes, and give the childe quinces or a roasted warden to eat with Cinnamon and Sugar.

Another good powder for the same.

Take galls, Mirrhe, Frankincense, Mastick, and Aloes of every one a little make them in powder and strow on the place.

Another good Remedy.

Take the Wool from between the Leggs or the neck of the Sheep which is full of sweat and fat, then make a juice of unset Leeks, and dip the wooll in it, and lay it to the place as hot as may be suffered, and when it waxeth cold remove it, and apply another hot, this is a very good remedy for the falling of the Fundament. If the childe provoke many times to siege and can expel nothing, that disease is called of the greeks *Tenesmos* for the which it shall be very good to apply a plaster made of garden Cresses, and of Cummin in like quantity, fry them in butter, and lay it on the belly as hot as he may suffer it.

Small.

Small Pox and Measles in Children and their cure.

To avoid ill humours in a childe of tender years.

TAKE a quantity of Liqueurice, Anniseeds, and small raisins, with a handfull of Hyssop boiled in white wine and strained, also Linseeds beaten into small powder and rolled up in hony in pills, divers of them, and cause the childe to swallow down two or three of them in a day.

For children that breed the Pox and Measles.

Take a piece of fair fat pork that is young and see the it in fair water, and no salt thereto. Let it see the until it be tender then take it out and keep the broth, and wash the child therewith and it will make the Pox and Measles come fair out and keep the sores from pockers and blennishes.

A medicine for the small Pox.

Take oil olive and a good handfull of the berries of the white Brionic, and two handfull of the Leaves of yarrow chopped small and bruised with the berries, boil them lastly surely in the oil till it be greenish, then strain it into a glasse, and being cold cover it close and with a feather anoint the face and eyes therewith, and any part of the body you will.

If you have no oil, for need you may take cream and stamp and strain the berries and marrow, and blood warm anoint the place with a feather, but let the pox be come out first five dayes, least they stick in again.

Medicine for the small Pox in the throat, or any ill or soreness in the throat.

Take and roast an apple that is cored, and fill the hole thereof with fine Sugar candy beaten, and so eat the butter and pulpe of it warm and it giveth you present help.

To keep the small pox out of the throat.

Take *Diaprunis* the quantity of a good Nutt-egg, and dissolve it in broth, and give it to the partie grieved in the morning fasting.

For chafing of the skin.

In the beginning ye shall anoint the places with fresh Capons grease, then if it will not make an ointment and lay to the place.

An ointment.

Take the root of Flower-deluce dried, of roses dried, *Galingale*, and Mastick, of each like quantity, beat them into most subtil powder, then with oil of Roses or of Linseed make a soft ointment.

Item, bean flower, barley flower, and the power of fitches tempered with a little oil of Olives maketh a soveraign ointment for the
of

Of small Pox and Measles.

The best and most help in this case is not to meddle with any kinde of Medicines, but let nature work her operation, notwithstanding if they be too slow in coming out, it shall be good for you to give the childe to drink fresh denmilk and saffron, and so keep him close and warm, but in no case to administer any thing that might repress the swelling of the skin, or to cool the heat that is within the Members.

If the wheales be outrageous and great, the decoction of water Betony is approved good in the said disease, Likewise the ointment made mention of in the cure of scabs is exceeding wholesome after the sores are ripe moreover it is good to drop into the patients eye, five or six times a day a little rose Fennel water, to comfort the sight, lest it be hurt by continual running of the matter; The water must be ministred in the Summer cold and in the winter luke warm. The same rose water is good to gargle in the mouth if the childe be then pained in the throat; And lest the conduits of the nose should be stopped, it is expedient to let him smell often to a spungewet in the juice of savory, strong vinegar and little rose-water.

Fevers in Children, their cure.

Take away the spots and scars of the small poxes and measles.

The blood of a Bull, or of a hare is much commended of Authors to be anointed upon the scars, and also the liquor that leech out of sheepes clawes, or goats clawes in the fire.

Fevers.

If the Fever use to take the childe with a great shaking and after hot, whether it be *Continuand* or *Tertian*; it shall be singular good to give it in drink the black seeds of Piony made in fine powder, searced and mingled with little sugar. Also take plaintrain, fetherfew and Vervine and bath the childe in it once or twice a day, binding to the pulses of the hand and feet a plaster of the same Herbs stamped, and provoke the childe to sweat afore the fit cometh. Some counsel in a hot Fever, if be a weak patient, to take dry roses and powder them, then temper the powder with the juice of Endive or Purcelain, rose water and barley water and make a plaster to the stomach.

Item, an ointment for his temples, atms, and eggs, made of oil of roses and Populeon, of each alike much.

A good

A good Medicine for the ague in Children.

Take Plantain with the root & wash it, the
 seeth it in fair running water to a third part
 whereof ve shall give it a draught, if it be
 age to drink, with sufficient Sugar. and lay the
 fadden Herbs as hot as may be suffered
 the pulses of the hands and feet, this may
 be done a little afore the fit, after covered
 with clothes. The oil of nettles is exceedingly
 good to anoint the members in a cold shaking
 ague.

Codd's, The cure of their Dis- tempers in Children,

Of the swelling of the Codd's.

TAKE a quart of good Ale and set it on
 fire to seethe with the crums of browne
 bread strongly leavened and a handfull
 Cummin or more in powder, make a plaster
 with all this and sufficient bean flower and ap-
 ply it to the grief as hot as may be suffered.

Another.

Take Cowes dung, and seethe it in milk
 then make a plaster and lay it meetly hot upon
 on the swelling.

Another.

Another.

Take Cummin, Anniseeds, and Fenugreek of each a like portion, see the them in Ale and stamp them, then temper them with fresh May butter, or else oil olive and apply to the sore.

Another.

Take Camomil, Holihock, Linseed and Fenugreek, see the them in water and grinde all together, then make a plaster with a handful of bean flower.

Another in the beginning of the grief.

If there be much inflammation or heat in the Coods, ye may make an ointment of plantain, the white and yelk of an Egg and a portion of oil of Roses, stir them well about and apply it to the grief twice or thrice a day: when the pain is intolerable and the childe of age or of strong complexion, if the premisses will not help, ye shall make a plaster after this sort.

Take Henbane leaves a handful and an half, wallow leaves an handful, see the them well in clear water then stamp and stire them, and with a little of the broth, bean flower, barley flower, oil of roses and Camomil sufficient, take it up and set it on the swelling luke warm. Henbanes is exceeding good to resolve the hardness of the stones by a secret quantity, notwithstanding if it come of winde, it will be better to use the said plasters that are made of Cummin.

Shingles,

Shingles, their Cure.

Of the Erisipelas or Shingles.

THe remedies for burning are also good in this case, Take at the Apothecaries oil of *unguent. Galeni* an ounce and half, oil of roses two ounces, *unguent. Populeon* one ounce, the juice of plantain and nightshade one ounce or more, the whites of three Eggs, beat them all together and ye shall have a good ointment for the same purpose.

Item, the dung of a Swan or goose, with the white and yelk of an Egg is good, *Item*, doves dung stamped in salt, oil or other is a singular remedy for the same purpose.

Of burning and scalding.

When ye see a member burnt or scalded Take a good quantity of lime, which is made of water and salt not too exceeding eager or strong, but of a mean sharpness, and with a clout or sponge, bath the member in it cold at least blood warm, three or four hours together, the longer the better: for it shall allwage much of the pain, open the pores cause also the fire to vapour and give a great comfort to the weak member, then anoint the place with one of these Medicines.

Take oil of roses one part, sweet cream two parts, hony half a part, make an ointment and use it. *Item*, a soveraign Medicine for burning and

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and scalding, is thus made, take a dozen or more of hard roasted Eggs, and put the yelks in a pot on the fire by themselves without liquor, stir them and bray them with a strong hand, till there arise as it were a froth or spume of oil to the mouth of the vessel, then presse the yelks and reserve the Liqueur, this is called oil of Eggs, a very precious thing in the aforesaid cure. Item, the juice of Lilies five parts, and vinegar one part, hony a little, maketh an excellent Medicine, not onely for this intent but for all other kindes of hot and running Ulcers. Whatsoever you use must be laid to bloodwarm, Also for avoiding of a scar, keep that place moist with medicine.

An approved Medicine for a burning, or for a child that falls into the fire and burns any part of it.

Take Hens dung, or Capons dung, and ground Ivy and stamp them together, then take sheeps suet and fry the dung and Herbs withall and strain it, and where the burning is anoint it two or three times a day, till it be whole and keep the Salve in a box, to use it at need, *Probat.*

For a burn or a scald.

Take Moushear, a good handful, of Primrose leaves an handful, Fearn roots an handful, pound these together and boil them in thick cream till it come to a butter, then strain it, and so anoint the place.

I

Another

Another for the same.

Take the yellow Moss or scurffe of an Ash-bough and put into cream and boil it to butter.

Of consumption or leanness.

When a child consumeth or waxeth lean without any cause apparant there is a bathe commended of Authors, to wash the childe many times & is made thus. Take the head and feet of a weaver, seethe them till the bones fall asunder, use to bath the childe in this liquor, after anoint him with this ointment following. Take butter without salt, oil of Roses and of Violets of each an ounce, the fat of raw pork half an ounce, wax a quarter of an ounce, make an ointment wherewith the childe must be rubbed every day twice, this shall with good feeding increase his strength by the grace of God.

*Lice.**To destroy Lice.*

Make a Lavatory to wash, scour the body twice a day thus, take brine and strong lycorashes of each a like portion, wormwood a hunnif, seethe them a while and after wash the body with the same liquor.

A good,

A goodly Medicine to kill them.

Take the grounds or dregs of oil, Aloes, wormwood, and the gall of a Bull or of an ox, make an ointment: which is singular good for the same purpose.

Item, Stavifacre, Brimstone and vinegar is exceeding good.

It is good to give the patient often in his drink powder of an hartshorn brent

Stavifacre with oil is a marvellous wholsom thing in this case.

An expert Medicine to drive away Lice.

Take the grounds and dregs of oil, or in lack of it fresh swines grease, a sufficient quantity, wherein ye shall cha e an ounce of quicksilver till it be all sunk into the grease, then take powder of *Stavifacre*, searce and mingle all together make a girdle of woollen list meet for the midle of the patient and all to anoint it over with the said Medicine, then let him wear it continually next his skin, for it is a singular remedy to chafe away the vermin. The onely odour of quicksilver killeth lice.

For scabbiness and Itch.

Take water of Betony two good handfuls, daisie leaves & Alehoof, otherwise called Judas tree or ground ivy, of each one handful, the red Dock roots two or three, stamp them all together and grinde them well, then mingle them with fresh grease and again stamp them, Let
I 2 them

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them so stand eight dayes to putrifie till it be hoar, then fry them, and strain them out and keep for the same intent; This ointment hath great effect both in young and old, and that without repercussion or driving back of the matter, which should be a perilous thing for a young child. The water Betony alone is a great Medicine to quench all unkindly heats without danger, or the seething of it in clear well water to anoint the Members.

Another remedy for scabs and Itch.

Take the roots of Docks and fry them in fresh grease, then put to a quantity of Brimstone in powder, and use to rub the places twice or thrice a day. Brimstone powdred and supped in a rear Egg, healeth the scabs, which thing is also very good to destroy worms.

A goodly sweet sope for scabs and itch.

Take white sope half a pound and steep it in sufficient rosewater till it be well soaked, then take two drams of Mercury sublimed, dissolve it in a little rosewater, labour the sope and the Rose water well together, and afterward put in a little musk, or civet and keep it. This sope is exceeding good to cure a great scab or itch, and without peril, but in a Child shall suffice to make it weaker of Mercury.

Another approved Medicine for scabbiness and Itch.

Take Fumitory, dock roots, scabious
and

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and the roots of Walwort, stamp them all and set them in fresh grease to putrifie, then fry them and strain them, in which Liquor you shall put turpentine a little quantity, brimstone and frankincense very finely powdered and sifted a portion, and with sufficient wax make an ointment on a soft fire, this is a singular remedy for the same purpose. And if need be to make a bath of Fumitory, centaury, Featherfew, Tansie, wormwood & Sage alone, if ye see the cause of the itch or the scab to be worms in the skin, for a bitter decoction shall destroy them and dry up the moisture of the sores.

*Ad scabiem tam siccam quam humidam praesens
Auxilium,*

Take the roots of Elecampane and of docks ana. and scrape them clean and wash them, cut them into small slices, and seethe them in vinegar until they be soft, then pound them very small as is possible, Then take thereof a pound and of,

Barrowes grease, of common Sivil oil, ana three ounce.

Of new wax one ounce,

Of quicksilver mortified, of Turpentine washed, ana two ounces,

Of common salt, half an ounce.

Melt your oil, your barrowes grease, and your wax together, then put in your roots prepared and alter your Quicksilver, then strain it and in the end put in the Turpentine and salt made in powder, but it were more safe to leave out the quicksilver and to put in

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stead thereof three ounces of the juice of Limons, both be good, but the former more vehement,

A clear and white water, that will heal in five dayes at the most all manner of scabs as well inward as outward.

Take plantain water two glassful, rose water, one glassful, of the water of the flowers of Citrons or Oranges half a glassful or less, put all together into a clear pan or Vial of glass, and put to it one ounce of *Mercury* sublimated, beaten into fine powder, and beat it well with fasting spittle and put to the aforesaid water, then let it boil fair and softly a quarter of an hour, take it from the fire and let it cool, then put it into some Vial and wash the scabbie places at night with it, and let it dry of it self, And let them alone so the next day without washing them, and wash them again the third day, but not the fourth day, and the first and second time they are washed, it will make all the scabs in the body break forth; And at the third time you shall have it so dried up that you shall finde all neat and clean within and without. This water maketh the flesh white, Its good for the Pox, the Gout & many other infirmities, and namely for that the sublimate is good to eat away all the evil and corrupt flesh, and all dead flesh and to heal wounds incurable.

Here

Here followeth the making and
description of divers Waters, Bal-
soms, or Balms and other rare
and excellent Medicines with
their use and wonder-
ful operations and
vertues.

To make the precious Quintessence of the learned
Mathiolus as followeth.

TAKE of Cinnamon two ounces, of Ginger
four drams, of each sort of Saunders six
drams, of Cloves, Galingale, Nutmeggs, of
each two drams and a half, of Mace and of
of Cubebs of each one dram, of both kinds
of Cardamomum and of the seed of *Nigella Ro-*
mana of each three drams, of zedoarie half one
ounce, of the seeds of Annis, sweet Fennel,
wilde Carrets and Basil, of each two drams, of
the roots of *Angelica*, Liquerice, great *Valerian*
called setwall, *Calamus odoratus*, of each two
drams, of the Leaves of Setarie or clary time,
Nespe, and pennyrial, minres, wilde time,
sweet *Marioram*, of each two drams, of red roses,
of Flowers of Sage, Betony, Rosemary, *Ste-*
chades, Buglos, Borrage of each one half an ounce,
of the rinds of Citrons three drams, of the
powder of Amber, *Aromaticus rosatus*, *Diamoschi*
dulcis, *Diamargariton*, *Diathodon Abbat*,
Electuarium de gemmis, of each of these three
drams. Beat all these together to powder that

are to beaten; And steep them together in 12. pound of the best *Aqua vite* made of excellent wine in a glass vessel, but Doctor Stephens water is better then *Aqua vite*, letting all these things so steep there 15. dayes together, keeping all the while the mouth of the glass very close stopped, continually. Afterward put on your Limbeck of glass, & still this there, a balm of water temperately making very close the head of the still that no breath may get out; And keep the stilled water in another fair glass vessel. and put thereto of sweet Saunders cut small, two ounces, and put into it of the best Musk and Amber grease, both knit in a fair thin cloth, of each half one scruple, of pure clear Syrup rosat. one pound, then shake all these together in the glasse, till the Syrup and water in the glass be well tempered together, then shut the glass very close with wax and parchment and so let it rest in some close place 15. dayes together, and after 15. dayes clear it into another glass, and keep this for a noble Medicine and right excellent, whose singular vertues are as followeth.

The use and vertues of the Quintessence devised by the famous Mathiolus.

This Quintessence if your use to drink of it, and especially if they which have cold bodies pestered with cold moist humours do daily drink one spoonful or two of this water, It taketh away inward rottenness, it preserveth, nourisheth, and repaireth and defendeth, encreaseth and prolongeth life, And doth not only nourish natural heat and keep it in his strength, but also doth quicken and regenerate the

the vital spirit, it warmeth the stomack and
and the brain, and sharpeneth the wit, It
purifieth the eye-sight and refresheth the
memorie, It healeth the rawnes of the sto-
mack and swelling that cometh of winde,
swimming of the head, the falling sicknes, faint-
nes, Melancholy passions, beating and trem-
bling of the heart, sounding, slumbring and the
pain of the belly and sides above the Navil,
about which the Liver and the spleen lyeth,
also one ounce weight hereof, with a conveni-
ent quantity of fine Triacle or Mithridatum
mingled with it and put into a Clyster for
those which have the colick which cometh of
cold and winde and ministred, presently
healeth it; And to be short it is, being used, of
a most excellent remedy against all cold di-
seases or griefes. And marvellously pre-
serveth the life and lustie estate of man, known
and approved a true and present remedy to
restore the speech lost, & good for the mother
wherewith women be often grievously vexed,
and being given to a person that is even
now ready to passe from this life, it so long re-
taineth him in life, that it shall seem miracu-
lous to the beholders.

*To make a precious oil, wherewith to cure the ob-
structions of the Liver and the spleen, which is of
force to helpe the same, when the said grief can-
not be cured by any other means or Med. cine.*

Take the rust of an Anchor, or Anchors of
ships scraped of which file as much quantity as
you list and this rust being ground or beaten
into very fine powder, steep it in very sharp

white vinegar, in a balm of warm water in a glasse vessel so as long until you see the vinegar be turned very red with the rust aforesaid, Then pour the said vinegar the clearest from the grounds into another vessel and keep it diligently, then pour more vinegar upon the said ground or residens & steep it as before in your balm of warm water until it be red also, then clear it as you did the first and likewise keep it. And yet again steep more vinegar upon the same grounds again and again, steeping and in all such things continuing as you did before until you see that the vinegar will be no more stained red; Then pour all your said red steeped vinegar into a glasse still, and put your still into a furnace, and cover it with hot ashes and still it until all the vinegar be stilled out as other stilled water will be, and keep it, then take the glass or still out of the furnace and break it, and take the substance which lieth in the bottom and pound it small and put it into another glass vessel, and put to it the common water fresh distilled and let that steep again in warm balm as before, the space of two dayes, then take all out and let it drop thorough a Jelly bag, and save all that Liquor in a pure vessel and keep it until it be grown unto a salt, which salt again beaten into powder and put the same into a glass with a crooked neck which the common distillers called a Retort & still it as you do a balsam is, and with a very strong fire you shall out of the same still an oil, which oil will be in colour red; which receiving keep diligently, for you shall have hereof a rare and excellent Medicine.

The use and vertues of the said oil follow
eth

This oil prevaileth against all manner of obstructions of the Liver and spleen. And when these obstructions cannot be healed nor cured by any other means then will this oil heal and cure the same.

The manner how to administer the same to the patient.

First the grieved must be purged by the advice of a learned Physician with such a purgation as hath a properrie to attenuate the humours and draw down the belly, which done you shall give the patient that is obstructed in the Liver, of this oil the weight of one dram, first mingling it with a prettie quantity of the water of Endive, or Succory or Egrimony, and if you seek to help the spleen, take the like quantity of this oil and give it as before to drink with the water of Maidenhair, or of Wal-searn, or of *Tamarisks*, which is an Herb so called, this Medicine is of an approved truth.

An Antidote or confession called Theodoret's Anacardies taken out of Nicoiaus Myreplus a Greek Author.

Take of *spici nardi fol.* which is a leaf of India, Cloves, Saffron, Cinnamon, *Epithymi*, which is a Herb like a round Lace growing in some Countries upon time, the flowers of *Mucus odoratus* which the Apothecaries call *Squinantum*, *Myrabolanorum*, which is a little hard fruit and somewhat long, of each of these
three

three drams, of *Aloes flava* twelve drams, of Chestnuts, Ginger, Mastickes of each one dram, of *Iros* the best, six drams, *Anacardij*, *Agarici*, of each one dram, of the roots of *Alarabacca* half a dram, of the seeds of parcels one dram, of *Costus* half a dram, of pepper three drams, of Fennel seed one ounce, of the juice of Fennel one ounce, pound the green Fennel in a mortar and then soak or infuse the same in vinegar three dayes, then see the it well and strain it handsomly. And let all the other things be well pounded and made in a powder and finely searced, to the which add or put as much clarified hony or sugar as shall suffice, and see the all together unto a reasonable thickness that is until the Medicine be brought unto the thickness of hony or Triacle.

The effects of this medicine followeth.

This medicine is good for any strong disease, as for the falling evil, for those that be vexed with an evil spirit, for the headach, for the diseases of the brest, for the plurisie, shortness of winde, the inflammation or Apostumation of the lungs, And those that have slowre belching and also for those that have an evil disease about their stomack or belly, It is profitable also to those that have a languishing after a long disease, and that have an ill colour, It helpeth those that have the yellow Jaundise, and that have the drop-sie proceeding from the Lungs, It helpeth the tickle and pain of the reins of the back, And the continual grief of the colick, it strengthneth them that be troubled in all their

their body, it helpeth also the inordinate strange and long diseases and agues that cometh by course, and with order, if it be given between the courses, It easeth the gout of the feet if it be given before the accidents come, and in especial it profiteth much for womens diseases, in which number are accounted the Strangury or the purching that happeneth through the mother, or the suffocation of the mother or troubles of the same, And it profiteth also those women with childe that are in danger of abortion, It looseth also the belly, It healeth the stirring or rising of the mother, the inflammation also and raging of it; And to speak absolutely and in few words it is the gift of God, for whosoever shall use it to eat of it shall finde good successe. And any shall use it once or twice in the spring time and harvest, so he offend not over much in diet, he shall not be subiect to diseases, for taking fasting the quantity of a filberd nut, it will soon dissolve all evil humours.

The making of a precious water called for the vertue Aqua mirabilis and Pretiosa, otherwise the admirable water of England.

Take *Galingale*, *Cloves*, *Cubebs*, *Ginger*, *Meliore*, *Cardamomum*, *Macis*, *Nutmegs*, *Cinnamon*, of each of these a dram, then take of the juice of *Celendine* half a pinte. Mix all the spices being beaten together into the powder with the said juice of *Celendine*, Then take a pinte of good *Aqua vite* and three pintes of good white wine or sack, and put all together into a stillatory of glass & let it stand infused a night, and in the morrow distill it with a very sober
fire

fire, the first pint that cometh is best, the rest that runneth is good but not so good as the first.

The vertue of this water.

This water hath a secret nature, it dissolveth the swelling of the Lungs without any grief, and the Lungs being perished it presently cureth it, and it comforteth and suffereth not the Lungs to putrefie, he shall not need to be let blood that useth it, and suffereth not the heart to be hot, neither melancholy or Flegm to be about it, nor to have domination above nature. It also expelleth the rheum and perfecteth the stomack and comforteth youth in its own estate, engendreth a good colour and keepeth and comforteth the visage and memorie, helpeth the palsie of the Limbs and tongue. And this water to be given to any person in extremity one spoonful delivereth them. Of all waters artificial it is the best, in summer use fasting once a week the quantity of a spoonful and in the winter you may take two spoonful to prevent the diseales and sicknesses aforesaid.

A marvellous water to heal the leprosie and all spots of the face or elsewhere and to make one look young and to have a good colour.

Take the filing of gold, silver, iron, brasse, lead and the powder of Storax and put all together to steep a whole day in the urine of a maid male child: being warm, and as long in pure white wine, and the third day in the juice of Fennel, the fourth day in whites of Eggs, then take all the liquor with the filings and powder and still it with a slow fire, and

and keep the water in a glasse and it shall have all the vertues before specified. By a day is meant xxiiii. hours.

A comfortable water or medicine for these diseases as followeth, that is to say, it cureth the stone in the bladder and the reins of the back, It helpeth a stinking breath, it comforteth and helpeth the spirits and inward diseases that cometh of cold. It is good for the stomack and shaking palsie, and cureth the contraction of the sinewes and helpeth the conception of women that are barren, It killeth worms in the body, it helpeth the cold Cough, it comforteth the stomack much, it cureth the cold Dropisie; who so useth this Medicine every moneth and not too often it will make him seem young again.

Take a gallon of good and pure gascoin wine of the best you can get,

Ginger

Galingale

Cinnamon

Nutmegs

Grains

Cloves

Maces

Aniseeds

Carrawayseeds

Of every of them
a like quantity, that is
to say a dram weight
of each of them.

Then take Sage, Mintes roses, pellitory, rosemary, of every of them gather an handful and most of the roses, rosemary, wilde time, Camomill Lavender penyroyal,

Then break the spice small and bruise the Herbs and put all the wine, and let it stand twelve hours and stir it divers times together in the wine and still it by a Limbeck and keep the

the first water by it self, for it is the best, and keep the second by it self, but not so good as the first, and use this as you have need thereof.

A water called the mother of the bawme.

Take Turpentine six pounds, *olibanum* two ounce, *Alces citrine*, cubbs, *Mastick*, Cloves, *galingale*, Cinnamon, Nutmegs of everich one ounce. ginn of the fig-tree and of the juice, of each three ounces, then make the drugs in powder and put all into a Linbeck of glas, which you must joyn to the capitel with hot flower ashes and whites of eggs, so that no breath come out, and let it stie with a slow fire, and the first water will be white and clear, the second like hony and the third like bawm, which you shal receive into three receptories. These be of vertue as they be in order, they will burn in fire and a drop will turn a vessel of milk as Bawm it self will, two drops thereof powred into the ears will take away the great noise that some have in their head, likewise in the eyes will heal all warrie and red eyes and other diseases of the face, it cureth any impostume, green wounds and ulcers, scabs and all other superfluous humours and the tooth-ach, ye any fistula or canker in nine dayes, also the *no'ime tangerea*, the small pox if you wash the places therewith, it is good for all old hurts and for dry blowes of staves or stones, It healeth, strengtheneth, and all other things, rectifieth the sinewes, it is so hot and penetrative that it will run through your head without grief to you, It healeth all pains of the Leggs and joints, with all other diseases that come of cold and it is as precious as bawm it self.

To make the water of life.

Take Balm leaves and stalkes, Burnet leaves and flowers, a handfull, of Rosemary, tormentil Leaves and roots, rosa solis, a handfull, red roses a handfull, Carnations a handfull, Hyssop a handfull and asmuch of rime, red stringes that grow upon savorie one handfull, red Fennel Leaves and roots, red mintes a handfull, put all these Herbs in a great pot of earth glazed. And put thereto asmuch white wine as will cover the herbs, and let them soak therein eight or nine dayes; Then take an ounce of Cinnamon, asmuch ginger, asmuch of Nurmeggs, Cloves and satiron a little, a quantity of Anniseeds, of great raisins one pound, half a pound of dates, the hinder part of a good old Conny, a good fleshie running Capon, the red flesh with the sinewes of a legg of mutton, four young pigeons, a dozen of Larkes, the yelks of twelve Eggs, a loafe of white bread, cut in sops in Muskadel or bastard as much as sufficeth to distill all these things at once in a Limbeck, and put thereto Mithridate two or three ounces or else asmuch perfect Triacle and distill it with a moderate fire. And keep the first water by it self, and the second alone, and where there cometh no more water with strings, then take away the Limbeck and put into the more wine upon the same stuff, and still it again, and you shall have another good water and it shall remain good in the first ingredience of this water.

You must keep this water in a double glass warily, for it is restorative of principal Members, and defendeth against all pestilential diseases

diseases and against the palsie, dropsie, spleen yellow or black Jaundise, worms agues and sweatings and pestilential sorrowes, melancholy, and strengthneth and fortifieth the spirits and strings of the brain, the heart and Stomack and the Liver, taking a spoonful or two or three at a time, by it self or with Ale or wine and Sugar, it helpeth digestion and breaketh winde, stoppeth lask and bindeth not,

To make water of Rosemary.

Take Rosemary flowers and in the midst of May ere the sun arise in the morning, take the Rosemary and strip the Leaves from the stalks and take four or five great roots of Elecampane and an handful or two of Sage and beat the Rosemary the roots and Sage together in a stone mortar till they be very small, then take it up and take three ounces of Cubebs and half a pound of Anniseeds and beat the spices in a mortar of brasle every spice by it self, then take all the Herbs and all the spices and put them in four or six gallons of white wine, then put all these spices herbs and wine in an earthen pot and stop the pot close so that no air come thereto with a cover, made of earth, and set the same pot in the ground by the space of fifteen dayes, then take it and still it in a stillatory of tin otherwise called a Limbeck with a soft fire.

A notable water of great vertue.

Take Fennel, Eyebright, Endive, Betony Silermountain, Rosemary, rue, Maidenhair of each an handful and let all these steep in good white

white wine xxiiii. hours, and afterward distill all together and keep the first water as silver, the second as gold, and the third as bawm, This will heal all swelling and running of the ears and falling of the hairs off the head and browes, it healeth all diseases of the eyes, and killeth the worms in the teeth and maketh the breath sweet, It breaketh the impostume in the head, if it be put into the ears with burnbust, a cloth steeped therein and laid upon the stomack easeth the pains of the same, and likewise mollifieth the hardness of the spleen. Also it taketh away all spots of the face, if you mingle a little thereof with white wine, and put thereto a little Roch Allom.

An excellent water against the Colick the mother and all pains in the belly.

Take Cinnamon two drams, Cloves two drams, galls one dram, grains two drams, Nutmeggs one dram, beat all these to grosse powder and put them in a stillatory covered over with Muscadel or good Malmesey and let it stand so xxiiii. hours, then still it with a slow fire and you shall have a very sweet and wholesome water which you shall use thus. Take a cup of pleasant and strong wine and pour five or six drops of this water into it and let the patient drink it up, also four or five drops thereof poured into a great quantity of warm water will make it have a pleasant smell to wash hands or other things.

To make a special Aqua composita to drink for a cold or surfet in the stomack, well proved.

Take a handful of Rosemary and a good
root

root of *Elecampana* and an handful of *Hyslop*
 half an handful of time, half a handful of *Sage*
 six good crops of red Mints and as many of
penyrial, half a handful of *Horehound*, six crops
 of *Marjerom*, two ounces of *Liquerice* well
 bruised, as much *Anniseed*, and take three gal-
 lons of good strong Ale and take all the said
 Herbs wringing asunder, and put them into the
 Ale in a brasie pot well covered and close and
 let them stand till they begin to boil, then
 take them from the fire and set upon it you
 Limbeck and stop it just with paste that there
 cometh no air out and so keep it forth with
 soft fire as *Aqua vita* is made, put more there
 to, half an handful of red Fennel, half a
 handful of Hartstongue and half an ounce of
 Maces.

A marvellous Ba'm made by art most laudable.

Take fine turpentine one pound, of oil of bay
 four ounces, of *galbanum* four ounces, of *guai-*
arabick four ounces, of pure Frankincense,
 Myrrh, of gum Jvy and of *Lignum aloes*,
 each four ounces, of *Galirgale*, *zedoary*, of *Ginger*
 of the white *Dittany* of leaves of *Consolid-*
minor, of Nutmeggs, of Cinnamon of each one
 dram, of Musk and Ambergrease of each one
 dram. all these beat together, pour upon six
 pints of the best *Aqua vita* distill it secundum
artem.

The vertues are these, it breaketh and di-
 solve in the stone in the kidneys, causeth the
 patient to pisse, which otherwise is letted by
 a piece of flesh, it helpeth consumption, sci-
 tica, or ach in the head, fowl scurfe, wounds in
 the head, It helpeth the pluresie. Give one
 dram

am with water at a time helpeth any swelling in any part of the body, the coldness in the head, it helpeth hot sickness aswell as cold.

Take a Borage more, and boil him in half pinte of wine, and half a pint of rosewater, being drunk fasting in the morning. It comforts the heart and brain, it healeth the memorie and wit, it purgeth the evil blood, recovereth Phrensiness.

The making of Venice Balsam and the vertues thereof.

Take a handful of the flowers of Dogsbane, of *St. John Wort* the flowers, a handful, white wine somewhat more then a quarter of a pint, of gum Elemie one ounce, five penyworth of saffron, one penyworth of venice Turpentine, one ounce of Candied oil, or Sallet oil half a pinte.

If the flowers of the Herbs are not infused in the oil, then boil it in the white wine by themselves, and then boil the gum Elemie in the oil by it self, and then clarifie it and cast away the dreggs, and then boil it again all together, and last of all put in the saffron and Venice Turpentine when you are ready to take off boiling a little, and so clarifie it again, and when it is almost cold put it into a glass to use: The best way is to infuse the flowers of the Herbs with red roses or Damask in sallet oil for a year or less. The gum Elemie will boil in the oil a quarter of an hour, and after boiling it together it will be a quarter of an hour, the flowers are to be strained out, adden in wine or the oil.

The

The vertues of it are as followeth.

It will cure all diseases coming of cold, ei
pains or aches in the head, or the deafness in
the eare; the same Balsam being warmed and
anointing the place grieved and a warm cloath
applied therunto, And for the eares to dip
little black wool in the same Balsom and then
then therewith. This is good for the leg
and pain in making of urine, and the Col
lick, to take the same in a little Mutton
broath to the quantity of a great bean and
drink it every morning fasting and anoint the
place grieved. Moreover for all cold Agues
drink but half an ounce in broath before the
fit comes. Again for pain or swelling of the
Spleen or Milt, and for the mother, Anoint
the left side therewith well warmed and it
will dissolve all hardness, cast out all slime and
sand and open the stopping in the Kidneyes
and bladder, It cureth all aches in what part
of the body soever, rubbing the place grieved
with a Cloath first well warmed and then a
noint it with the same Balsam, being made
warm, and binde the place with a warm Cloath
afterward: It cureth all Lameness and shrink
ing of the sinews and all green wounds sud
denly, It hath more vertues then I have here
written.

*To make the most excellent water of Treacle or Mi
thridate, which is a most precious remedie a
gainst all outward and inward poysons or pe
stilence.*

Take of excellent venice Triacle or Mi
thridate one pound, which put into three
pounds

pounds of Ardent water rectified to be there digested in a furnace of Circulation, And in a circulating vessel, the fire all that while be very soft and slender, which done pour it into a Cucurbite and put on the Alembick, and distill the same so long in a *balneo Maria* as ye may see the Liquor issue out clear and bright, but when ye see the colour thereof become clear and yellowish then take away the receiver and keep that clear water by it self to be drank in such times of need as is aforesaid.

To draw out another Liquor from the scabs whence this Liquor was distilled, superaddum.

Take the Cucurbite with the scabs from whence this liquor was distilled and lute the said still over, then set it upon Ashes and make a hot fire and draw from it such liquor as will distill, And receive the said liquor into a bladder, which set under the nose of the Alembick and keep it and therewith anoint the skin or outward parts, and they shall be preserved from the Contagion, as aforesaid.

To make Cinnamon milk or liquor, after another sort most precious for a restorative.

Take the waters of Bugloss, Borrage, Balme, and of the lesser Centaury, of each a pound and an half, into the which put of Cinnamon well choyce of the best sort two pound well beaten to powder first, which then steep in the said waters together in one glass vessel 15. dayes: And after that distill it upon hot ashes first with a lent fire so long as any Liquor will issue clear and fair, which clear liquor keep a-

part

part, but when ye see certain drops issue like unto whey or milk, then change the receiver and reserve therewith all that milk liquor by it self, for it is most excellent, of which if ye give unto any aged or weak person or to a woman in childbed thereof a spoonful, or a spoonful and a half, it doth wonderfully strengthen them.

A ba'm for a wound.

Take good white wine one pinte, oil olive half a pinte, *St. Johns Wort*, *Hypericon* of every one half a handful, shred them small and boil in the oil and wine to the consumption of the wine, and then strain it and set it over the fire again, putting *Frankincense* and *Mirche* in fine powder, alwayes stirring in putting in the powder. And in the end put to it *Turpentine* and then strain it again into some glasse, alwayes remembring for every pound of oil one ounce of *Turpentine*. This cureth wounds without tenting at all.

A medicine for all manner of ulcers and sores, very pleasant, called Lycion.

The making of virkin lycion is the juice of *Capri feli*. *Lycion* cureth the canker in the *Matrice* and in the skin and bones. *Lycion* is a principal medicine boiled with hony unto the thickness of hony, It may be made thus. Take the juice and set it in the sun for to dry that it may be powder, and this powder of *Lycion* serveth dark eyes, for it is called *Lutium oculi*. It profiteth also *Chirurgery* & that is thus,
Take

Take the juice of *Caprifolij* by it self and put thereto as much clarified hony and seerhe it unto the wasting of the hony, let it be kept unto the time of your use, and this availeth unto all fraudulent ulcers of the Leggs, in such time of the year, if the herb be so dried that the juice will not be pressed out, then may the Leaves be infused in good white wine, or red, and then may the juice be pressed out, for to know that *Caprifolij* ought not to be washed with water, but with this white wine and especially when there ought to be made *Licium* for the cure of the eyes. Also Leaves of *Caprifoli* bruised by themselves with all his substance without meddling of any other thing, put it upon an ulcer of a Legg desperate and stinking and putting out foul blood, it cureth them marvellously, and this was proved in the Legg of a great man, having a pustule, in curing of which all Medicines failed and with this onely was cured.

For to make Mermale.

Take Camomile, Betony, Sage, hey how, soft-herbweed, Mugwort, wormwood, water cresses, Mallower, Holihoek, Herbound, red nettle, Laurel leaves of each a good handful and half, and wash them and pick them clean and stamp them small, and put thereto May butter and temper them well together, then put thereto a pint of oil oliffe and meddle them well together, and then put them in an earthen pot, and cover it well and set it in a moist place the space of seven dayes then put it in a clean pan and set it over the fire and let it fry well and

K

flir

stir it well with a slice that it cleave not to the bottom and then strain it and set it over the fire again and put thereto two ounce of virgin wax and four of weathers tallow melted, and boile them a little, then put thereto four ounces of fine Frankincense fine powdred and stir it well together till it be well medled and take it down, and strain it and let it cool, then karn and let the water and turn and cleanse it on the other side, and warm it, and a little skumme it with a feather and do it in boxes, this ointment is precious for joints or for linewes and for many other diseases

Diaplosmus.

Diaplosmus is thus made.

Take juice of smallage and wormwood, Mollein, Walwort, Speldearge, crowfoot, Melilote, dowfoot, Weybred, Mugwort, Avence, Daiesies, Woodbind, Burris, hony suckles, of every of the juice of these Herbs take two ounces save onely of woodbinde, thereof take three ounces, clarified hony, two pound and four ounces then mix your hony & your juice together and set it on an easie fire and boile and stir them so long, till it be wel nigh as thick as hony, that is melting, then take it from the fire and put it in an earthen pot and keep it to your use, for now it is called Capsmel hony of Molloin. But when ye will use of this most precious Medicine in Surgery, Take of this Capsmel four ounces, and of wheat meal three ounces, put these together and set them upon an easie fire, and all to stir it that it cleave not to the pans bottom, And when it is through

through hot, take it off, then take oil of clare or of roses & virgin wax of each three ounces, and mix them together, and then put all together and mix them well together, and when it begins to cool then put to it 2. ounces of Turpentine and stir it very well together and then it is called *Diaflosmus Idem est quod Flosmus anc. Mosleyn*. Take of this byster and spread on stupes of clean Linnen cloth without flyms or on carpe, and lay it to a fistula in the Fundament, or to a Canker, marmole, fester, plague, wolfe or *noli me tangere* and it healeth not on'y this, but every most horrible sore as bruises, rucomes, swellings and all others.

A balm of great vertue.

Take of Turpentine four ounces, of frankincense half an ounce, of *Lignum aloes* two drams, of Mastick, of Cloves, *Galingale*, of Cinnamon *Zedoaria*, of Nutmeggs and of Cubebs of each two drams, of gum *Elemie* one ounce and a half This Bawm marvellously worketh, In that it putteth away both wayes in applying of it both within and without the body, and many other incurable diseases as the Canker and the fistula, &c.

A very precious Aqua vita.

Take Cinnamon half an ounce, *Lignum aloes* five dram, Cubebs, Cloves, three drams and a half, *galingale* three drams, yellow Saunders, three drams and a half, red rose leaves dried four drams and a half, Nutmeg and Mace a dram, Musk half a dram, Amber greese ten grains, Syrup of the bark of Citrons, one
K 2 pound

pound, Syrup of Quinces half an pound, *Aqua vite* three pottles, powder those things which are to be powdred and put all together into an earthen pot well leaded, And let them stand and infuse the space of a Moneth, stirring them twice or thrice a day, then strain them and keep it close in a glasse well stopped. This water restoreth Memory lost, strengtheneth the senses and comforteth the stomach.

The Sublimated vine of Master Callus, Physician to the Emperour Charls the fifth is most admirable, for the use thereof caused him to live 129 years without any disease, and is made thus.

Take Cubebs, Cinnamon, Cloves, mace, and Ginger, Nutmeggs and *Galingula* one three ounces, of *Rhaberbe* half an ounce, *Angelica* two drams, Mastick four ounces, Sage *lib. 1.* two ounces, first steep them in *lib. two*, ounces six of *Aqua vite* which was six times distilled, then distill them all together, This wine comforteth the brain and memory, expelleth melancholy and breaketh the stone, provoketh appetite and reviveth weak spirits, and causeth a man to wax young and lustie, It may be taken twice a week and not above one spoonful at a time.

A special Julep made of white wine and sugar and rosewater, which comforteth and refresheth the body, much causing the spirits to wax lively.

Put two pounds of Sugar in three pounds of white wine and one pound of red rose water, boil it till come almost to a Syrup, this Julep is so acceptable to nature that it supplyeth the use of meat and drink, To

To make Triacle water.

Take three pints of *Carduus* water and put into it an ounce of hartshorn and boil it till it come to a quart, then take gentian roots, roots Elicampane roots, *Cyperus* roots, Rinde of Pomegranates, of each a ounce beat them into grosse powder, of the herbs of *Carduus* and *Angelica* one ounce, of the flowers of rosemary, Marigold, Burrage & Bugloss of each of them half an ounce also one pound of Venice Triacle dissolved into six pints of white wine and three pints of red rose water, infuse all these things xxiii. hours together, this still in a glasse still, or another still that stills with water.

The vertue of this Triacle water.

Take a spoonful or two at a time upon finding the stomack ill, or upon fears, or to drive away any thing from the heart, to restore the spirits and speech and fawning and fainting, ten grains in a spoonful of posset drink made of Ale going to bed is good against fears.

For a Surfer.

Take the grounds of strong Ale two gallons, of the Lees of Sack two quarts, a quarter of a pound of Anniseeds, bruise them and put them together and distill the water, then put into the water an ounce of Cinnamon, a dozen bruised Cloves, one Race of sliced Ginger, a quarter of a pound of prunes dried fair but not washed, 2. quarts of thunder baggs or corn rose leaves with the bottoms cut off. Then sun it a
K 3 Moneth

Moneth and if the water be not of a deep Crimſon then renew the Leaves and ſun them a while longer, take of theſe a ſpoonful at a time, an hour after a ſecond, and an hour after a third.

To make a drink for all manner of Fevers and Im-poſtumes and for ſickneſs in mans body.

Take Hyſſop, Roſemary, Violet Leaves, Ver-vine, Herb John, Mouſeare Plantain, Avence Sage and ſetherfew of each an handful and waſh them clean and put them into a Mortar and bruſe them a little and put them into an earthen pot that was never occupied. And put therein a gallon of good white wine and ſo let it ſtand all night covered and in the morning boil it till it come to a pottle, and let it run through a hair ſieve, & put it into a clean veſſel covered, and let the ſick uſe theſe firſt and laſt nine dayes at evening warm, and at morning cold, every day and night half a pint, and he ſhall be whole by the grace of God.

A note of a diet preſcribed by three dutch Docters ſo a man paſt cure ſo judged.

Take *Hermolaſtills* two ounces, *Sarſaparilla* four, of *ſaffafras* 2 ounces, *ſene Alexandria* ſour ounces, *Liquerice* one ounce, *Anniſeeds* one ounce, long pepper, half an ounce of the leaves of *Scabious*: one great handful of *Egrimony*, half a ſtruch of *Betonie*, half a handful of wa-ter *Creſſes* and brook lime, one great handful of ſcurvy graſſe of the Sea two great handfuls, of good *Nutmegs* one ounce, Let all the wood be ſliced and cut ſmall and the herbs ſhred and all put into a bagg and hanged in a barrel with

with six gallons of new Ale to work with it and when it hath wrought stop it up, and let it stand and settle, eight dayes, then drink continually of it and no other drink so long as it lasteth, your bread must be Bakers bread with Coriander and Anniseeds, your breakfast of the bread and blaunched Almonds and raisins of the sun, and your diet drink, your dinner dry roasted Veal, Hen, Chicken, Mutton or rabbit, your supper as your breakfast, or some small repast of dry roasted mutton or Rabbit, continue this six weeks and beware of cold, and if you keep your chamber have merry Company, this Diet will cure any desperate disease in the body that is to be cured and many times indeed those which be past cure. *Probat.*

A Medicine for the sweat.

Take three pints of Ale, one ounce of Sugar, six Sage leaves, boil all these together and scum them clean. And put therein a crust of white bread or a few crumbs and seethe then a penyworth of powder of Maces and keep it warm in an earthen pot, or in a pewter pot and drink nine or ten spoonfuls at your pleasure the twenty four hours, and sometime drink Ale blood warm with a penyweight of powder imperial at a time. Use *Manus Christi* at your pleasure if you feel your self sick or faint at your heart. Then take a great weight of the queens preservatives with a spoonful of the scdden Ale aforesaid, or else Ale blood warm or else on a knives point once in twenty four hours. Also eat no manner of spices but Mace onely and drink

no manner of wine in the said twenty four hours, take no manner of cold nor take not too many of clothes but competent.

To make the Queens preservative.

Take half an ounce of Triacle, powder imperial two peny worth, of powder Sedwall a peny worth, mingle all these together and put it into a box and use it as aforesaid when need requireth, and old people may eat the quantity of a Nut to preserve them fasting in the morning.

For them that are poisoned a remedy.

Take the powder of Ectony put in wine, a spoonful of powder to a draught of wine, a little boild by the fire being drunk doth help them presently that have drunk poison before, and who so drink it in a morning fasting no poison can hurt him.

A Medicine diminishing all kinde of sickness if it be not unto death and prepareth the body for recovery of health.

Take of the best Triacle adding thereto a few drops of *oleum Vitrioli* and let it stand till thou use it, then any lying sick not unto death, give the weight of a French crown of the same Medicine and if he be not over weak give a little more; Let him drink it hot with wine in the morning fasting four hours before he eat, washing out of the cup also with wine, which being also taken and well covered in his bed and wrapped about his head and all covered onely his mouth: there let him sweat four hours as much as its possible and not sleep in any wise these four hours, Then change the
 sheetes

sheetes and let them be very dry and warm, then let him lie, and not sweat before he rise or eat the space of three hours, then let him eat some good thing, and drink good old wine after his meat. Then afterward the Physician may use either Medicine both purgative or corroborative as the necessity and occasion requireth. This Medicine diminisheth the cause of all sickness and prepareth the body in the way of health speedily and never fails the Physician. See that he sweat plentifully without sudden cold and use good diet afterward.

An oil of the Philosophers drawn out of Turpentine.

Take of clear Turpentine eighteen ounces, of sweet yellow wax twelve ounces, of the ashes of the vine tree six ounces, these put all together into a Retort artly luted and fenced, which after the setting into the ashes distill according to art, maintaining a stronger and stronger heat unto the end of the work which you shall perceive by the neck of the Retort within wax curded, which is a marvellous signe the distillation is performed. It healeth wounds in four times, dropping in the person that cannot pisse two drams helpeth presently, It helpeth the stitch in the side and many other griefes, &c.

For to make the white plaster.

Take two pound and four ounces of oil Oliffe of the best, of good red lead one pound, of white lead one pound very well beaten into dust. then take 12. ounces of Spanish sope and incorporate these all together into an earthen pot well closed, and when they are well incorporated

corporated that the sope cometh upwards, put it upon a small fire of coles continuing the fire for the space of an hour and an half still stirring it with an iron or the end of a stick; Then make the fire a little bigger until the redness be turned into a grey colour, but you must not leave stirring it until the water be turned into oil somewhat darker, then drop it on a wooden trencher, if it cleave not unto the finger or trencher, then make it up in rols, it will last twenty years, the older the better.

The vertue of this p'aster.

The same being laid to the mouth of the stomack, helpeth digestion, taketh away the offence and grief that riseth in the stomack, It helpeth the Colick in the belly being applyed thereto, Its good for the flux if it be applyed to the reins of the back, It easeth the heat of the kidneys and weakness of the back, It helpeth all swellings and bruises and taketh away aches, it doth break fellons pushes, and other pushes and impostumes and healeth them, draweth out any running humour without breaking the skin, and applyed to the fundament helpeth any diseases there growing, its good for the falling of the willow or palate being laid to the crown of the head. It also easeth the head-ach being applyed to the temples or forehead, Its good against the rheum that falleth into the eyes, being applyed to the belly of a woman, it helpeth conception.

A plaster proved on Sir William Farrington Knight of a grievous Marmole, that was on his Legg and could not be remedied it was so horrible of stink till a French man healed it with this following.

Take

Take one pound of Litarge of gold, make powder of it as you can searle it, then take one quarter of oil of Roses and a pint of white wine and half a pint of urine well clarified and half a pint of vineger and temper all these together on the fire, but put in the urine last, then make a plaster of it and lay to the Marmole, and it will heal Marmole, Canker, fester, wound & all other sores, and if you put thereto one ounce of Virgin wax, Libanum and one ounce of Mirrhe, it will be the more fine and the more precious, *Probatum.*

A plaster called plaster Emanuel, chief for impostumes and other maladies, it hath more vertues then man can tell, I healeth wounds anon.

Take Litarge one pound, and one dram of gum Armoniak, a dram of Galbanum, Mirrhe two drams, Verdigreece one dram, Frankincense one dram, Bdellion one dram, Mastick half a dram, Opoponax half a dram, Aristologie three ounces, of old oil olive one pound and an half. Take the gums and beat them small and fry them in a skillet on the fire and cleanse them, And then do thereto thy Litarge, and thy verdigreece and do in these things by and by one after another, alwayes stir it well, and last put in the Aristologie and so boil it unto a plaster, this plaster may soon heal Marmole on the legs and all manner of diseases and impostumes, this plaster cometh of God and not of man.

An approved Medicine against the plague, against Carbuncles, hot impostumes and such like, it will break them & expell the poison & causeth health,

Take Ivy Berries dried in the shadow and after dried and made into powder
and

powder and drink them with plantain water, It hath helpt the plague in two dayes. *Probat.*

The partie must sweat in bed and must change the linnen being aired every four and twenty hours, It hath holpen the plague in one day and a night.

An approved Syrup by the Lady Harrington.

Take a pint of vinegar, and more then a pint of running water one pound of Sugar and let it see the rill the Sugar be melted, Then take a good quantity of *Succory* and put it to the vinegar and water, and let it see the from a pint to half a pint.

For Venom or poison.

Triacle in all causes especially *Andromachus* Triacle with the Snakes flesh in it, And the root of *Affodil*, having in it vertue to quicken and strengthen, doth cherish the heart by defending it from poison and keeping it in strength.

A Medicine for the plague or for any Ague.

Take the best *Mithridate* half an ounce or one ounce, London triacle one ounce, Jeane triacle one ounce, powder of *Saffron* one scruple, *Florum sulphuris* Or white brimstone in fine powder half an ounce, Mix all these well together with the distilled water of Wormwood to the form of an Electuary and give the patient to drink five Spoonfuls of the Wormwood water with the Quantity of three Nuts of the aforesaid Electuary bloodwarm in bed and it certainly cureth the Ague or plague by sweat and driveth out the botch and saveth his life which is infected, *Probat.*

To ripen and break the botch.

Take the black roots of Crowfoot, pound them and lay on a Cloath to the risen, If the place be white it is deadly, but this plaister will presently &c.

Against all pestilent sicknesses or plague and to break the botch and to cure, &c.

Take the juice of scabious in Ale and give it to the patient warm with a little Triacle, and take the root of Scabious stamped with swines grease and spread it on a cloath cold as thick as you can, and lay it to the plague sore or any other impostume, It must not be changed in twenty four hours. Scabious which is also called Divels bit is best for the plague sore.

To help assuredly divers diseases that to say to preserve the body from all diseases being drank first and to kill Impostumes, to make good colour, to resist the plague and to help it. to heal the Prissick, it breaketh the stone in the reins, it helpeth the spleen, it purgeth the belly, It maketh good colour and expelleth all corrupt blood, It healeth wounds in the belly, it cleareth the sight.

Take one pint of *Gentian* and two parts of *Centaury*, stamp them together and put white wine to them, Let them soke five dayes then distill them, keep the water distilled in a close vessel, use it first and last, It is comparable to gold.

A Medicine for the Plague.

Take a fair onion, make a hole in it and
take

take out the Inner core, then take Dragon water, triacle and pepper and bruise them a little and put them into the onion, and rost the onion in the Embers and after bruise the onion and strain it with Malmesey and give it to the patient to drink. And if it be taken before the heart is infected, its a present Remedy. *Probat.*

For the canker in the body.

Take the roots of Dragon and cut them in small pieces and dry them into powder, and see the it in white wine very well and let the sick drink thereof three dayes together fasting and he shall be whole.

For the Canker.

Take an handful of woodbind and an handful of Sage, stamp and strain them and see the them to the third part with hony and Allome till it be thick and wash the Canker therewith,

To cure a Canker in the mouth.

Take Rock allome and burn it and make it into fine powder, and scrape some Bole-armo-niack into it, and when you use it put drops of wine vinegar unto it and anoint the place.

For the canker in the mouth the best way.

Take two pennyworth of pure coral, as much as a wall-nut of rock allome and half as much of white Copperas and a pint of strong white wine vinegar. woodbind leaves, and sage leaves of each ten & one spoonfull of bay-salt & half a spoonfull of English hony, and a branch of Rosemary, boil all together till half be wasted, then strain and keep it in a glasse, this water will

will remedy it in twice dressing When you wash your mouth put a little in a sawcer and wash the Canker therewith but let none go down.

A water to cure a Fistula.

Take Bolearmoniacke, Roman Vitriol, allome, of each two ounces, boil these in eight pound of water till half be consumed, with this you may wash any Fistula.

A diet drink for a Fistula.

Take Egrimony, self heal, fanicle, Ladies Minle, Maddar, Hempe, Mugwort, Fetherfew, wilde ransie brier tops one handul, *Lignum, ginseng lib. 1.* Cortice ejusdem two ounces, Infuse al in twelve pound of water twelve hours, then boil them to the third part, *post concectionem ad Mellis optimi lib. 1.* or cola.

A Medicine most excellent for the spitting of blood.

Take a raw Eggshell and cast away the inner skin thereof, then dry it in such order as may be finely powdred, of which powder take two drams with three ounces of plantain water well mixed together. Or if you will have this remedy more effectual then give it five days together in the morning two drams of the same powder dissolved in this Syrup following, Take Syrupi de rosis siccis Syrup de portulaca Syrup de Myrtis one ounce, *Misce.* In like manner its a fore Remedy aswell in the cure as in the preservation for the patient to chew in his mouth every morning fasting one scruple of Rubarbe torrified.

For any sore which is poisoned with a contrary and unproper salve.

Make a posset of white wine and lay the curde thereof to the sore and it will take away the malice away, so that another salve may work; Also take new milk from the Cow and wash the sore therewith and it will do the like.

For any that is wounded to keep it from ranckling.

Take the juice of parslly and drink it, and it shall not ranckle.

To heal an Impostume in the body.

Dioscorides saith that Mintes stamped and drunk with Ale destroyeth all Impostumes in the body.

An ale salve to cure most sores.

Take a quart of the first running of Alewort, boil it to a pint then put into it two ounces of fresh unsalted butter and so boil them to the thicknes of hony, And if it chance the sore to have dead flesh, put in the salve an half penyworth of Allome *Probat.*

To remove pain and exceeding dolour in an Impostume or wound.

Apply the whites of Eggs or the whites and yelks together, being well wrought together with oil of roses, or else take the crums of wheat bread steeped in hot water and pressed out one pound, yelks of Eggs in number two.

For Hemerods that come forth.

Take Wormwood and drink it fasting and make a plaster thereof and mingle with burnt garlick to powder and the sick shall be whole by Gods grace.

F I N I S.

